



Regional Center of Orange County Services for Adults

This list is an overview of some of the services and supports that are commonly used by adults served by Regional Center of Orange County (RCOC). Please remember that services are individually determined, based upon need. Services must be written into the Individual Program Plan (IPP) that is developed for each person and the delivery of services can depend upon the availability of suitable service providers. Sometimes, other resources may need to be explored (such as private insurance, Medi-Cal, SSI, etc.) before RCOC may fund for services.

Services Provided by RCOC Staff Members

- **Service Coordination** - Each person served by RCOC will be assigned a dedicated Service Coordinator (SC) who is the point of contact to access services. Meetings will be held at least once a year to discuss services and supports necessary to meet the needs of the individual, although more frequent meetings may be held. Meetings will result in the development of the Individual Program Plan (IPP) that outlines the agreed upon services and supports. RCOC employs SCs who are fluent in different languages to support the verbal and written needs of those we serve
- **Futures Planning** - RCOC staff may provide support to the family of an older adult to formulate plans for future care and support.
- **Family Support** - RCOC provides a network of information and support through the Comfort Connection Family Resource Center and support groups. RCOC routinely emails families about upcoming educational opportunities, as well as recreational and community social events. You may wish to contact Comfort Connection FRC at (714) 558-5400.
- **Intake and Assessment** - RCOC completes an intake assessment which includes a face-to-face intake meeting, a collection of historical diagnostic information (such as medical records, school records, prior psychological testing as well as provision of diagnostic evaluations, if indicated). The case is reviewed within 120 days for a determination of eligibility by our team of specialists.
- **Specialized Expertise** - RCOC staff include members with expertise in Psychology, Behavior Intervention, Neurology, Genetics, Nursing, Dental Hygiene, Pharmacy, Mental Health, Financial and Health Benefits, the Criminal Justice System, Adult Day Services and Living Options who provide support and guidance to Service Coordinators when needed.

Services that RCOC Purchases from Contracted Agencies

(listed alphabetically)

- **Adult Day and Employment Services**
 - **Adult Day Services** – Designed to provide the maximum inclusion possible in the community and individualized options for training in self-care skills, self-advocacy skills, vocational training, and community integration. Vocational training may include paid and volunteer work, as well as paid internships. The level of support to be provided will be based on the needs of the individual.
 - **Employment Services** - For adults who wish to become employed, there are different service options available depending on the level of support the person needs to maintain a

typical job in the workforce and receive pay that is comparable to their co-workers. Some service options may also include collaborating with the Department of Rehabilitation or other community partners.

- **Behavior Services** - Behavior services teach parents/caregivers how to manage and decrease challenging behaviors, develop new skills and address socialization in the community.
- **Crisis Support Services** - RCOC's crisis response plan includes a 24/7 phone line as well as an agency that could provide short-term support during serious emotional or behavioral crises.
- **Interpreter and Translator Services** - Outside interpretation/translation services are utilized when necessary.
- **Living Options**
 - **Independent Living Skills Training** - For adults living at home whose goals are to learn skills to potentially live independently in the future.
 - **Independent Living Services** - For adults who live on their own but need minimal support in their daily lives (e.g., financial management, community access, etc.).
 - **Supported Living Services** - For adults who live on their own but need moderate support in their daily lives.
 - **Licensed Homes** - If someone is not able to live with his/her family or on their own, licensed homes provide individualized care, health and behavioral supports, and the comforts of a typical home in the community.
- **Nursing, Dental, and Medical Services** - Assistance may be provided if no other resources are available. A nursing assessment or in-home nursing care may be provided to support the person or family in meeting special health care needs.
- **Personal Assistance** - In some cases, personal assistance may be provided for supervision of an adult with complex physical or behavioral needs while their parent(s) are working.
- **Post-Secondary Education Support** - For adult students who require 1:1 support for activities of daily living while on campus.
- **Respite** - An occasional break from caring for your adult child is provided to parents or other primary caregivers in your home. Out-of-home respite care may be provided in a licensed home setting, if available.
- **Social/Recreation** - Activities may be funded based on identified need of the adult person served.
- **Transportation** - Transportation to college, a job or a day program can be funded through public transportation, vendor or a family member.

Referrals to community agencies, events, and other generic resources are also available through your SC, RCOC's website www.rcocdd.com, the Comfort Connection Family Resource Center (714-558-5400), or the Community Resource listing at www.rcocdd.com/communityresources.

Self-Determination Program is a newer approach to obtaining services. Please discuss with your Service Coordinator.

Additional service descriptions are provided in Title 17 of the California Code of Regulations. Please click on the following link to be re-directed to the appropriate Title 17 regulation, Section 54342, [https://govt.westlaw.com/calregs/Document/ID2104E235A2011EC8227000D3A7C4BC3?viewType=FullText&originationContext=documenttoc&transitionType=CategoryPageItem&contextData=\(sc.Default\)](https://govt.westlaw.com/calregs/Document/ID2104E235A2011EC8227000D3A7C4BC3?viewType=FullText&originationContext=documenttoc&transitionType=CategoryPageItem&contextData=(sc.Default)).