



# CalHOPE

<https://www.calhope.org/pages/resources.aspx>

HOPE LIVES HERE

## Resources

### Crisis Counseling

- [The Peer-Run Warm Line](#)

- [CalHOPE Connect Live Chat](#)

### Children and Teens

- [Youth Help Network](#)

### Housing Assistance

- [Housing is Key: Tenant Relief Act](#)
- [Housing is Key Public Resources PDF - March 2021](#)

- [Local Partner Network Resources](#)

### Mental Health

- [National Alliance on Mental Illness — California](#)

- [California Health and Human Services](#)

- [California Suicide & Crisis Hotlines](#)

- [Stop Stigma Sacramento](#)

- [California County Mental Health Access](#)

- [Peer Support Call Center](#)

- [SAMHSA Treatment Locator](#)

- [CalHOPE Communities that Care:  
Behavioral Health Telehealth Resources](#)

- [IsraAID: Reducing Anxiety and Stress](#)

- [Consejos Para Sobrevivientes de una Pandemia:  
Control del Estrés](#)

## State Resources

- [Department of Health Care Services Office of the Ombudsman](#)

- [Email Department of Health Care Services Office of the Ombudsman](#)

- [State COVID-19 Resource Page](#)

## Substance Abuse

- [Start Your Recovery](#)

- [Choose Change](#)

## Veterans

- [Help for Service Members and Their Families](#)

- [National Resources Directory](#)

- [Veterans Crisis Line](#)

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