Secondary to Post-Secondary

Transition Curriculum & Resources

**Note: These resources are intended to provide transition planning programming support for youth and young adults with a wide range of disabilities. They can be used by educators, service providers, family members and individuals with disabilities. A No Cost or fee indication is included in green letters and indicators of appropriateness for individuals with mild/moderate (M/M) and/or moderate/significant (M/S) disabilities or all disabilities (M/M/S) are found in bold red ink.**

1. **JOB EXPLORATION & COUNSELING**

**1. Childhood Meets Adulthood No Cost M/M/S**

**http://**[**www.Youthhood.org**](http://www.Youthhood.org)

This web site is a place for teens. It was developed by the University of Minnesota with support from the US Department of Education, Office of Special Education & Rehabilitative Services, Ideas that Work. It's a welcoming community for all youth and a place where all youth belong. This is a place for youth to think about what they want to do with their life. This Web site was built to help youth plan their future. It can be used with a teacher, mentor, parent, friend or by yourself. Individuals using this site must register before using.

**2**. **Project Discovery Career Development Series $$ M/S**

[**http://educationassociates.com/career-development**](http://educationassociates.com/career-development)

Hands-on career education kits to help students experience real-world job tasks using real tools of the trade! Students are motivated to "learn by doing" which will enhance their opportunities for success in the workplace. Academics are integrated into the activities to support instruction in the standards. Help your students make more informed career and life decisions with this dynamic curriculum. Offered in three functional levels-[Beginning](http://educationassociates.com/career-development-module/beginning/), [Intermediate](http://educationassociates.com/career-development-module/intermediate/), and [Advanced](http://educationassociates.com/career-development-module/advanced/)-each module offers support for different reading levels. [Adapted](http://educationassociates.com/career-development-module/adapted/) components are also available for students with severe and profound challenges.

**3. Transition to Work: Program Activity Guide No Cost M/M**

**(American Foundation of the Blind)**

[**http://www.afb.org/info/living-with-vision-loss/for-job-seekers/lesson-plans-for-**](http://www.afb.org/info/living-with-vision-loss/for-job-seekers/lesson-plans-for-)

**teachers-and-professionals/transition-to-work-program-activity-guide/1234**

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**4**. **iTransition (No Cost curriculum on line portfolio) M/M**

**www.pepnet 2.org/transition**

Materials made specifically for deaf and hard to hear (Developed by four

colleges around the country)

* Getting to Know Yourself
* Determining a Career Direction
* Choosing a Post-Secondary Program
* Planning and Applying to Post Secondary Option

**5.** **Brigance Transition Activities $$ M/S http://www.curriculumassociates.com/products/detail.aspx?title=BrigTSA**

The new **BRIGANCE® Transition Skills Activities** helps educators deliver data-driven instruction to build students' skills in key transition areas. Each lesson includes a variety of activities and modifications to support a broad range of student abilities and interests. The **BRIGANCE Transition Skills Activities** provides more than 250 activities in lessons directly aligned to assessments in the Transition Skills Inventory (TSI). Each lesson encompasses several activities and modifications to support a wide range of student interests and abilities. Activities address real-life experiences and support classroom-based and community-based instruction. More than 200 extension activities extend classroom learning and reinforce each lesson. The Transition Skills Activities is directly aligned to assessments in the [Transition Skills Inventory (TSI)](http://www.curriculumassociates.com/products/detail.aspx?Title=BrigTSI) and covers the following skill areas:

* Post-Secondary Education/Training
* Employment
* Independent Living
* Community Participation

**6.** **National Secondary Transition Technical Assistance No Cost M/M**

**[http://youth.gov/federal-links/national-secondary-transition-technical-](http://youth.gov/federal-links/national-secondary-transition-technical-                        assistance-)**

**[assistance-](http://youth.gov/federal-links/national-secondary-transition-technical-                        assistance-)center**

The National Secondary Transition Technical Assistance Center (NSTTAC) helps states build capacity to support and improve transition planning, services, and outcomes for youth with disabilities and disseminates information and provides technical assistance on scientifically-based research practices with an emphasis on building and sustaining state-level infrastructures of support and district-level demonstrations of effective transition methods for youth with disabilities.

* College and Career Ready Standards and Secondary

Planning and Students with Disabilities

* High School Redesign and Secondary Transition Planning for Students

with Disabilities

* Tiered Interventions and Secondary Transition Planning for Students with Disabilities
* Universal Design for Learning and Secondary Transition Planning for Students with Disabilities
* Links to All No Cost Age Appropriate Transition Assessments
* Lesson Plan starts and much more

1. **Youth.Gov No Cost M/M/S**

[**http://youth.gov/home**](http://youth.gov/home)

Youth.gov is the U.S. government website that helps you create, maintain, and strengthen effective youth programs. Included are youth facts, funding information, and tools to help you assess community assets, generate maps of local and federal resources, search for evidence-based youth programs, and keep up-to-date on the latest, youth-related news. The find youthinfo.gov url is expiring on 9-30-16. Please update your bookmarks to point to youth.gov.

1. **National Collaborative on Workforce and Disability** **M/M/S**

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Products include:

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| https://careerlocker.com/MasterImages/defaultImages/bullet.gif | * More than 400 Classroom Activities that promote career development and decision-making skills and are aligned with standards and guidelines |
| https://careerlocker.com/MasterImages/defaultImages/bullet.gif | * Extensive customizable reports that reflect individual and   organizational use and patterns |
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The transition from high school is challenging for any student, but for young adults with

disabilities, it can be even more difficult. But with proper preparation, students can

enjoy success.

This practical guide explains how the system for accommodations works,

describes student’s rights and responsibilities within that system, and employs

the voices of seasoned professionals and college students to explain the skills

& strategies students should develop while they are in high school to ensure

success when they reach college. As a bonus, it also offers answers to

questions students with disabilities frequently ask about disclosing their

disability in the admissions process.

By Elizabeth C. Hamblet. 2011. 163 pages ISBN 0-086586-467-5 #P6041

1. **Guidance and Career Counselors' Toolkit, Heath Resource Center,**

**George Washington University Graduate School of Education & Human**

**Development NO COST M/M/S**

[**https://heath.gwu.edu/sites/heath.gwu.edu/files/downloads/Toolkit%202014.pdf**](https://heath.gwu.edu/sites/heath.gwu.edu/files/downloads/Toolkit%202014.pdf)

*Advising High School Students with Disabilities on Postsecondary Options*

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1. **WORK-BASED LEARNING EXPERIENCES**
2. **Transition to Work: Program Activity Guide No Cost M/M**

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1. **COUNSELING ON OPPORTUNITIES FOR ENROLLMENT IN PSE & TRAINING**

**1**. **Personal Competencies for College & Career Success No Cost M/M/S**

**(National Collaborative on Workforce and Disability)**

**www.ncwd-youth.info**.

This guide pro­vides suggestions about various strategies postsecondary professionals can use to assist students in developing personal competencies that will increase their chances of success. Part I of this guide provides an overview of personal competencies that all students need for college and career success as well as additional compe­tencies for students with disabilities. Part II de­scribes what colleges can do to build student competencies. To obtain this publication in an alternate format please contact the Collaborative at 877-871-0744 toll free or email [contact@ncwd-youth.info](mailto:contact@ncwd-youth.info).

1. **Making My Way through College No Cost M/M/S**

[**http://www.ncwd-youth.info/PostsecondaryGuide**](http://www.ncwd-youth.info/PostsecondaryGuide)

Making My Way through College is a guide for any student pursuing a degree or other type of credential (e.g., certification, license) at a two-year or four-year community college, college, or university. You will find information on a variety of topics relevant to preparing for and succeeding in college and transitioning from college into the world of work. Much of the information provided is relevant to all students, but the primary focus of the guide is on navigating the college experience for students with disabilities or those who think they may have a disability.

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1. **WORKPLACE READINESS TO DEVELOP SOCIAL SKILLS & INDEPENDENT LIVING**
2. **Pacer’s National Parent Center on Transition and Employment**

**No & Low Cost M/M/S**

[**http://www.pacer.org/transition/learning-center/planning/preparing-**](http://www.pacer.org/transition/learning-center/planning/preparing-) **employment. asp**

This website contains transition and employment related resources, documents, videos, success stories and materials for a variety of stakeholders, including youth and parents. The resource library and publication catalog provides easy access to ordering.

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1. **Life Skills No Cost M/M**

**http://www.casey.org/media/CLS\_project\_PracticeGuide.pdf**

Casey Life Skills (CLS) is a No Cost tool that assesses the behaviors and

competencies youth need to achieve their long term goals. It aims to set youth on

their way toward developing healthy, productive lives. Examples of the life skills CLS

helps youth self-evaluate include:

* Maintaining healthy relationships
* Work and study habits
* Planning and goal-setting
* Using community resources
* Daily living activities
* Budgeting and paying bills
* Computer literacy
* Their permanent connections to caring adults
* Curriculum e-books available for teachers guide and students

1. **Transition Skills Curriculum** **Digital download programs from $10-No Cost M/M/S**

[**http://teacherspayteachers.com**](http://teacherspayteachers.com)

TeachersPayTeachers® is an online marketplace where teachers buy and sell original downloadable educational materials, hard goods and used educational resources. Examples include:

* Game of Life –Financial Literacy
* Jobs, Life, & Budgeting
* Typing practice with Printable keyboards
* Class Job Applications
* Career Resume Writing Handouts
* Resume Form **No Cost**
* Career Worksheet **No Cost**
* Career Research Project- Planning for my Future

**5.** **National Collaborative on Workforce and Disability** **M/M/S**

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1. **Life Centered Education (LCE) Transition Curriculum** **$$ M/M**

CEC is proud to announce the new and entirely online Life Centered Education (LCE) transition curriculum and assessment portal. Discover how LCE can help you better prepare your students for independent and rewarding lives after they finish school. Call **703-264-9450** or email [**lce@cec.sped.org**](mailto:lce@cec.sped.org) to schedule a more in-depth demonstration.

1. **Essential Skills to Getting A Job...What Young People with Disabilities need to Know No Cost M/M/S**

**https://www.dol.gov/odep/documents/essential\_job\_skills.pdf**

The office of Disability Employment Policy, US Department of Labor, provides a summarized list of skills needed to get a job and includes a resource listing of curriculum and materials that can be used by workforce preparation staff.

1. **INSTRUCTION IN SELF-ADVOCACY**
2. **The Transitions Curriculum (3 modules) each module $199 all three $499 $$ M/S**

**http://**[**www.Stanfield.com**](http://www.Stanfield.com)

A comprehensive, research-based curriculum that covers three areas critical to independent living: personal, career, and life management.

* Volume 1 Personal Management
* Winning with personal power
* Choosing the best career for you
* Maximizing your options
* Advocating for your future
* Volume 2 Career Management
* Using effective communications
* Getting the job for you
* Succeeding as an employee
* Participating in your community
* Volume 3 Get a Life
* Maintaining a healthy life
* Enjoying your leisure time
* Living on your own
* Planning for a happy life

1. **Life Centered Education Transition Curriculum (CEC) $599 member $729 Non-Member M/S**

[**https://www.cec.sped.org/Publications/LCE-Transition-Curriculum**](https://www.cec.sped.org/Publications/LCE-Transition-Curriculum)

This curriculum developed for use by teachers, other professionals helps to better

prepare students for independent and rewarding lives after they finish school.

In depth coverage of the following skills: daily living skills, self-determination, interpersonal skills and employment skills

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disability in the admissions process.

By Elizabeth C. Hamblet. 2011. 163 pages ISBN 0-086586-467-5 #P6041

1. **The ARC Self-Determination Scale No Cost M/M/S**

**http://www.ou.edu/content/education/centers-and-partnerships/zarrow/self-determination-assessment-tools/arc-**

Dr. Michael Wehmeyer and his colleagues at the University of Oklahoma, developed and normed the ARC Self-Determination Scale to: (a) assess the self-determination strengths and weaknesses of adolescents with disabilities, (b) facilitate student involvement in educational planning and instruction to promote self-determination as an educational outcome, (c) develop self-determination goals and objectives, and (d) assess student self-determination skills for research purposes.

After students complete the assessment, the ARC Scale yields a total self-determination and four sub-domain scores.

* Autonomy
* Self-Regulation
* Psychological Empowerment
* Self-Realization
* Total Self-Determination

1. **California Transition Alliance No Cost M/M/S**

**http://www.catransitionalliance.org/home.aspx**

Secondary Transition resources and materials are available. A handbook,

“Secondary Transition Planning: The Basics, Achieve Successful Outcomes and Meet

Mandates” is available for download. This Spring 2016 handbook, contains best

practice information that will assist stakeholders interested in promoting positive

outcomes for students with disabilities as they move from school to adult life.

**WINTAC Curriculum & Resources 9-2016, ONeal**