

## **Virtual Training for Self-Advocates!**

Please join us for a series of online training for adults and youth self-advocates and their families. The training sessions are hosted by Wesley Witherspoon, the Consumer Advocate at the USC UCEDD at Children's Hospital Los Angeles.

To register for the workshops, please select the individual dates below.

All training sessions are free, and you can attend as many as you would like!

Each two-workshop session is scheduled for 11:00AM-1:00PM PST.

## **Double Feature Workshops**

Tuesday April 4, 2023

Workshop #1: Me and My doctor & Workshop # 2: Staying Healthy

Thursday June 15, 2023

Workshop # 1: Crime Prevention & Workshop # 2: Emergency Preparedness

**Tuesday August 15, 2023** 

Workshop # 1: Mental Health & Workshop # 2: Self-Advocacy

**Tuesday October 17, 2023** 

Workshop # 1: Self-Advocacy & Workshop # 2: Self-Advocacy in Health Care

Wesley Witherspoon is the Consumer Advocate at the University of Southern California (USC) University Center for Excellence in Developmental Disabilities (UCEDD) at Children's Hospital Los Angeles (CHLA). Wesley has given many presentations to people with disabilities for over 15 years.

For more information:
Contact Wesley Witherspoon

Phone: 323-361-6688 Email: wwitherspoon@chla.usc.edu