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U.S. DEPARTMENT OF LABOR

<https://www.dol.gov/agencies/ebsa/secure-your-financial-future>

Employee Benefits Security Administration

Secure Your Financial Future

A Toolkit for Individuals with Disabilities

Get Started

If you have been out of work or financially impacted by the COVID–19 pandemic, you are not alone.

The pandemic has disrupted the personal finances of many Americans. As a result, large numbers of people — including those with disabilities — are making employment–related decisions based on their new financial situation. You may be one of them.

We all need clear and accurate information to secure our financial well-being. This toolkit provides a path forward, based on where you are in your employment journey. Just click on any of the topic areas below — [Preparing for a Job](#), [Starting a Job](#), [Maintaining a Job](#), [Changing or Losing a Job](#), and [Retiring from a Job](#) — for answers to important questions, including tools and resources to help you meet your financial goals.



**[Preparing
for a Job](#)**



**[Starting
a Job](#)**



Maintaining
a Job



Changing or
Losing a Job



Retiring
from a Job