PROGRAM INFORMATION

Our program is designed to promote growth towards greater independence and assists persons with disabilities to live and work in their own community. Coastline's Intellectual Disabilities (ID) Program offers classes designed especially for students with mild to moderate ID through a variety of course offerings.

Classes are non-credit and offered at no-cost. Enrollment in classes is contingent upon the student's measurable progress towards achieving the student learning outcomes of the course.

Student Quotes

"I like taking classes in the ID program because I get the opportunity to meet new people, learn new skills, and better my education."

"I like the teachers and aides in the class because they are very nice and I enjoy working with them. I also enjoy the classes I am taking because I am learning new things in order for me to become more independent, not only in a job but in my everyday life."

"They're fun. Every class I've been in, I've learned something new."

CONTACT US: PHONE: (714) 241-6214 EMAIL: SPECIALPROGRAMS@COASTLINE.EDU

Course Descriptions

Adult Fitness: A fitness class designed for students with developmental delays. This course is designed to utilize calisthenics, jogging, exercise, race walking, and weight training to increase muscular strength and endurance, to improve posture and mobility, and to increase breath control. Exercises are tailored to the abilities of the students. Students enrolled in the course receive an individualized educational contract where course objectives are evaluated according to whether or not the objectives/student outcomes are targeted, satisfied, not satisfied, deferred, or not applicable.

Applied Academics: Designed to assist students in acquiring basic academic skills or improving their present skills. Emphasis of the course will be on mathematics, reading, and writing skills and the functional application of those skills in everyday life situations. Students will identify their personal academic goals, and Student Educational Contracts will be developed for students based on their goals and ability level.

Beginning Instrumental: Introduction to instrumental music for students with intellectual disabilities. Course concentrates on the utilization of a variety of melodic and percussive instruments, with an emphasis on using improvisation techniques to facilitate individual development.

Consumer Skills: Designed to provide the student with intellectual disabilities skills necessary to function independently as a consumer; course emphasizes consumer skills related to shopping, budgeting, and banking.

Critical Thinking: Designed to assist students in acquiring or improving critical thinking skills necessary to function independently in a variety of activities, situations, and environments. Emphasis on problem-solving and decision-making through understanding and evaluating situations, utilizing knowledge of cause-and-effect relationships, exploring options, and planning and implementing strategies.

Customs, Cultures & Holidays: Designed to provide the student with intellectual disabilities an understanding of the customs and cultures of various nationalities, ethnic, and religious groups; course will utilize holidays as a focal point for exploring customs, art, music, food, and special traditions.

Health Concepts: This course is designed for students with intellectual disabilities who are interested in building their health knowledge of health concepts and skills. Topics include emotions, self-care, body health, personal safety, human sexuality, reproduction, and overall health.

Home Econ – Food Prep: Designed to assist students to achieve greater independence within the home. This course emphasizes practical skills related to healthy and nutritious food preparation, including menu planning, using kitchen hygiene and safety, cooking, serving, and storing food properly.

Mathematical Concepts: Designed to assist students with intellectual disabilities in acquiring and applying the following number, money, time, and measurement concepts. Students and teacher will identify the student's personal academic goals, and Student Educational Plans will be developed for students based on their goals and ability level.

Oral Communication II: Designed to assist students with intellectual disabilities in acquiring and improving receptive and expressive language skills. Students will develop communication skills and will learn to express their needs and thoughts. Emphasis of the course will be on the functional application of communication skills in everyday life situations.

Orientation to Art: Introduction to a variety of creative art forms such as decoupage, needlework, painting, drawing, weaving, woodworking, and ceramics for adults with intellectual disabilities. Emphasis on use of tools and materials necessary to render finished artwork. Skills will be assessed to determine placement in more advanced art classes. Students enrolled in the course receive an individualized student educational contract where course objectives are evaluated according to whether or not the objectives/student outcomes are targeted, satisfied, not satisfied, deferred, or not applicable.

Personal/Social (Personal and Social Development): Course designed to assist students in acquiring skills necessary to establish and maintain productive interpersonal relationships. Includes social interaction as well as basic etiquette and manners related to home, community, and vocational settings. Students enrolled in the course receive an individualized educational contract where course objectives and student learning outcomes are evaluated according to whether or not they are targeted, satisfied, not satisfied, deferred, or not applicable.

Reading and Writing Development: Designed to assist students with intellectual disabilities in acquiring basic reading and writing skills or improving their present skills. Emphasis of the course will be on reading, comprehension, communication, and the functional application of those skills in everyday situations.

Rhythmic Movement: An aerobics class for students with intellectual disabilities. Focus is on utilizing movement combined with a variety of musical rhythms to facilitate and strengthen the development of coordination, mobility, spatial orientation, body awareness, flexibility and socialization skills. Students enrolled in the course receive an individualized educational contract where course objectives are evaluated according to whether or not the objective/student outcomes are targeted, satisfied, not satisfied, deferred, or not applicable.

Vocal Music: Designed for students with intellectual disabilities in acquiring skills to participate in individual and/or small to large choral singing utilizing unison, two- and/or three-part music, as well as emphasizing voice production, tone, dictation, breath control, and posture.