



## February 2024 OCASG Activities

**Wednesday, February 7 from 7:30 PM to 9:00 PM: Friends and Fun – Social Discussion** OCASG Friends and Fun program is a comprehensive social program for adults. Please join us for a social discussion with Dr. Ali Arena. This activity is exclusively for members of the OCASG Friends and Fun Program. **Closed Event – By Invitation Only.**

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**Thursday, February 8 from 7:15 PM to 8:15 PM:** Please join us as we discuss upcoming events and volunteer opportunities.

To RSVP: [Click Here](#)

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**Saturday, February 10 from 9:30 AM to 11:00 AM: OCASG Toastmasters Gavel Club.** Improve your public speaking, have fun, and meet new people at our virtual Toastmasters Gavel Club Meeting. We have been running this club for ten years and are currently working with a professor from CSUF and her associate who have received an Organization for Autism Research (OAR) grant to learn about the effectiveness of Toastmasters for individuals on the Spectrum. This meeting will be held on ZOOM. Guests are welcome.

Watch a Video to Learn About the Gavel Club: [Click Here](#)

Read an Article on Gavel Club: [Click Here](#)

Read Toastmaster Magazine Article: [Click Here](#)

To RSVP: [Click Here](#)

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**Sunday, February 11 from 12:00 PM to 1:30 PM: OCASG Dungeons & Dragons: Hey D&D Gang -** Join us for the second session of your D&D conquest led by our Dungeon Master, John Conte. We will provide pizza and drinks! **Closed Event – By Invitation Only. The cost is \$15 per person.**

- **12:00 PM to 1:30 PM: OCASG Teen Dungeons and Dragons**
  - **1:45 PM to 3:15 PM: OCASG Adult Dungeons & Dragons Group 1**
  - **3:30 PM to 5:00 PM: OCASG Adult Dungeons & Dragons Group 2**
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**Monday, February 12 from 7:00 PM to 9:00 PM: OCASG Online: First Look at the Autism in Entertainment Conference:** The Autism in Entertainment Conference, is a groundbreaking event that will take place on Friday, April 5, 2024, at the prestigious Skirball Cultural Center. This one-day, in-person

conference will be bringing together industry leaders and advocates to explore ways to bridge the gap between the ASD community and the entertainment industry. Our goal is to provide a platform that will empower individuals with ASD to showcase their talent, and creativity, and to help them find meaningful employment opportunities within the entertainment industry.

During this OCASG meeting, you will learn more about the conference, the goals, who will be there, and more. If you are interested in attending, please do not miss this event.

To Register: [Click Here](#)

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**Saturday, February 17 from 10:00 AM to 11:30 AM: OCASG Partner Support Workshop With Kealah Parkinson.** These support group sessions are facilitated by coach and author, Kealah Parkinson. During these meetings, you will be joined by other partners for an open discussion of your challenges and feelings. The fee is \$20 per session for dues-paying OCASG members and \$30 for non-members. If you sign up for all four sessions then you will receive one-year Basic Membership in OCASG.

To RSVP: [Click Here](#)

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**Saturday, February 17 from 1:00 PM to 4:00: OCASG Friends & Fun: Adult Board Game Event.** Join us for a board gaming event where you can play tabletop games with your buddies! We recommend you bring your favorite board games, but it's not required as we will have a variety available at the site. Lunch will be provided! This activity is exclusively for members of the OCASG Friends and Fun Program. **Closed Event – By Invitation Only.**

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**Saturday, February 17 from 7:00 PM to 8:30 PM: OCASG Teen Virtual Game Night.** Hey teens, have fun playing video games. Note that this activity is exclusively for dues-paying OCASG Members.

To RSVP: [Click Here](#)

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**Sunday, February 18 from 2:00 PM to 4:00 PM: OCASG Jam.** Join us for a unique opportunity to make music with other OCASG members. Bring your instruments and a collaborative spirit to share an afternoon of making music. This is a member's only event.

To RSVP: [Click Here](#)

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**Wednesday, February 21 from 7:30 PM to 9:00 PM: OCASG Teen Friends and Fun - Social Discussion.** OCASG Friends and Fun program is a comprehensive social program for teens. Please join us for a social discussion with Dr. Ali Arena. This activity is exclusively for members of the OCASG Friends and Fun Program and is by invitation only. **Closed Event – By Invitation Only.**

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**Saturday, February 24 from 10:00 AM to 11:30 AM: OCASG Author Series: My Emotion Journal: Tracking the Highs and Lows of Our Feelings with Michael Uram**

Join us for the first meeting of the year of the OCASG Author Series with writer and therapist Michael Uram. Michael will share insights from his book, *My Emotion Journal: Tracking the Highs and Lows of Our Feelings*. This journal is designed by an experienced family therapist who specializes in helping gamers

level up how they understand emotions. Each chapter has a brief guide for each emotion that helps you journal each of the most common emotions that children feel. Anger, Sadness, Worry, Happiness, Shame, Pride, and emotional avoidance each have their section.

To RSVP: [Click Here](#)

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**Saturday, February 24 from 1:00 PM to 4:00 OCASG Friends & Fun: Teen Board Game Event.** Join us for a board gaming event where you can play tabletop games with your buddies! We recommend you bring your favorite board games, but it's not required as we will have a variety available at the site. Lunch will be provided! This activity is exclusively for members of the OCASG Friends and Fun Program. **Closed Event – By Invitation Only.**

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**Saturday, February 24 from 7:00 PM to 8:30 PM: OCASG Adult Virtual Game Night.** Hey adults, have fun playing video games. Note that this activity is exclusively for dues-paying OCASG Members.

To RSVP: [Click Here](#)

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**Alex Gantman.** Share concerns and get advice with Autism Expert, Dr. Alexander Gantman. There is a \$20 fee for members and \$30 fee for non-members. Note that we are offering our once-a-year special: sign up for all four sessions and get a free yearly membership in the OCASG. Please note that you must execute an OCASG Liability Waiver to receive the ZOOM information.

To Register: [Click Here](#)

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**Monday, February 26 from 7:00 PM to 9:00 PM: OCASG Virtual Support Group Meeting.** This meeting provides an opportunity to interact with other OCASG members about the challenges we are all facing as part of the ASD community. Know that we are here for each other. We have separate meetings for adults on the spectrum and parents.

Adults with ASD RSVP: [Click Here](#)

Parents RSVP: [Click Here](#)

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Orange County Asperger's Support Group

[www.ocaspergers.org](http://www.ocaspergers.org)

[ocasupport@gmail.com](mailto:ocasupport@gmail.com)