BESTBUDDIES. Programs



One-To-One Friendships

Builds friendships between people with and without IDD, offering social mentoring while improving the quality of life and level of inclusion for a population that is often isolated and excluded.



Creates an inclusive community for students and adults with IDD, helping them become socially integrated with their peers at every age.

e-BUDDIES.

Offers an e-mail program, in which a participant with IDD communicates online with a friend without IDD.



Integrated Employment

Secures jobs for people with IDD, allowing them to earn an income, pay taxes, and continuously and independently support themselves.

BESTBUDDIES. Jobs

Matches skilled, qualified individuals with IDD with businesses seeking enthusiastic and dedicated employees. Through the Jobs program, Best Buddies develops partnerships with employers, assists with the hiring process and provides ongoing support to the employee and employer.

An estimated 81% of adults (18+) with developmental disabilities do not have a paid job in the community. The Best Buddies Jobs program strives to place participants with IDD in supported employment, with the potential to receive benefits and earn a total income upwards of \$900K over 30 years. In turn, these individuals will contribute \$153K in taxes back into the economy, rather than receive nearly \$895K in Federal SSI and Medicaid benefits during that time period.



Leadership Development

Educates and empowers people with and without IDD to become leaders, public speakers and advocates.

BESTBUDDIES. Ambassadors

Offers people with IDD the opportunity to gain the public speaking skills, self-esteem and confidence needed to successfully advocate for themselves, their peers and Best Buddies in communities, workplaces and government.

BESTBUDDIES. Promoters

Empowers youth to become advocates for people with IDD and help open new Best Buddies chapters and programs by organizing special events that promote awareness to the disability rights movement.



Inclusive Living

Provides an integrated experience in which people with and without IDD are active, contributing citizens – living independently in a dynamic environment where they can learn, grow, and thrive.

BESTBUDDIES. Living

Provides individuals with and without IDD an opportunity to live together in a vibrant, educational community that supports all residents in advancing their employment, financial literacy, continued education, and life skills as they work to achieve their personal goals.

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