



**WHAT?** CORE coaches empower students around the country to seize opportunities and avoid the common pitfalls of college life.

We work with students during weekly virtual sessions around their schedules to sharpen executive function skills and ease the transition to college.

Our coaches:

- Analyze whether the need is academic and/or social-emotional
- Plan for personal and academic growth in a rigorous setting
- Model essential executive functioning strategies
- Create personal accountability without judgment
- Collaborate to develop independent critical thinking skills
- Provide 5 weekly customized and confidential coaching sessions

**WHO?** **CORE** allows parents to step back so students can step up. Our college students are able to take the lead to maximize their college experience.

**CORE** students' profile:

- Capable and motivated to achieve in college
- Receptive to support and guidance
- Desire self-advocacy in interactions with professors and advisors
- Look for involvement in their campus community
- Willing to self-advocate
- Benefit from support to integrate into their campus community

**WHY?** **CORE** coaches work with students around the country to promote a successful integration into higher education.

Our coaches help students become self-regulated learners.

- **C**onfidence in Planning
- **O**pportunity to Use Individualized Strategies
- **R**eflect Outcomes
- **E**ngagement in every step of the process

**HOW?** **CORE** runs on a 10-month contract basis. Rolling admissions based on availability.

**PER SEMESTER TUITION** – 5 SESSIONS/WK

Fall (Aug 1) – \$9,950

Spring (Jan 1) – \$9,950

Summer (Jun 1) – \$3,950

**RETURNING STUDENT** – 2-3 SESSIONS/WK

Per Semester – \$5,950 (*when step-down criteria is met*)

