



OCASG Friends and Fun for Adults

OCASG is pleased to offer our Friends and Fun Series is for adults with Asperger's or high-functioning autism. This program includes the following:

- **Social Skills Discussions:** A monthly discussion to learn techniques for improving your social life, led by Dr. Ali Arena.
- **Social Activities:** A monthly social activity led by Erin Alonso, OCASG Social Coordinator. These activities will give you an opportunity to have fun as well as put into practice what you learned during the discussions.
- **Buddies Program:** Want to make a friend? You will be matched with a compatible buddy. Monthly activities are designed to help build friendships and prizes will be awarded based on participation.

Social Skills Discussion Dates: 4/10, 5/15, 6/12

Time: 7:00 PM to 8:30 PM

Social Activities: To Be Determined.

Fees: \$80 per quarter for dues-paying OCASG members and \$100 for non-members. Includes some costs associated with the activity. There is not cost for qualifying Irvine Residents (proof of residency required).

Locations: ONLINE and In-Person

Registration: [Click Here](#) Irvine Residents: [Click Here](#)

About Dr. Ali Arena

Dr. Ali Arena has dedicated her education and career to finding the best communication patterns and behavior changes required to navigate the ever-changing social world. She is both a Speech-Language Pathologist and Board-Certified Behavior Analyst.



She maintains the following certifications Autism, Trauma-Informed Care, Level 1A Social Thinking Practitioner, UCLA PEERs, and Neurodiverse Couples Counseling. Lastly, her doctorate addressed the dating intricacies of those on the Autism Spectrum which led Ali to develop unique 1:1 couples counseling for neurodiverse partnerships and social skills classes for individuals with social learning differences (including Asperger's syndrome, high functioning autism, ADD/ADHD, and those without a formal diagnosis but who struggle in the social world).

Questions? Contact OCASG: ocasupport@gmail.com

<http://www.ocaspergers.org/>

The Orange County Asperger's Support Group, P.O. Box 17785, Irvine, CA 92623-7785
The Orange County Asperger's Support Group serves individuals dealing with Asperger's Syndrome, High-Functioning Autism, and PDD-NOS.