



# Connections California

## Transition to Adulthood

[www.php.com/transition-to-adulthood](http://www.php.com/transition-to-adulthood)



# Program Guide

## Fall 2022

**It's never too early or too late to start exploring the many options available for the transition to adulthood.**



The transition to adulthood can be complex and challenging for individuals with any disability. Planning can start as young as 12 and continue throughout adulthood.

Connections California, the newest program from Parents Helping Parents, is designed to help YOU find the unique resources and critical information you need to create the smoothest transition to adulthood possible alongside your loved one!

In Connections California, you'll find a comprehensive online hub of content, webinars you can attend, E-Learning videos you can watch at your own pace, downloadable E-Packets, and more!

Use this Connections California Program Guide to see the wide array of events offered, register for webinars, and share events with your loved one's transition team!

Connections California, a project of Parents Helping Parents - Silicon Valley, is made possible thanks to generous support from:



**Santa Clara Family Health Plan™**



**Connections California**  
Transition to Adulthood

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# Connections California: It all fits together!

High School Course of Study  
Individual Transition Plan



Post Secondary  
Transition Program  
College Experience  
Assistive Technology



Financial Planning  
Health & Wellness  
Housing



Legal Aspects  
Public Benefits  
Regional Center  
Services



Person Centered Planning  
Disability Rights



CA Department of Rehabilitation  
Competitive Integrated Employment  
Assistive Technology  
Other Considerations

**Click on a gear to learn more!**



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Connections California content applies to any adult with any disability.  
Everything is organized into five main categories.

The goal is to help you find the information you need easily for the transition to adulthood.



## Transition Planning

It is never too early to think about life beyond high school. Preparing for the transition to adulthood can start as early as middle school!



## Education and Training

Planning on continuing your education and training as you transition to adulthood? There are a lot of options and support available!



## Adult Life

Transitioning to adulthood means there are a lot of new things and services to learn about: money, housing, health, and of course, fun! Being an adult comes with a lot of things to think about.



## Self-Advocacy

Learning self-advocacy skills is one of the most important skill sets people with disabilities need for a successful transition to adulthood.



## Work Preparation

For many, preparing for the transition to adulthood means preparing to work. Find out about services available to help prepare people with disabilities to work!

[Click on a gear to learn more!](#)

Thank you Connections California program partners!





<b>12</b> 10:00am	<b><u>How to Apply for Supplemental Security Income (SSI)</u></b>
<b>15</b> 6:00pm	<b><u>Ready for Life? Building an Effective Transition Plan in the IEP- Part 1</u></b> <i>Presented in English with simultaneous Vietnamese translation.</i> <i>Trình bày bằng tiếng Anh với bản dịch tiếng Việt đồng thời   <u>Đăng ký bằng tiếng Việt</u></i> <i>In collaboration with Parents Helping Parents &amp; EPU Children's Center</i>
<b>16</b> 6:30pm	<b><u>Sẵn sàng nộp đơn xin SSI - Thu nhập An sinh Bổ sung?</u></b>
<b>17</b> 6:00pm	<b><u>Ready for Life? Building an Effective Transition Plan in the IEP- Part 2</u></b> <i>Presented in English with simultaneous Vietnamese translation.</i> <i>Trình bày bằng tiếng Anh với bản dịch tiếng Việt đồng thời   <u>Đăng ký bằng tiếng Việt</u></i> <i>In collaboration with Parents Helping Parents &amp; EPU Children's Center</i>
<b>22</b> 6:00pm	<b><u>¿Listo para la vida? Construyendo un plan de transición efectivo en el IEP - Parte 1</u></b> <i>Presentado en colaboración con Parents Helping Parents y EPU Children Center</i>
<b>23</b> 6:30pm	<b><u>IHSS (Servicios de Apoyo en el Hogar) Supervision Preventiva</u></b>
<b>24</b> 6:00pm	<b><u>¿Listo para la vida? Construyendo un plan de transición efectivo en el IEP - Parte 2</u></b> <i>Presentado en colaboración con Parents Helping Parents y EPU Children Center</i>
<b>25</b> 6:30pm	<b><u>Top 10 Mistakes to Avoid During Transition to Adulthood</u></b> <i>Guest Speaker: Dr. James Williams, Bloom Consulting</i>
<b>31</b> 6:00pm	<b><u>7 Emergency-Related Services &amp; Resources for You!</u></b> <i>Presented in English with simultaneous Vietnamese translation.</i> <i>Trình bày bằng tiếng Anh với bản dịch tiếng Việt đồng thời   <u>Đăng ký bằng tiếng Việt</u></i>
<b>31</b> 6:00pm	<b><u>¡7 Servicios y Recursos Relacionados con Emergencias para Usted!</u></b>
<b>31</b> 6:00pm	<b><u>7 Dịch Vụ &amp; Tài Nguyên Khẩn Cấp dành cho Bạn!</u></b> <i>Trình bày bằng tiếng Anh với bản dịch tiếng Việt đồng thời   <u>Đăng ký bằng tiếng Việt</u></i>



<p><b>06</b> 6:30pm</p>	<p><b><u>In-Home Supportive Services (IHSS)</u></b></p>
<p><b>10</b> 10:00am</p>	<p><b><u>Regional Center Services with Focus on the Transition to Adulthood</u></b>  <i>Presented in English with simultaneous Spanish &amp; Vietnamese translation.</i>  <i>Presentada en inglés con traducción simultánea de español y vietnamita   <a href="#">Registrarse en español</a></i>  <i>Trình bày bằng tiếng Anh với bản dịch đồng thời tiếng Tây Ban Nha và tiếng Việt   <a href="#">Đăng ký bằng tiếng Việt</a></i></p>
<p><b>13</b> 6:30pm</p>	<p><b><u>Understanding the 504: Removing Barriers and Creating Access to Education</u></b>  <i>In collaboration with Parents Helping Parents &amp; EPU Children's Center</i></p>
<p><b>14</b> 6:30pm</p>	<p><b><u>Building Your Assistive Tech Toolkit for Independent Living</u></b>  <i>Guest Speaker: Debbie Drennan, MSW, AT Specialist</i></p>
<p><b>15</b> 6:30pm</p>	<p><b><u>Organización de mis documentos</u></b>  <i>Presentado en colaboración con Parents Helping Parents y EPU Children Center</i></p>
<p><b>16</b> 10:00am</p>	<p><b><u>Dịch vụ Hỗ trợ Chăm sóc Tại nhà (IHSS)</u></b></p>
<p><b>20</b> 6:30pm</p>	<p><b><u>Organizing My Documents</u></b>  <i>In collaboration with Parents Helping Parents &amp; EPU Children's Center</i></p>
<p><b>22</b> 6:30pm</p>	<p><b><u>Eliminando barreras y creando acceso a la educación</u></b>  <i>Presentado en colaboración con Parents Helping Parents y EPU Children Center</i></p>
<p><b>27</b> 6:30pm</p>	<p><b><u>Preparándose para solicitar SSI (Seguro Ingreso Suplementario)</u></b></p>
<p><b>28</b> 6:30pm</p>	<p><b><u>Interaction with Law Enforcement for Transition Age Youth &amp; Beyond</u></b>  <i>Guest Speakers: David Grady, MA MFT, SCDD &amp; Darcy McCann, Self-Advocate</i>  <i>Presented in English with simultaneous Spanish &amp; Vietnamese translation. <a href="#">Registrarse en español</a>   <a href="#">Đăng ký bằng tiếng Việt</a></i></p>
<p><b>28</b> 6:30pm</p>	<p><b><u>Interacción con los organismos del cumplimiento de la ley para jóvenes en edad de transición y más allá</u></b>  <i>Oradores invitados: David Grady, MA MFT, SCDD &amp; Darcy McCann, Self-Advocate</i>  <i>Presentada en inglés con traducción simultánea de español y vietnamita   <a href="#">Registrarse en español</a></i></p>
<p><b>28</b> 6:30pm</p>	<p><b><u>Tương Tác với Cơ Quan Thi Hành Pháp Luật cho Thanh Niên Trong Độ Tuổi Chuyển Tiếp &amp; Sau Đây.</u></b>  <i>Diễn giả khách mời: David Grady, MA MFT, SCDD &amp; Darcy McCann, Self-Advocate</i>  <i>Trình bày bằng tiếng Anh với bản dịch đồng thời tiếng Tây Ban Nha và tiếng Việt   <a href="#">Đăng ký bằng tiếng Việt</a></i></p>



<p><b>04</b> 6:30pm</p>	<p><b><u>Getting Ready to Apply for SSI? (Supplemental Security Income)</u></b></p>
<p><b>05</b> 6:30pm</p>	<p><b><u>Unique Issues for Special Needs Trust in California and CalABLE</u></b> <i>Guest Speaker: Stephen W. Dale, Esq.</i></p>
<p><b>06</b> 6:00pm</p>	<p><b><u>Passport to Their Future #1: Understanding the Transition</u></b></p>
<p><b>12</b> 6:30pm</p>	<p><b><u>Navigating SSI &amp; Disabled Adult Child Benefits + MediCal &amp; Medicare</u></b> <i>Guest Speaker: Jim Huyck, Huyck Consulting</i></p>
<p><b>13</b> 6:00pm</p>	<p><b><u>Ready for College? How to Get There!</u></b> <i>Presented in English with simultaneous Spanish &amp; Vietnamese translation.</i></p>
<p><b>14</b> 10:00am</p>	<p><b><u>Sẵn sàng nộp đơn xin SSI? (Thu nhập An sinh Bổ sung)</u></b></p>
<p><b>18</b> 6:00pm</p>	<p><b><u>Sailing from Diploma to Employment</u></b> <i>Guest Speakers: Jan Johnston-Tyler, EvoLibri; Christina Canevari, DOR; and Stephen Destefani, Wells Fargo</i></p>
<p><b>22</b> 10:00am</p>	<p><b><u>Influencing Services from Regional Centers, School Districts &amp; More</u></b> <i>Presented in English with simultaneous Spanish &amp; Vietnamese translation. Presentada en inglés con traducción simultánea de español y vietnamita. Trình bày bằng tiếng Anh với bản dịch đồng thời tiếng Tây Ban Nha và tiếng Việt. <u>Registrarse en español</u>   <u>Đăng ký bằng tiếng Việt</u></i></p>
<p><b>25</b> 6:00pm</p>	<p><b><u>College Success! Technology Tools and Strategies for Students</u></b> <i>Presented in English with simultaneous Spanish &amp; Vietnamese translation. Presentada en inglés con traducción simultánea de español y vietnamita. Trình bày bằng tiếng Anh với bản dịch đồng thời tiếng Tây Ban Nha và tiếng Việt. <u>Registrarse en español</u>   <u>Đăng ký bằng tiếng Việt</u></i></p>
<p><b>27</b> 6:00pm</p>	<p><b><u>Preparing to Work: What Students Need to Know</u></b> <i>Guest Speaker: John Merris-Coots, CA Dept. of Ed. California Career Resource Network</i></p>
<p><b>28</b> 10:00am</p>	<p><b><u>IHSS (Servicios de Apoyo en el Hogar) Supervision Preventiva</u></b></p>

<b>04</b> 10:00am	<u><a href="#">In-Home Supportive Services (IHSS)</a></u>
<b>08</b> 6:30pm	<u><a href="#">Dịch vụ Hỗ trợ Chăm sóc Tại nhà (IHSS)</a></u>
<b>09</b> 6:30pm	<u><a href="#">Preparing Kids to Launch into Transition to Adulthood</a></u> <i>Guest Speaker: Damon Korb, MD, Center for Developing Minds</i>
<b>10</b> 6:00pm	<u><a href="#">Passport to Their Future #2: Goals &amp; Services</a></u>
<b>15</b> 6:30pm	<u><a href="#">Everything You Need to Know About Conservatorships</a></u> <i>Guest Speaker: Alexis Lynch, Esq.</i>
<b>18</b> 10:00am	<u><a href="#">Preparandose para solicitar SSI (Seguro Ingreso Suplementario)</a></u>
<b>30</b> 6:30pm	<u><a href="#">10 Tips Every Parent Should Know about Transition to Adulthood</a></u>
<b>30</b> 6:30pm	<u><a href="#">10 consejos que todo padre debe conocer sobre la transición a la edad adulta</a></u>
<b>30</b> 6:30pm	<u><a href="#">10 Lời Khuyên mà Các Bậc Phụ Huynh Nên Biết về Quá Trình Chuyển Tiếp sang Tuổi Trưởng Thành</a></u>

## Using this Program Guide

Click on a title to register for an event!

Events are presented in the language of their title.

Some events have simultaneous translation in Spanish and/or Vietnamese.

Events are subject to change/cancellation at any time.

Visit [www.php.com/transition-to-adulthood](http://www.php.com/transition-to-adulthood) for the most up-to-date event listing.

Search for events on [www.php.com](http://www.php.com) using #cca!





<b>06</b> 7:00pm	<u><a href="#">Giving Your Child a Voice: Student Led IEP's</a></u>
<b>06</b> 7:00pm	<u><a href="#">Darle a su hijo una voz: IEP dirigido por el estudiante</a></u>
<b>07</b> 7:00pm	<u><a href="#">Your Voice Matters! Student Led IEP's For Self-Advocates!</a></u>
<b>08</b> 6:00pm	<u><a href="#">Passport to Their Future #3: 18 Years &amp; Beyond</a></u>



## Adult-Related PHP Support Groups & Other Programs

[The BFF Project](#)

[Cuidemos Nuestra Salud Emocional](#)

[Hỗ trợ và Hướng dẫn](#)

[Grupo de Apoyo de Gilroy](#)

[PHP @ College Support Group](#)

[Parents of Adult Children with Developmental Disabilities \(PACDD\) Support Group](#)

[Parents of Neurodiverse College/Career Bound \(PNCC\) Support Group](#)

[Parents of Neurodiverse High Schoolers Support Group](#)

[Paths to Positive Adulthood Support Group](#)

[Saving Our Sanity Support Group](#)



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