



# Building on My Strengths

Every child is unique and has their own strengths. As teachers and service providers, it's important to know about a student's strengths so we can help them grow and thrive.



## Why is this important?

Understanding the various learning needs of our students helps us to be proactive in how we present information, engage our students and remove potential barriers. Use the information to intentionally find ways to build our understanding of learner variability and design learning to be accessible to the student.

Student's Name:

Student's Grade:

## Strengths

What does this student do well?

## Preferences

This student learns best when...

This student communicates best when...

This student engages with others best when...

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Student's Name:

Student's Grade:

## Interests

What does this student enjoy and like to do?

## Needs

What works best when supporting this student to increase their independence?

With learning:

With feelings/behavior:

With communication:

With health (if applicable):

Would you like to share anything else?

This form was adapted from the [I'm Determined](#) project, a state directed project funded by the Virginia Department of Education.