

# **PERSON DRIVEN PLANNING**

## **ACTION PLAN**

11-8-21

**Maria Jones** 

Words to describe N	/laria:					
<b>Lead of the Extremely Polite</b>	<b>↓</b> Friendl	y	<b>∔</b> Excelle	ent Social Skills	♣Likes to H	elp Others
<b>♣</b> Funny	<b>4</b> Athletic	;	♣High E	motional Intelligence	<b>♣</b> Eager to g	et a job
Inspirational	<b>♣</b> Outgoir	ng	4 Charis	matic/Charming		eet New People
Activity	Team Member* /Contact	Agency/Affiliatio	n	Questions	Timeline	Outcomes
	L: Successful Particip				"	
Maria "I want to describe the community college level   ✓ Review Summary of Performance (SOP) from LBHS   ✓ Review high school/ATP   Accommodations   ✓ Put together a   Transition/Career   Portfolio   ✓ Review post-Secondary   program and   class/certificate   information at   local Community   Colleges   ✓ Connect with	All Team Members	<ul> <li>Regional Center Orange County</li> <li>Department of Rehabilitation/L Hills Office</li> <li>North Orange Con Education (NOCE)</li> <li>Coastline Commun College</li> <li>Saddleback College</li> <li>Santiago Canyon</li> </ul>	of aguna ntinuing ) unity ge	<ol> <li>reer field I am interested in 1. What accommodations will help Maria to be successful in post-secondary education?</li> <li>Which classes will support Maria's career pathway interests?</li> <li>What are the OASIS Saddleback College Classes that would be good for Maria?</li> <li>What special interest (animal care, health care, &amp; employment preparation) programs/classes are available for Maria?</li> <li>✓ North Orange Continuing Education (NOCE)</li> <li>✓ Coastline Community College</li> <li>✓ Saddleback College</li> </ol>	Fall 2021- 2022	<ul> <li>Final IEP, ITP,         Educational         Documents/SOP         secured</li> <li>Identified         academic         accommodations</li> <li>Reviewed         Community         College Program         information.</li> <li>All relevant         information in         Transition         Portfolio</li> <li>Enrolled in &amp;         registered for         Community         College         Winter/Spring/</li> </ul>

Services/DSPS to	5. What career relevant	Fall 2022 classes
determine	certificates will help Maria get	& programs
available supports	and keep a competitive	<ul> <li>Registered with</li> </ul>
✓ Identify pros &	integrated job of her	Special
cons of virtual	choosing?	Services/DSPS
and in person ed	✓ Nursing Assistant	Department at
opportunities	✓ Child Care Certificate	Community
✓ Identify class to	✓ Senior Care	College to receive
prepare for the	✓ General Employment	accommodations
Project SEARCH at	Preparation	as needed
Santiago Canyon	6. How does Maria get signed	<ul><li>Career Pathway</li></ul>
College	up for the Project SEARCH	Certificate
✓ Check out the	Prep Class at Santiago Canyon	Completion
Animal Care	College?	
Certificate	7. Are RCOC Tailored Day	
Program at	Services available to assist	
Coastline	with community college	
Community	activities?	
College	8. Explore the Self-	
✓ Check out the	Determination Program via	
Arise	RCOC – FMS and Independent	
	Facilitator	
LabAcademics,		
Relationships,		
Independence,		
Self-Advocacy, and Emotional Health		
(ARISE) program at NOCE		
✓ Review the		
Mobility Training		
Program at NOCE		
✓ Build PSE Schedule		
on strengths &		
wishes		
WISHCS		

### **EMPLOYMENT: Participate in Competitive Integrated Employment (CIE) in Career Pathway of Interest**

Maria... "I think that I need to make a plan NOW for employment career development. After thinking about it... the job areas that I like are working with people that are elderly and children within the medical field."

- Prepare for paid employment
- Participate in Paid & non-Paid Work
   Experiences
   (Animal Care, Senior Care, Clerical, Movie Theater or Health Care)
- Identify accommodations needed to support employment & job retention
- Get more information about the Project SEARCH Program
- Secure CIE Job in field of interest (Disneyland, Senior Care Center, Animal retail or care center, Health Care, Restaurant Hostess and/or Clerical Job)

#### **All Team Members**

- Maria Jones
- Kris Jones
- Christine Rarmer
- RichardRosenberg
- o Linda ONeal
- Geraldine Lopez (RCOC Service Coordinator)
- DOR Counselor

- Regional Center of Orange County
- Department of Rehabilitation/Laguna Hills Office
- Businesses/Employer
- How does Maria get enrolled in the Department of Rehabilitation (DOR) Program?
- 2. Will Maria consider a nonpaid work experience with a job coach to help in determining accommodation needs?
- 3. How does Maria access these services?
- 4. How does Maria get into the Project SEARCH Program?
- 5. How does Maria get signed up with the Goodwill of Orange County's employment preparation, placement, support, and retention services?
- 6. Explore Paid Internship
  Program PIP and / or
  Supported Employment
  ✓ Best Buddies Inc or
  - ✓ Goodwill of OC

 Identified work experiences or volunteer experiences

2021-22

Winter

2023

- List of job/work place accommodation needs
- Completed Work Experiences (Paid/Unpaid)
- Employment opportunities identified
- Request name on the Project
   Search Interest
   List at RCOC
- Hired in a parttime position in a career pathway of interest with job retention supports in place

### INDEPENDENT LIVING: Develop Skills Needed to Live independently in the Future (5-10 Years from Now)

Maria... "I want to live independently in 5 years or so I want to start with group home with other women who are pretty independent."

- Develop Independent Living Skills (ILS) in
- **Team Members**
- o Maria Jones
- Kris Jones
- Regional Center of Orange CountyJones Family
- What are the Self-Determination Skills that Maria needs to practice, to
- Now and Ongoing
- List of completed self-

anticipation of 5-10	<ul> <li>Robert Jones</li> </ul>	Consider Get SAFE as a 1	support the development of		determination
year move out date	<ul> <li>Christine Rarmer</li> </ul>	to 1 program option.	Self-Advocacy?		skills
	○ Richard		2. What are the independence		<ul><li>List of</li></ul>
<ul> <li>Practice Self-</li> </ul>	Rosenberg		skills that Morea want to		completed
Determination	○ Linda ONeal		practice and develop?		independence
Skills:	Geraldine Lopez		3. How does Maria practice the		skills
✓ Goal Setting	(RCOC Service		safety skills needed to		<ul> <li>List of safety</li> </ul>
✓ Decision Making			navigate the community		strategies
✓ Problem Solving	Coordinator)		successfully and, or develop		practiced and
✓ Self- Management/			replacement strategies?		learned
Self-Regulation					<ul> <li>Weekly Sunday-</li> </ul>
✓ Self-Advocacy					Saturday
					Schedule
• Increase					
independence					
Skills/Take care of					
own independence					
needs					
✓ Community Safety					
✓ Stranger Awareness					
✓ Sign up for OC					
Sheriff "Take Me					
Home Program"					
✓ Be Well OC					
<ul> <li>Develop a Weekly</li> </ul>					
Schedule that					
includes all					
activities including					
free time					
<ul> <li>Learn to cook meals</li> </ul>					
including pasta					
<b>HEALTH &amp; FITNESS:</b>					
Maria "I want to	exercise more 😊 wa	alking more and I want to w	vork on my healthy nutrition.	"	
Identify strategies	Team Members			Now &	
to support any	<ul><li>Maria Jones</li></ul>	❖ Jones Family		Ongoing	<ul><li>Approved</li></ul>
health limitations	○ Kris Jones	❖ Medical Team			exercise &
					fitness plan

<ul> <li>✓ Work on healthy living practices, including nutrition</li> <li>✓ Learn about medication requirements and ordering medication refills</li> <li>✓ Learn to make medical appointments</li> <li>✓ Explore medication distribution &amp; management system (Improvon)</li> <li>Robert Jones</li> <li>Christine Rarmer</li> </ul>	<ol> <li>What types of medical follow-up needs to be scheduled?</li> <li>How will Maria learn to monitor her medication needs and possible side effects?</li> <li>What types of fitness activities does Maria want to participate in?</li> </ol>	<ul> <li>Medication         Management         Tool</li> <li>Calendaring of         upcoming         medical         appointments</li> <li>Increased         medication         independence         efforts over         seen by mom</li> </ul>
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Maria... "I want to hang out with friends more – make new friends, typical friends, co-workers, and college buddies."

✓ Expand Social Opportunities ✓ Increase opportunities to get out in the	Team Members	<ul> <li>❖ Jones Family</li> <li>❖ Spirit League/Adult</li> <li>Programs</li> </ul>	1. What are some socialization activities that Maria wants to participate in?  ✓ Clubs	Now & Ongoing Initiating a new	<ul><li>List of attended social opportunities</li></ul>
participate in activities of interest  ✓ Sign up for and to participate in Challenger Base Ball as a Coach ✓ Sign up for the Spirit League Newsletter ✓ Consider starting a Cheer Leading	<ul> <li>Melissa Cory         (Spirit League)</li> </ul>		Activities  ✓ Volunteer Activities  2. How do we support Maria in making and keeping friends?  3. What strategies and supports are needed to promote successful travel trips with family?	for now	

Camp? special					
cheer 😊					
✓ Work on fear					
of travel					
✓ Identify strategies					
to deal with					
anxiety					
TRANSPORTATION:					
Maria "I have acce	ess and I continue wi	th OC ACCESS."			
Provide Travel			1. What travel training resources	Fall 2021	<ul> <li>Participate in</li> </ul>
Training		❖ Orange County Transit	are available?		Travel Training
✓ Community Safety		Authority	2. How does someone secure		Course (NOCE)
Crossing streets		https://www.octa.net/Bu	eligibility for the OC Access		<ul><li>Apply for OC</li></ul>
✓ OC Access (Apply		s/OC-ACCESS-	Para-Transit Program?		Access
for Eligibility)		Service/Overview/	_		<ul> <li>Get an OCTA</li> </ul>
✓ OCTA Bus					Reduced Fare
• Explore		North Orange Continuing			Pass
Transportation		Education Mobility			
Alternatives		Training Program			
Hop Skip Drive?		(In person or Virtual)			
Uber?					
		❖ Jones Family			
FINANCIAL MANAGE	MENT & PLANNING:				
Maria "I want mo	re money and indepe	endence and use the ATM.	,		
Participate in	, , , , , , , , , , , , , , , , , , , ,				
Benefits Planning	<b>Team Members</b>	❖ Project Independence			<ul> <li>Access Benefits</li> </ul>
activities	<ul> <li>Maria Jones</li> </ul>				Planning
✓ Learn how to report	<ul><li>Kris Jones</li></ul>				Services at
wages to the Social	<ul> <li>Robert Jones</li> </ul>				Project
Security	<ul><li>Christine Rarmer</li></ul>				Independence
administration	<ul><li>Nick Harriger</li></ul>				<ul> <li>Possible SSI</li> </ul>
using new App	<u>-</u>				monthly pay
✓ Learn about Work	(Certified Benefits				adjustment
Incentives to be	Planner)	❖ NOCE Classes			<ul><li>Utilize a</li></ul>
used once in a paid					weekly/monthly
		1			budget

✓ Check into "Fair		Opened ABLE
Share" increase in		Account with Cal
SSI Payment	❖ CalABLE	ABLE
<ul> <li>Learn to set and</li> </ul>		
manage a budget		
✓ ATM Card		
Check into opening		
an ABLE Savings		
Account		
✓ Pay for disability		
related expenses		
without		
jeopardizing public		
benefits		
✓ Increase financial		
literacy		

# **AGENCY CONNECTIONS**

Agency/Service	Team Member*	Agency/Service	Questions	Timeline	Outcomes
Provider	/Contact	Provider Information			
Regional Center of OC	Geraldine Lopez (RCOC Service Coordinator)	Regional Center of Orange County https://www.rcocdd.com/	<ol> <li>How do I get signed up for the PS Waiting list?</li> <li>How can RCOC help with transportation needs to education, work training and other activities?</li> <li>Can RCOC support community college activities with Tailored Day Services?</li> <li>Is the new Self-Determination Program appropriate for Moore?</li> </ol>	Now & on- going	<ul> <li>Request         placement on         the Project         SEARCH waiting         list</li> </ul>
Department of Rehabilitation	Vocational Rehabilitation (VR) Counselor	Department of Rehabilitation Laguna Hills Office	When will it be appropriate to consider completing an application to DOR for	Spring/ Summer 2022	<ul><li>Plan to apply for Vocational Rehabilitation</li></ul>
Supported Employment		24012 Calle De LA Plata Suite 220	Vocational Rehabilitation (VR) Services?		(VR) Services

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		Laguna Hills 92653	2. Identify Career Goal		<ul> <li>Participation in</li> </ul>
		(949) 598-7942			DOR VR Services
		https://www.dor.ca.gov/			Program
					0
Coastline Community	Rachelle Lopez	https://catalog.cccd.edu/co	1. What is the schedule for this	ASAP for	<ul><li>Information</li></ul>
College	rlopez@coastline.edu	astline/pathways/college-	non-credit program?	Spring	about the
		preparation-career-	3. What kinds of supports are	Enrollment	Coastline Animal
		development/special-	provided through the Coastline		Care Certificate
		education/animal-care-	College's Special Programs		Program
		certificate-completion/	Career Options through		_
			Academic Support and Training		
			(COAST) Program?		
North Orange	Casey Sousa	North Orange Continuing	1. What types of classes does	By January	<ul><li>Visit the NOCE</li></ul>
<b>Continuing Education</b>	(Disability Support	Education	Maria want to take at NOCE?	2022	Arise Lab
	Services)	https://noce.edu/admission	2. What supports are available		<ul> <li>Application for</li> </ul>
	(714) 808-4932	-registration/	through the NOCE Disabilities		NOCE completed
	csousa@noce.edu		Services Center?		by Spring 2022
	The lab has been	ARISE Lab	3. What kinds of supports are		○ List of possible
	designed to provide	https://noce.edu/student-	available through the ARISE		NOCE classes &
	individualized support	services/disability/counseli	Lab?		programs
	to students with Neuro	ng-support/arise-lab/			○ Cypress College
	developmental Disorder				"First Steps"
	(ASD), but many				Program
	students benefit from				information
	the services provided by				
	ARISE. Students receive				
	assistance in managing				
	the transition to college, persisting through				
	challenges, and				
	completing their				
	postsecondary				
	education goals. All				
	students who are 18				
	years or older, and who				
	are enrolled in at least				
	one class at NOCCCD are				
	eligible to take				

	advantage of the ARISE lab's services.				
Santiago Canyon College	Angela Guevara Disability Student Services Specialist	https://www.sccollege.edu/D epartments/oec/continuinged ucationprogramsoffered/Progr ams-for-Adults-with- Disabilities/Pages/default.asp x 714-628-4860 or guevara_angela @sccollege.edu	<ol> <li>Which class should Maria enroll in for Project SEARCH?</li> <li>Is this class in-person or virtual?</li> </ol>	December 2021 for Spring or Summer Enrollment	<ul> <li>Enroll in employment skills development class</li> </ul>
Spirit League	Melissa Cory President Emeritus,	Spirit League www.spiritleague.org	What is the cost for participating in the sports	December 2021 for	<ul><li>Signed up for Spirit League</li></ul>
Possible CHEER	Advisor, Occupational Therapist	714-417-9553 info@spiritleague.org	<ul><li>camp?</li><li>2. Consider volunteering to be a baseball coach for the youth program?</li><li>3. Considering starting a cheer leading option to support Spirit League?</li></ul>	Spring participation	activities
Project Independence	Nick Harriger (Certified Benefits Planner) 1-714 549-3464 x228 nick@proindependen ce.org	http://www.proindependen ce.org/core- programs/#core-prg-5	<ol> <li>What kinds of benefits planning supports can Maria participate in?</li> <li>What are work incentives that Maria should consider using once employed?</li> </ol>	Once applying for paid jobs	<ul> <li>Enrolled in Benefits Planning Services</li> </ul>
Orange County Transportation Authority	https://www.octa.net/	Orange County Transit Authority <a href="https://www.octa.net/Bus/OC-ACCESS-Service/Overview/">https://www.octa.net/Bus/OC-ACCESS-Service/Overview/</a>	How can the ACCESS Program     be used to support Maria's     transportation needs?	Now	ACCESS Eligible     with a current     pass
CalABLE	https://www.calable. ca.gov/about	https://www.calable.ca.gov	How can Cal ABLE help to provide a savings and investment opportunity?	Now	Opened Cal Able Savings Account