

April 2024 OCASG Activities

Thursday, April 4th from 7:15 PM to 8:15 PM: Monthly volunteer meeting. Please join us as we discuss exciting upcoming events and volunteer opportunities. Moving forward, we are combining our volunteer committee meetings into one meeting per month (usually) on the first Thursday of the month unless that Thursday falls at the very beginning of the month. We will discuss our upcoming events and how you can help. We will be asking for ideas and help in specific areas, so please bring your ideas and calendars.

Wednesday, April 10th from 7:00 PM to 8:30 PM: Friends and Fun for Adults- Social Discussion. OCASG Friends and Fun program is a comprehensive social program for Adults. Please join us for a social discussion with Dr. Ali Arena. This activity is exclusively for members of the OCASG Friends and Fun Program. Participants will be sent invitations. This event is by invitation only and is exclusively for participants in the OCASG Friends and Fun Program. For more information on this program <u>Click Here</u>.

Saturday, April 13th from 9:30 AM to 11:00 AM: OCASG Toastmasters Gavel Club. Improve your public speaking, have fun, and meet new people at our virtual Toastmasters Gavel Club Meeting. Guests are welcome.

To RSVP: <u>Click Here</u> Watch <u>Gavel Club Video</u> Read <u>Local Article</u>
<u>Toastmaster Magazine Article</u>

Saturday, April 13th from 2:30 - 5:00 PM: OCASG Adult Friends and Fun – Irvine Spectrum Scavenger Hunt. Join us for an exclusive Adult Friends and Fun Scavenger Hunt at the Irvine Spectrum! Pair up with your buddies and set off on an adventure exploring the Irvine Spectrum. The winning team will earn a prize. Following the scavenger hunt, we'll come together for a snack. Don't miss out on this opportunity for fun, friendship, and prizes! This event is by invitation only and is exclusively for participants in the OCASG Friends and Fun Program. For more information on this program <u>Click Here</u>.

Sunday, April 14th from 12:00 PM to 5:00 PM: OCASG Dungeons & Dragons. The OCASG Dungeon and Dragons Group journey is continuing. We will let you know when we are ready to start a new adventure. But for now, this event is by invitation only for those individuals already participating in the group. Cost is \$15 per person. Participants will be sent invitations.

Monday, April 15th from 7:00 PM to 9:00 PM: OCASG Online: - Neurodiversity@Work 2024 For the fifth year in a row, OCASG invites leaders in the Neurodiversity@Work movement. OCASG will be providing an update on the exciting programs and activities designed to increase employment and job satisfaction for those on the Spectrum. Join Jessica Lee, founder of NeuroTalent Works, Rebecca Beam, founder and CEO of Zavikon, Hilarly Kokenda, co-founder and COO of Zavikon, and Judi Uttal, president of The Orange County Asperger's Support Group (OCASG) as they share their personal journeys and provide insight on how you can make a difference. Click Here to <u>RSVP</u> **Discussion.** OCASG Friends and Fun program is a comprehensive social program for teens. Please join us for a social discussion with Dr. Ali Arena. This activity is exclusively for members of the OCASG Friends and Fun Program. This event is by invitation only and is exclusively for participants in the OCASG Friends and Fun Program. For more information on this program <u>Click Here</u>.

Saturday, April 20th from 10:00 AM to 11:30 AM: OCASG Author Series: Now I See the Moon: A Mother, a Son, and the Miracle of Autism with Elaine Hall Join us for the second meeting of the OCASG Author Series with writer and acting coach, Elaine Hall. Elaine will discuss her book, Now I See the Moon: A Mother, a Son, and the Miracle of Autism.

Click Here to **<u>RSVP</u>**

Saturday, April 20th from 2:30 PM to 5:00 PM: Teen Friends and Fun – Irvine Spectrum Scavenger Hunt. Join us for an exclusive Teen Friends and Fun Scavenger Hunt at the Irvine Spectrum! Pair up with your buddies and set off on an adventure exploring the Irvine Spectrum. The winning team will earn a prize. Following the scavenger hunt, we'll come together for a snack. Don't miss out on this opportunity for fun, friendship, and prizes! This event is by invitation only and is exclusively for participants in the OCASG Friends and Fun Program. For more information on this program <u>Click Here</u>.

Sunday, April 21st from 9:00 AM to 11:00 AM: OCASG Adult Outing - Hike at Newport Back Bay Attention Adults: Come join us for a scenic hike at the Newport Back Bay Trail! Don't forget to bring water and ensure you're protected from the sun with sunscreen, a hat, and comfortable shoes. Participants also must be associated with a dues-paying OCASG member and have executed a liability waiver.

Click Here to **<u>RSVP</u>**

Sunday, April 21st from 3:00 PM to 5:00 PM: OCASG Gathering at Chase Coffee Roasters. Come join us at the Chase Coffee Roasters in Fullerton for a casual get-together. Play UNO, eat a snack, or just chat. This event is open to all OCASG Families. Peggy Pocher, Volunteer Coordinator, and our Newcomers committee will be available to answer any questions you may have regarding OCASG and all we offer. We look forward to meeting you.

Click Here to **<u>RSVP</u>**

Saturday, April 27th from 10:00 AM to 11:30 AM: OCASG Partner Book Group. Join OCASG's specialized support group tailored for spouses, partners, and significant others of those with high-functioning Autism and Asperger's. We're excited to introduce our book club sessions, spearheaded by the esteemed coach and writer, Kealah Parkinson. Each meeting dives deep into a chapter from Kealah's book, creating a space for participants to exchange insights and heartfelt experiences. First-time attendees are welcome. Admission is just \$15 per person.

To Register: Click Here

Sunday, April 28th from 10:00 AM to 12:00 PM: OCASG "Ask the Expert" Parents Workshop with Dr. Alex Gantman. The Parent Sessions will focus on the increasingly difficult issues that arise as children with Asperger's, HFA or PDD-NOS reach adulthood. College and employment are the tip of the iceberg. Lack of social relationships and a tendency to shut themselves up in their rooms playing computer games

are common battlegrounds. These challenges and more will be addressed in small group settings. The fee is \$20 for members and \$30 for non-members.

To Register Click Here

Monday, April 29th from 7:00 PM to 9:00 PM: OCASG Virtual Support Group Meeting. This meeting provides an opportunity to interact with other OCASG members about the challenges we are all facing as part of the ASD community. Know that we are Here for each other. We have separate meetings for adults on the spectrum and parents.

Parents Click Here to <u>Parent RSVP</u> Adults Click Here to <u>Adult RSVP</u>



Orange County Asperger's Support Group www.ocaspergers.org ocasupport@gmail.com