



# Women's Discussion Sessions

Women with ASD sometimes feel lost with a male-dominated diagnosis. In response, the Orange County Asperger's Support Group (OCASG) is pleased to announce a women-only discussion group for women (ages 18 and up) who have a diagnosis (or suspected diagnosis) of Asperger's Syndrome, High Functioning Autism or PDD-NOS. The group will be led by Asperger's expert, Dr. Ali Arena.

Dates: Saturdays in 2022: 3/19, 6/18, 9/17

Time: 10:00 am to 11:30 am

Fees: \$20 per session for dues paying OCASG members and \$30 for non-members. Scholarships are available upon request for families in need of financial assistance.

Location: ONLINE

Register Link:

<http://www.memberplanet.com/s/ocasg/womens-group-2022>

Questions? Contact OCASG: [ocasupport@gmail.com](mailto:ocasupport@gmail.com)

## About Dr. Ali Arena

Dr. Ali Arena has dedicated her education and career to finding the best communication patterns and behavior changes required to navigate the ever-changing social world. She is both a Speech-Language Pathologist and Board-Certified Behavior Analyst.



She maintains the following certifications Autism, Trauma-Informed Care, Level 1A Social Thinking Practitioner, UCLA PEERs, and Neurodiverse Couples Counseling. Lastly, her doctorate addressed the dating intricacies of those on the Autism Spectrum which led Ali to develop unique 1:1 couples counseling for neurodiverse partnerships and social skills classes for individuals with social learning differences (including Asperger's syndrome, high functioning autism, ADD/ADHD, and those without a formal diagnosis but who struggle in the social world).

<http://www.ocaspergers.org/>

The Orange County Asperger's Support Group, P.O. Box 17785, Irvine, CA 92623-7785

The Orange County Asperger's Support Group serves individuals dealing with Asperger's Syndrome, High-Functioning Autism, and PDD-NOS.