

# Massage Therapist Apprenticeship



Looking for a rewarding career in an essential therapeutic profession? Take a closer look at becoming a

## Massage Therapist

If you are a Californian resident with a disability looking to get into the workforce, now is the time to start a rewarding career in the growing allied healthcare sector as a **Massage Therapist!**

You can be fully qualified and ready to work in just 11 months!

The Ready, Willing and Able initiative, in partnership with Healthcare Career College, is currently recruiting for a select-entry [Certified] Massage Therapist apprenticeship program.

Massage Therapists are critical to the healthcare sector, supporting patients to manage and reduce their physical pain and tightness, providing pain relief and injury management, prevention and rehabilitation support for a number of general, acute and chronic injuries, health conditions and challenges.

Massage Therapists perform a range of stretching, soft-tissue massage and therapeutic massage techniques to improve the wellness, health and relaxation of their patients.

The 11-month program provides participants with the opportunity to develop skills across a range of soft-tissue massage therapy techniques, including Clinical, Swedish, Sports, Trigger Point and Deep Tissue massage and exposure to kinesiology and physical therapy fundamentals.

In addition to gaining experience with real clients in the College's in-house clinic, upon completion, participants will be supported to find employment with leading local integrative health environments, massage clinics and spas, where they will receive access to:

- A competitive wage from day one
- Terrific long-term career opportunities in a dynamic, essential industry
- Access to career development and formal certification pathways

Did you know that upon qualification Massage Therapists enjoy an average starting salary of up to \$55,564?

\* Source: <https://www.salary.com/research/salary/alternate/registered-massage-therapist-salary>

### HOW TO APPLY

To apply now please email [recruitment@readywillingable.us](mailto:recruitment@readywillingable.us)  
For more information phone **Alexandra Mendoza** on **949 685 9020**

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Healthcare Career College is a partner of the RWA initiative

Ready, Willing and Able is a partnership between the California Department of Rehabilitation and the Institute for Workplace Skills and Innovation America which seeks to aide Californians with disabilities to access exciting full-time career opportunities.

[www.readywillingable.us](http://www.readywillingable.us)

# Massage Therapist

## What You Need to Know

Massage Therapists perform therapeutic soft tissues and joints massages on patients, using a range of soft-tissue massage techniques, including Clinical, Swedish, Sports, Trigger Point and Deep Tissue massages. May assist in the assessment of range of motion and muscle strength, or propose patient therapy, injury prevention and management plans as required.

### On the job, you will:

- Confer with clients about their medical histories and problems with stress or pain to determine how massage will be most helpful.
- Massage and knead muscles and soft tissues of the body to provide treatment for medical conditions, injuries, or wellness maintenance.
- Maintain massage areas by restocking supplies or sanitizing equipment.

## What Do You Need To Succeed In This Role?

### Key Attributes

#### This job will suit individuals who possess:

- Concern for Others
- Dependability
- Integrity
- Self Control
- Cooperation
- Independence

### Abilities

#### Verbal

- communicate by speaking
- listen and understand what people say

#### Hand and Finger Use

- hold or move items with your hands
- keep your arm or hand steady

#### Endurance

- exercise for a long time without getting out of breath

#### Physical Strength

- exercise for a long time without your muscles getting tired

### Skills

#### Basic Skills

- listening to others, not interrupting, and asking good questions
- talking to others

#### Problem Solving

- noticing a problem and figuring out the best way to solve it
- looking for ways to help patients
- changing what is done based on patients responses

<https://www.onetonline.org/link/summary/31-9011.00>

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