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## Can CalABLE Improve your Health?

July 20, 2022 2:00 P.M. - 4:00 P.M.



## **CalABLE Monthly Webinar Series**



TIAA-CREF Tuition Financing Inc. (TFI), program manager. TIAA-CREF Individual & Institutional Services, LLC, Member FINRA, distributor and underwriter. CalABLE is a savings and investment program offered by the state of California to people with disabilities that began before reaching age 26.

In this webinar, we will explore:

- How do we define health?
- What can financial well-being do for your health?
- Health as a Qualified Disability Expense
- Saving to reach health goals
- A general overview of the CalABLE program