

# Recreation Resource Guide

Updated May 2021



**Regional Center of Orange County  
and  
Comfort Connection Family Resource Center**

RCOC

714-796-5100

Comfort Connection

714-558-5400



Comfort Connection Family Resource Center

Dear Parent or Caregiver,

We realize that accessing various social and recreational programs for your child with special needs requires planning. The following list of questions has been compiled by parents and professionals who understand some of the considerations and accommodations that may be necessary.

Whether you approach a provider in person, inquire over the phone, or by email, it may be helpful to explain that you are inquiring on behalf of someone who has special needs and you would like to ask a few questions about the program. We realize that not all of these questions may apply to your situation, but you may use them as a guideline to ask relevant questions for your family.

- Do you currently serve any individuals with physical or intellectual disabilities that you know of at this time?
- What is your adult to student ratio for classes and/or activities offered?
- How is your staff trained on providing services for individuals with disabilities?
- Can you provide the additional support my child needs, such as toileting, feeding? (Feel free to share examples of any specific assistance needed.)

The specific details of these programs may change periodically. In addition, you may want to contact the city you live in to request a current listing of recreation activities.

The agencies, individuals and programs listed in this guide are not endorsed by Regional Center of Orange County. This information is provided as a courtesy to assist you with locating recreational and social opportunities. For additional resource information, please contact Comfort Connection Family Resource Center at (714) 558-5400 or email [ccfr@rcocdd.com](mailto:ccfr@rcocdd.com).



## **Comfort Connection Family Resource Center**

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*The following information was updated as of May of 2021 and is subject to change at any time. If there are any additions or changes, please contact Comfort Connection Family Resource Center at (714) 558-5400 or email [ccfrc@rcocdd.com](mailto:ccfrc@rcocdd.com).*

# Recreation Resource Guide

## Recreation Opportunities

### **ACEing Autism**

*Phone:* (310) 401-0544

*Other language spoken:* Spanish and Vietnamese, varies according to location.

*Email:* [info@aceingautism.org](mailto:info@aceingautism.org)

*Website:* [www.aceingautism.org](http://www.aceingautism.org)

*Address:* Mission Viejo, Newport Beach, Yorba Linda. Call for address.

*Description:* ACEing Autism was created to enhance the lives of children and families with autism through tennis.

*Plans for Summer 2021:* TBD

### **Aliso Viejo Ice Palace**

*Phone:* (949) 643-9648

*Website:* [www.avicepalace.com](http://www.avicepalace.com)

*Address:* 9 Journey, Aliso Viejo, 92656

*Description:* Ice Skating, hockey and special events for all

*Plans for Summer 2021:* By reservation only. Masks are required to enter Facility.

### **American Youth Soccer Organization (A.Y.S.O.)**

*Phone:* (800) 872-2976

*Other language spoken:* Spanish and Vietnamese depending on coach availability.

*Email:* [vip@ayso.org](mailto:vip@ayso.org)

*Website:* [www.ayso.org/VIP](http://www.ayso.org/VIP)

*Address:* call for your local program

*Description:* Very Important Player (VIP) program provides a quality soccer experience for children and adults whose physical or intellectual disabilities make it difficult to successfully participate on mainstream teams.

*Plans for Summer 2021:* Varies by region. Please go to the website and select “find your region,” enter your zip code and select VIP program.

### **Autism Spectrum Athletics (ASA)**

*Contact:* Manuel Zapata

*Phone:* (909) 973-3873

*Other Languages Spoken:* Spanish

*E-mail:* [austismspectrumathletics@yahoo.com](mailto:austismspectrumathletics@yahoo.com) or [asa4mannyz@yahoo.com](mailto:asa4mannyz@yahoo.com)

*Website:* <http://www.autismspectrumathletics.org/>

*Description:* Autism Spectrum Athletics (ASA) offer non-competitive seasonal sports leagues for children 4 to 18 years with ASD and other related disorders. Programs and teams are designed around age, ability and functioning level including basketball, bowling, baseball, T-ball, flag football and soccer.

*Plans for Summer 2021:* No summer program. Fall programs include Soccer and Flag Football.

### **Basketball - Hoopstars Basketball**

#### **Fullerton / Anaheim**

*Phone:* (714) 257-4391

*Email:* [hoopstars@fullertonfree.com](mailto:hoopstars@fullertonfree.com)

*Website:* [www.hoopstarsbb.com](http://www.hoopstarsbb.com)

*Address:* Fullerton / Anaheim

*Description:* This league was created to provide a social environment for children and adults with special needs to participate on basketball teams in a way that instills a sense of accomplishment, teamwork, and competition.

*Plans for Summer 201:* Unknown

### **Best Day Foundation**

*Contact:* Chris Martin (Participant Coordinator)

*Phone:* (949) 923-0451

*Email:* [chris@bestdayfoundation.org](mailto:chris@bestdayfoundation.org)

*Website:* [www.bestdayfoundation.org](http://www.bestdayfoundation.org)

*Description:* Best Day Foundation is a volunteer organization that helps children with special need, ages 4 to 24+, build confidence and self-esteem through safe, fun, adventure activities like surfing, bodyboarding, kayaking, snow sports, and more.

*Plans for Summer 2021:* TBD

### **Big Fun Gymnastics**

*Phone:* (310) 837-7849

*Email:* [frazier.bigfungym@gmail.com](mailto:frazier.bigfungym@gmail.com)

*Website:* [www.bigfungymnastics.com](http://www.bigfungymnastics.com)

*Address:* Rancho Santa Margarita, Fountain Valley and Chino

*Description:* Gymnastics and occupational therapy services for children with special needs.

*Plans for Summer 2021:* Open year-round.

### **Bowling Leagues at Saddleback Lanes**

*Phone:* (949) 586-5300

*Other language spoken:* Spanish

*Email:* [info@saddlebacklanes.com](mailto:info@saddlebacklanes.com)

*Website:* [www.saddlebacklanes.com](http://www.saddlebacklanes.com)

*Address:* 25402 Marguerite Parkway, Mission Viejo, 92692

*Description:* Adaptive weekly bowling leagues for all ages and abilities all year round; tournaments throughout Saddleback and Capistrano Unified School Districts.

*Plans for Summer 2021:* Unknown

### **Cal South TOPSoccer**

*Contact:* Sandy Castillo

*Phone:* (657) 378-8606 cell (714)524-3354 home

*Other languages spoken:* Spanish

*Email:* [sandjules13@gmail.com](mailto:sandjules13@gmail.com) or [scastillo@calsouth.com](mailto:scastillo@calsouth.com)

*Website:* <https://calsouth.com/topsoccer/>

*Description:* This program provides soccer opportunities for all ages.

*Plans for Summer 2021:* Some programs are starting in the Spring, others are beginning in the Fall. Call or email for information on the program closest to you.

### **Challenger Division of Little League Baseball**

*Contact:* Denny and Kelly Curran for a team near Orange, Santa Ana, Tustin and Villa Park areas

*Phone:* (714) 744-6581

*Email:* [kcurran@stradlinglaw.com](mailto:kcurran@stradlinglaw.com)

*Spanish Contact:* Yannett Andaya

*Phone:* (714) 204-6231

*Email:* [nesallchallenger@gmail.com](mailto:nesallchallenger@gmail.com)

*Website:* <https://www.littleleague.org/play-little-league/challenger/>

*Address:* Various team locations throughout Orange County

*Description:* Girls and boys of all abilities play. Ages 4 – 26, or completion of high school and senior division, ages 14 and up. Registration typically begins in November/December; play begins in late February through June.

*Plans for Summer 2021:* All leagues are currently registering players and are following state COVID-19 guidelines. A shorter season will begin in April and end in June.

### **Cypress Youth Baseball**

*Contact:* Sherman Havelaar

*Phone:* (657) 214-0427

Email: [info@cypressyouthbaseball.org](mailto:info@cypressyouthbaseball.org)

Website: [www.cypressyouthbaseball.org](http://www.cypressyouthbaseball.org)

Address: P.O Box 1435, Cypress, 90630

Description: Cypress Youth Baseball is offered at no charge to special needs players ages 4 to adults during Spring.

*Plans for Summer 2021:* Unknown

### **Fish for Life**

Contact: Jim Holden

Phone: (949) 285-8819

Email: [jim@fishforlife.org](mailto:jim@fishforlife.org)

Website: [www.fishforlife.org](http://www.fishforlife.org)

Description: Fish for Life is an organization with a charter to enhance the lives of special needs individuals by inviting selected group to enjoy a complimentary half day fishing trip on the sea.

*Plans for Summer 2021:* Monthly trips August through November.

### **Heart of Sailing**

Phone: (949) 236-7245

Email: [info@heartofsailing.org](mailto:info@heartofsailing.org)

Website: [www.heartofsailing.org](http://www.heartofsailing.org)

Address: Dana Point Marina, P.O. Box 4073, Dana Point, 92629

Description: A nautical adventure for children with special needs. Ages 8-18 (exceptions made for ages 3 to 60 years old).

*Plans for Summer 2021:* Unknown

### **Karate For All**

Phone: (714) 731-4668

Other language spoken: Spanish

Email: [karateforall@cox.net](mailto:karateforall@cox.net)

Website: [www.karateforall.org](http://www.karateforall.org)

Address: Locations in Tustin and Mission Viejo

Description: This is a program developed specifically for children with special needs, ages 3-adult. The basics of self-defensive techniques are taught including kicking, punching, and blocking, thereby providing benefits in gross motor, sensory, cognitive and psychosocial functioning. All instructors are certified Occupational Therapists and have black belts in karate. Occupational Therapy principles are combined with martial arts skills.

*Plans for Summer 2021:* Continue to offer in-person and remote Zoom classes.

### **Kingpin Bowling League at Irvine Lanes (City of Irvine Disability Services)**

Phone: (949) 724-6637

Website: [www.yourirvine.org](http://www.yourirvine.org)

Address: 1 Civic Center Plaza, Irvine, 92606

Description: Adaptive bowling for all disabilities ages 16 and over from March to June and September to December

*Plans for Summer 2021:* Cancelled thorough June 2021, check back for September availability.

### **Laguna Niguel Girls Softball**

#### **CHAMPS Program for intellectually challenged girls**

Contact: Mike

Email: [softballkash@gmail.com](mailto:softballkash@gmail.com), [lagunaniguelfastpitch@gmail.com](mailto:lagunaniguelfastpitch@gmail.com)

Website: [www.lagunaniguelfastpitch.org/champs](http://www.lagunaniguelfastpitch.org/champs)

Description: Softball program for girls with intellectual challenges of all ages. The programs runs January to April for a fee of \$25.

*Plans for Summer 2021:* Next season starts spring 2022!

### **Makapo Aquatics Project**

Phone: (714) 868-6252

Email: [info@makapo.org](mailto:info@makapo.org)

Website: [www.makapo.org](http://www.makapo.org)

Address: 1 Whitecliffs Dr., Newport Beach, 92660

Description: The Makapo Aquatics Project provides inclusive outrigger paddling to disabled people of all ages. Competitive and recreational level programs are available to adults with vision impairments, their family, and friends. Youth programs serve a broader range of disabilities - cerebral palsy, blindness, cognitive delays, etc. Siblings and peers are welcome to join the program to give participants a unique opportunity to be on a team together.

*Plans for Summer 2021:* TBD

### **Miracle League of Orange County**

Phone: (714) 713-2512

Other language spoken: Spanish

Email: [info@ocmiracleleague.com](mailto:info@ocmiracleleague.com)

Website: [www.ocmiracleleague.com](http://www.ocmiracleleague.com)

Address: Pioneer Park, 2565 E. Underhill, Anaheim

Mailing Address: 6321 Apache Road, Westminster, Ca 92683

Description: Boys and girls with physical and intellectual disabilities are given the opportunity to play baseball. The Miracle League of Orange County plays baseball on a specially built, fully ADA adaptable synthetic turf field, which is safe for participants in wheelchairs and/or participants who use walkers. Minimum age to play is 3-4 years old. Financial aid is provided if you are not able to pay for tuition.

*Plans for Summer 2021:* TBD

### **Orange County Marine Institute**

Phone: (949) 496-2274

Email: [guestservices@oceaninstitute.org](mailto:guestservices@oceaninstitute.org)

Website: [www.ocean-institute.org](http://www.ocean-institute.org)

Address: 24200 Dana Point Harbor Drive, Dana Point, 92624

Description: Educational and recreational cruises offered to the public to learn about ocean facts, sea creatures, oceanography, science, and California history, students voyage onto the ocean, study in labs and live aboard tall ships or in the chaparral, where they can feel and taste the salty sea spray, sort through live specimens, and observe migrating whales on our Dana Point whale watch cruises.

*Plans for Summer 2021:* Registration opens March 20<sup>th</sup>

### **Pop Warner Challenger Cheer/Football**

Email: [info@hbpopwarner.org](mailto:info@hbpopwarner.org)

Websites: <https://www.hbpopwarner.com/>

Description: The flag football and cheer program is offered to children, ages 5 to 18, who have special needs, who live in Huntington Beach and surrounding communities.

*Plans for Summer 2021:* Unknown

### **Ride Your Horse! Therapeutic Riding Program**

Contact: Kristen Brook

Phone: (562) 677-4077

Email: [info@rideyourhorsecerritos.com](mailto:info@rideyourhorsecerritos.com)

Website: [www.rideyourhorsecerritos.com](http://www.rideyourhorsecerritos.com)

Address: B & B Stables, 10730 Artesia Blvd., Cerritos 90703

Description: Ride Your Horse! Therapeutic Riding Program goals are to provide quality equine-assisted activities to individuals with disabilities, and encourage self-growth through physical, cognitive, social, and emotional benefits. Lessons provided to children and adults of all ages.

*Plans for Summer 2021:* Unknown

### **The Rinks, Yorba Linda Ice**

Phone: (714) 692-8776, ext 10

Email: [ylprogramoffice@therinks.com](mailto:ylprogramoffice@therinks.com)

Website: [www.yorbalindaicerink.com](http://www.yorbalindaicerink.com)



*Address:* 23641 La Palma, Yorba Linda, 92887  
*Description:* Ice skating, parties and special events.  
*Plans for Summer 2021:* TBD

### **Shea Therapeutic Riding Center**

*Contact:* Trish Evans, PTA  
*Phone:* (949) 240-8441  
*Email:* [tevans@sheacenter.org](mailto:tevans@sheacenter.org)  
*Website:* [www.sheacenter.org](http://www.sheacenter.org)  
*Address:* 26284 Oso Road, San Juan Capistrano, 92675  
*Description:* Full-time program of adaptive and therapeutic horseback riding for ages two and older with all disabilities. Summer horse camp is also offered.  
*Plans for Summer 2021:* Open

### **“Shooting Stars” Basketball League – Orange County**

*Contact:* (714) 357-0315  
*Email:* [ocshootingstars@gmail.com](mailto:ocshootingstars@gmail.com)  
*Address:* Orange, Ca  
*Description:* Shooting Stars is a league for all levels of special needs players, 1st grade - Adult. Season: summer and winter.  
*Plans for Summer 2021:* Unknown

### **“Shooting Stars” Basketball League – Saddleback Valley Community Services**

*Contact:* Laurie & Richard Jimenez  
*Email:* [SVUSDShootingStars@gmail.com](mailto:SVUSDShootingStars@gmail.com)  
*Address:* South County locations  
*Description:* SVUSD Shooting Stars is a league for all levels of special needs players, 1st grade - Adult. Season: summer and winter.  
*Plans for Summer 2021:* Hope to host a summer session starting in June.

### **Special Olympics of Southern California**

*Phone:* (714) 564-8374 (Orange County Community Office)  
*Other language spoken:* Spanish  
*Email:* [info@sosc.org](mailto:info@sosc.org)  
*Website:* [www.sosc.org](http://www.sosc.org)  
*Description:* The mission of Special Olympics Southern California is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities.  
*Plans for Summer 2021:* For SOSC updates regarding coronavirus (COVID-19), including programming, visit <https://wearesosc.org/?s=coronavirus> .

### **Serving Advantage**

*Phone:* (714) 923-9488  
*Email:* [serving.advantage@gmail.com](mailto:serving.advantage@gmail.com)  
*Website:* <https://serving-advantage.com>  
*Address:* Tustin & Anaheim  
*Description:* Serving Advantage is an adaptive tennis program for kids with cognitive or developmental challenges, 8-13 years old. The tennis clinic and summer camp are conducted in Tustin and Anaheim.  
*Plans for Summer 2021:* In addition to our bimonthly clinics, we are offering a summer camp July 19<sup>th</sup> -23<sup>rd</sup> .

### **Spirit League**

*Phone:* (714) 417-9553  
*E-mail:* [info@spiritleague.org](mailto:info@spiritleague.org)  
*Website:* [www.spiritleague.org](http://www.spiritleague.org)  
*Address:* South Orange County



*Description:* Team sports for youth and adults ages 6 - 30 years. We teach the fundamentals of each sport while emphasizing the critical social skills necessary to work as a team. Our youth program includes basketball, baseball and soccer while our adult program includes basketball and volleyball. Athletes must be ambulatory. Scholarships available; visit website for details.

*Plans for Summer 2021:* Both our youth and adult athletes are playing in Outdoor Basketball Clinics this Spring in Laguna Niguel (April – June). We are also offering a volleyball season for our adult athletes in Summer 2021. (Note: The Spirit League Program has been modified to comply with applicable State and local guidelines related to sports activities and COVID-19.)

### **Surfers Healing**

*Contact:* Israel or Danielle Paskowitz

*Phone:* (949) 290-9420 or (877) 966-SURF

*Website:* [www.surfershealing.org](http://www.surfershealing.org)

*Address:* P.O. Box 1267, San Juan Capistrano, 92693

*Description:* Surfers Healing seeks to enrich the lives of children with autism and the lives of their families by exposing them to the unique experience of surfing. Contact directly for more information.

*Plans for Summer 2021:* Unknown

### **Therapeutic Riding Center of Huntington Beach**

*Phone:* (714) 848-0966

*Email:* [info@trchb.org](mailto:info@trchb.org)

*Website:* [www.trchb.org](http://www.trchb.org)

*Address:* 18381 Goldenwest St., Huntington Beach, 92648

*Description:* The Therapeutic Riding Center of Huntington Beach provides equine assisted therapy for children and adults with a wide range of disabilities.

*Plans for Summer 2021:* Open

### **Top Flight Ice Hockey**

*Contact:* Tanner Privia

*Phone:* (714) 901-2629

*Email:* [tprivia@TheRinks.com](mailto:tprivia@TheRinks.com)

*Website:* <https://www.nhl.com/ducks/community/top-flight-street-hockey>

*Address:* To Be Determined

*Description:* The Top Flight Ice Hockey Program is an ice hockey program designed for participants with special needs. Players will participate in weekly practices focusing on the fundamentals of hockey including skating, shooting, passing, and stick handling.

*Plans for Summer 2021:* Anticipated to resume in June or July.

### **Top Flight Street Hockey**

*Contact:* Tanner Privia

*Phone:* (714) 901-2629

*Email:* [tprivia@TheRinks.com](mailto:tprivia@TheRinks.com)

*Website:* <https://www.nhl.com/ducks/community/top-flight-street-hockey>

*Address:* 3150 Barranca Parkway, Irvine CA 92606

*Description:* The Top Flight Street Hockey League is street hockey program designed for participants with special needs. Players will participate in weekly practices focusing on the fundamentals of hockey including shooting, passing, stick handling, and will also play in weekly games.

*Plans for Summer 2021:* Anticipated to resume in June or July.

### **UCP of Orange County**

*Phone:* (949) 333-6400

*Other language spoken:* Spanish

*Email:* [info@ucpoc.org](mailto:info@ucpoc.org)

*Website:* [www.ucpoc.org](http://www.ucpoc.org)

*Address:* 980 Roosevelt, Suite 100, Irvine, 92620

*Description:* Recreation opportunities for all special needs. Classes include art, dance, martial arts and yoga.

*Plans for Summer 2021:* TBD - none scheduled at this time.

### **Unified Basketball - Korean American Special Education Center**

*Contact:* Rachel

*Phone:* (562) 926-2040

*Other language spoken:* Korean 한국어

*Email:* [program@kasecca.org](mailto:program@kasecca.org)

*Website:* [www.kasecca.org](http://www.kasecca.org)

*Address:* 1661 N Raymond Ave. STE 109, Anaheim, CA 92810 (TBD)

*Description:* Physical and social skills of students with developmental disabilities are enhanced by participating in basketball with students partners and the guidance from specialists and professional basketball coaches. Two groups available: skill learning / basketball team.

*Plans for Summer 2021:* 16 week sessions occur during Spring and Fall semesters.

### **United Studios of Self Defense – Martial Arts for All**

*Phone:* (949) 588-8773

*Website:* <http://foothillranch.ussd.com/>

*Email:* [fhussd@att.net](mailto:fhussd@att.net)

*Address:* 26756 Portola Pkwy. #2-D, Foothill Ranch, 92610

*Description:* Martial art classes for special needs support the development of motor skills, promotes social skills through team building activities and teaches life skills such as respect and responsibility. Instructors who are knowledgeable in ABA understand the importance of positive reinforcements to increase desired behaviors.

*Plans for Summer 2021:* Open

### **Us Too Gymnastics**

*Phone:* (949) 716-1970

*Other language spoken:* Spanish

*Email:* [ustoogymnastics@yahoo.com](mailto:ustoogymnastics@yahoo.com)

*Website:* [www.ustoogymnastics.org](http://www.ustoogymnastics.org)

*Address:* 25 Spectrum Pointe Drive, Suite 405, Lake Forest, 92630

*Description:* Inclusive gymnastics school for children, teens and young adults with autism and other disabilities. Social interaction and physical activity are combined and promoted.

*Plans for Summer 2021:* In person classes throughout the summer. Summer camp in July.

### **Waterworks Aquatics**

*Phone:* (949) 450-0777

*Other language spoken:* Spanish

*Email:* [info@waterworksswim.com](mailto:info@waterworksswim.com)

*Website:* [www.waterworksswim.com](http://www.waterworksswim.com)

*Address:* 25 Waterworks Way, Irvine, 92618

New locations in Huntington Beach, Yorba Linda and Anaheim Hills

*Description:* Ages 3 months to adult. Educate and motivate people of all ages to be safer and learn proper swimming techniques.

*Plans for Summer 2021:* TBD

### **Williams Academy of Mixed Martial Arts**

*Contact:* Corey Williams

*Phone:* (714) 661-4439

*Email:* [theacademy.corey@gmail.com](mailto:theacademy.corey@gmail.com)

*Website:* [www.williamsmma.com](http://www.williamsmma.com)

*Address:* 8552 Warner Ave. Fountain Valley, 92708

*Description:* Williams Academy is dedicated to offering martial arts skills training to children ages 3 to adulthood with disabilities who need minimal assistance. Private lessons focus on the development of gross motor skills, motor planning, coordination, active listening skills, and self-defense techniques. Private lessons are tailored to the

unique needs of each student's ability. Experienced instructors focus on safety as well as building the student's confidence, increasing self-esteem, and creating a personalized health and fitness program.

*Plans for Summer 2021:* Open

### **Yoga with Julie**

*Phone:* (949) 689-7718

*Email:* [juliereister@mac.com](mailto:juliereister@mac.com)

*Description:* Classes formerly held at DSAOC, United Cerebral Palsy and Hope University since 1995.

Tune in, chill out, shape up and experience a sense of calm and well being through Yoga. All ages and all abilities welcome. Private and group lessons available.

*Plans for Summer 2021:* Open

## **Social Opportunities**

### **4-H Youth Development Program**

*Contact:* Rita Jakel

*Phone:* (949) 653-1803

*Email:* [oc4h@ucanr.edu](mailto:oc4h@ucanr.edu)

*Website:* [www.oc4h.org](http://www.oc4h.org)

*Address:* University of CA, Cooperative Extension O.C., 7601 Irvine Blvd., Irvine, 92618

*Description:* Outdoor activities, animal science, arts and crafts, cooking and woodworking activities are offered to children ages 5-19 of any disability. Call for a club near you.

*Plans for Summer 2021:* Club meetings, virtual projects, in-person projects (with proper safety protocols), OC 4-H Fun Fridays, CA 4-H Virtual Summer Camp (two one-week sessions July 19-23 and Aug 9-13), participation in OC Fair July 16-Aug 15 with livestock show prior to OC Fair opening. Program year runs July 1 to June 30.

### **Best Buddies International (BBI)**

*Contact:* Erika Javier

*Phone:* (949)569-8100 ext 2

*Email:* [california@bestbuddies.org](mailto:california@bestbuddies.org)

*Website:* [www.bestbuddies.org](http://www.bestbuddies.org)

*Address:* 15251 Barranca Parkway Suite B. Irvine CA 92618

*Description:* BBI serves to empower individuals 12+ with IDD, helping them form meaningful friendships with their peers, secure successful jobs, improve public speaking, self-advocacy and communication skills, and feel valued by society.

*Plans for Summer 2021:* Offer services both in-person and virtually to ensure the safety and comfort of participants. Job development and coaching will depend on the employer and their preference of service.

### **Boy Scouts of America – Orange County Council**

*Phone:* (714) 546-4990 or (714) 546-8558

*Other language spoken:* Spanish and Vietnamese

*Email:* [help@ocbsa.org](mailto:help@ocbsa.org)

*Website:* [www.ocbsa.org](http://www.ocbsa.org)

*Address:* 1211 E. Dyer Rd., Santa Ana, CA 92705

*Description:* Inclusive troops are available to boys ages 7-17.

*Plans for Summer 2021:* Check website and enter your zip code - programs vary by location.

### **Boys and Girls Club**

*Phone:* (714) 543-5540 (Corporate Office)

*Other language spoken:* Spanish and Vietnamese depending on location

*Website:* [www.bgca.org](http://www.bgca.org)

*Address:* Refer to website for locations

*Description:* Youth development professionals provide kids with health and life skills, as well as the arts, sports, fitness and recreation. The staff works closely with parents of children from kindergarten through high school.

*Plans for Summer 2021:* Check website - varies by location.

### **Camp ReCreation**

*Phone:* (714) 347-9627

*Email:* [camp@ccoc.org](mailto:camp@ccoc.org)

*Website:* [www.camprecreationccoc.com](http://www.camprecreationccoc.com)

*Address:* Vanguard University, 55 Fair Drive, Costa Mesa, 92626

*Description:* Offering day events for families with special needs individuals (e.g., Halloween Trunk-or-Treat and Lunch with Santa)

*Plans for Summer 2021:* Summer fun day event.

### **Circle of Friends – City of Laguna Hills**

*Phone:* (949) 707-2683

*Email:* <https://www.lagunahillsca.gov/337/Circle-of-Friends>

*Address:* 25555 Alicia Pkwy, Laguna Hills, 92653

*Description:* Monthly activities for young adults ages 13 and older, of all abilities.

*Plans for Summer 2021:* Unknown

### **City of Irvine Disability Services-Recreation**

*Contact:* Cory Pawar

*Phone:* (949) 724-6637

*Other languages spoken:* Members of the public can receive verbal translation services when they call Sweet Shade Ability Center.

*Email:* [disabilityservices@cityofirvine.org](mailto:disabilityservices@cityofirvine.org)

*Website:* [www.cityofirvine.org/disability-services](http://www.cityofirvine.org/disability-services)

*Address:* 15 Sweet Shade, Irvine, 92606

*Description:* Programs are available for ages 6+ with registration on [www.yourirvine.org](http://www.yourirvine.org). Irvine residency is not required for participation. Programs focus on art, sports, science, social skills, and more.

*Plans for Summer 2021:* Modified programming, tentatively including a combination of in-person and virtual classes.

### **Dance for Adults With Disabilities - City of Fountain Valley**

*Contact:* Yvette Aguilar, Community Services Manager

*Phone:* (714) 593-4446

*Other language spoken:* Spanish

*Email:* [FVAdvisoryCommittee@FountainValley.org](mailto:FVAdvisoryCommittee@FountainValley.org)

*Website:* [www.fountainvalley.org](http://www.fountainvalley.org)

*Address:* 17967 Bushard St., Fountain Valley, 92708 (Currently closed due to the COVID-19 pandemic)

*Description:* Dancing for adults with disabilities at The Center at Founders Village, presented by the City of Fountain Valley. Dances are every other month from 7 to 9 p.m. Tickets are \$1.00 each and include snacks.

*Plans for Summer 2021:* **Free Virtual Zoom Dances** for adults 18 and older, with disabilities. Tentative Dates for 2021: June 4, August 6 and October 1<sup>st</sup>. For more information about the next dance, please call The Center at Founders Village at (714) 593-4446.

### **The Friendship Circle**

*Phone:* (949) 721-9800

*Other language spoken:* Spanish

*Email:* [info@friendshipcircleoc.org](mailto:info@friendshipcircleoc.org)

*Website:* [www.friendshipoc.org](http://www.friendshipoc.org)

*Address:* 2240 University Drive, Newport Beach, 92660

*Description:* The Friendship Circle extends a helping hand to families who have children with special needs, involving them in a full range of social and recreational programs. Friendship Circle provides a wide variety of activities, in a non-judgmental environment, that are designed to enhance family dynamics and build friendships through fun-filled programs, support groups and social opportunities.

*Plans for Summer 2021:* TBD

### **Girl Scouts**

*Phone:* (949) 461-8800

*Other language spoken:* Spanish

*Website:* [www.girlscoutsoc.org](http://www.girlscoutsoc.org)

*Address:* Troops offered in various locations

*Description:* Inclusive troops throughout Orange County are offered to girls ages 5-17.

*Plans for Summer 2021:* In-person troop and group meetings may resume beginning 3/01/2021. They will continue to offer virtual programming and resources for troop leaders and volunteers to support virtual gatherings and badge-earning activities.

### **Integrity House & Harbor House**

*Phone:* (714) 542-0855

*Other language spoken:* Spanish

*Email:* [info@allianceofabilities.org](mailto:info@allianceofabilities.org)

*Website:* [www.allianceofabilities.org](http://www.allianceofabilities.org)

*Address:* 2043 N. Broadway, Santa Ana, 92706 and 27611 La Paz Rd., Ste C, Laguna Niguel, 92677

*Description:* Clubhouses are committed to helping with the social, independent living and housing needs of adults with intellectual disabilities.

*Plans for Summer 2021:* TBD

### **Project Independence**

*Contact:* Todd Eckert

*Phone:* (714) 549-3464 ext. 273

*Other language spoken:* Spanish

*Email:* [Todd@proindependence.org](mailto:Todd@proindependence.org)

*Website:* [www.proindependence.org](http://www.proindependence.org)

*Address:* 3505 Cadillac, Suite O-103, Costa Mesa, 92626

*Description:* Access To Adventure program offers recreation activities that challenge, excite and entertain at an affordable price for clients served by Project Independence.

*Plans for Summer 2021:* Zoom programs including holiday celebrations, gardening clinics, cooking clinics and more. Toward the end of 2021, we hope to move into in-person activities including on-water boat trips, bowling, kayaking and indoor skydiving.

### **Tuesday Night Together at First Presbyterian Church of Orange**

*Contact:* Liz Calvo at [lizc2806@aol.com](mailto:lizc2806@aol.com)

*Phone:* (714) 538-2341

*Website:* [www.firstpresorange.org/tnt/](http://www.firstpresorange.org/tnt/)

*Address:* 191 North Orange, Orange, 92868

*Description:* TNT is a Bible fellowship for adults who are developmentally challenged. Dinner and drinks are available for a minimal fee. Bible Study, participate in the TNT choir and create meaningful friendships and personal relationship with God. TNT participants are invited to attend Friday Night Live – a monthly social activity that vary from game night to dances.

*Plans for Summer 2021:* Suspended until further notice.

### **Virtual Social Hangout - Korean American Special Education Center**

*Contact:* Rachel

*Phone:* (562) 926-2040

*Other language spoken:* Korean 한국어

*Email:* [program@kasecca.org](mailto:program@kasecca.org)

*Website:* [www.kasecca.org](http://www.kasecca.org)

*Address:* 1661 N Raymond Ave. Ste. 109, Anaheim, CA 92810 (Program is offered via Zoom)

*Description:* Program for individuals with developmental disabilities. Learning and developing different social and communication skills through peer interaction, perspective taking, group projects, and games. Two age groups available: Middle-High / Transitioning (18+)

*Plans for Summer 2021:* 16 week session occurs during Spring and Fall semesters.

### **Vocational Visions**

*Phone:* (949) 837-7280

*Other language spoken:* Spanish

*Email:* [info@vocationalvisions.org](mailto:info@vocationalvisions.org)

*Website:* [www.vocationalvisions.org](http://www.vocationalvisions.org)

*Address:* 23612 Alambre, Mission Viejo, 92691

*Description:* The Clubhouse offers a social and recreational program for adults 18 and older on Fridays and Saturdays. Members are free to participate in any of the daily activities or just hang out and socialize. A sample of some Clubhouse activities include: movies, dances, arts & crafts, sports and theme parties. Dinner is served for a minimal fee.

*Plans for Summer 2021:* Unknown

### **YMCA New Horizons**

*Phone:* (714) 508-7635

*Other language spoken:* Spanish

*Email:* [newhorizons@ymcaoc.org](mailto:newhorizons@ymcaoc.org)

*Website:* [www.ymcaoc.org](http://www.ymcaoc.org) or <https://ymcaoc.org/new-horizons/>

*Address:* 13821 Newport Ave, Suite 150, Tustin, 92780

*Description:* Social recreation program for adults 18+ with intellectual disabilities.

*Plans for Summer 2021:* New Horizons (NH) hopes to resume programming and go out in the community when it's safe to do so. Currently NH has on-site programming as well as online meetings. On site Monday-Saturday 9:30 a.m.-3:30 p.m. offering crafts, cooking classes, games etc. Small groups provide space for social distancing and NH follows CDC health and safety guidelines. NH teaches participants how to live safely during the pandemic. Virtual online meetings are Monday-Friday 1-2 pm and include Scavenger Hunts, Trivia, Jeopardy, Family Feud, BINGO etc.

### **Young Life Tustin**

*Contact:* Alison Burges (Area Director)

*Phone:* (714) 501- 6543

*Email:* [abyounglife@gmail.com](mailto:abyounglife@gmail.com)

*Website:* [www.tustin.younglife.org](http://www.tustin.younglife.org)

*Location:* Tustin and other parts of Orange County

*Description:* Young Life is a non-profit Christian outreach group for people with all types of intellectual and physical abilities from junior high to college aged students. Many different activities and Bible studies are available. Join us for fun, friends, and fellowship.

*Plans for Summer 2021:* Bi-monthly club Zoom meetings and weekly in-person small group Bible studies.

## **The Arts**

### **A Dance Class for Me**

*Contact:* Elizabeth Rose Chacon

*Phone:* (818) 425-4129

*Other languages spoken:* Spanish, Vietnamese and Sign Language

*Email:* [ewizabephamp@gmail.com](mailto:ewizabephamp@gmail.com)

*Website:* [www.ercamtprovider.com](http://www.ercamtprovider.com)

*Address:* Huntington Beach and Irvine locations.

*Description:* Dance classes for children with special needs.

*Plans for Summer 2021:* Classes starting mid-May. Precautions include mask wearing and social distancing. Classes are private or small groups.

### **CF Dance Academy**

*Contact:* Jessica Anderson

*Phone:* (714) 870-5742

*Email:* [info@cfdance.net](mailto:info@cfdance.net)



Website: [www.cfdance.net](http://www.cfdance.net)

Address: Williams Building – 114 E. Commonwealth Ave. and 116 E. Commonwealth Ave., Fullerton, CA 92832

Description: CF Dance Academy currently offers Everybody Dance Now for children of all ages. The majority of dance programs are performance-based, rather than competition-based and designed for dancers with special needs. Those needing 1:1 will be facilitated with a peer buddy. Tuition assistance may be available through Fullerton Cares Autism Coalition.

*Plans for Summer 2021:* TBD

### **Children's Cerebral Palsy Movement**

Contact: Debbie Fragner

Phone: (714) 746-4085

Email: [debbie@ccpmovement.org](mailto:debbie@ccpmovement.org)

Website: [www.childrenscerebralpalsymovement.org/](http://www.childrenscerebralpalsymovement.org/)

Description: An innovative therapeutic dance intervention in the guise of a group ballet class for children ages 7-11 with cerebral palsy or similar conditions.

*Plans for Summer 2021:* Unknown

### **Down For Dance**

Phone: (949) 478-3224

Email: [info@downfordance.org](mailto:info@downfordance.org)

Website: [www.downfordance.org](http://www.downfordance.org)

Address: Locations vary

Description: A dance program for individuals with Down syndrome, ages 7 and older; scholarships available - email [annie@downfordance.org](mailto:annie@downfordance.org).

*Plans for Summer 2021:* 12 weeks of virtual arts program starting mid-March through mid-June. Summer program TBD.

### **Friday Night Fun Time Dance**

Phone: (714) 960-8870

Email: [jvalinsky@surfcity-hb.org](mailto:jvalinsky@surfcity-hb.org)

Website: [www.huntingtonbeachca.gov](http://www.huntingtonbeachca.gov)

Address: Edison Community Center, 21377 Magnolia Street, Huntington Beach, 92646

Description: A monthly themed event for adults with special needs (3<sup>rd</sup> Friday of the month). A \$2 donation is suggested. Refreshments will be served.

*Plans for Summer 2021:* TBD

### **Harmonia Ensemble Orchestra - Korean American Special Education Center**

Contact: Rachel

Phone: (562) 926-2040

Other language spoken: Korean 한국어

Email: [program@kasecca.org](mailto:program@kasecca.org)

Website: [www.kasecca.org](http://www.kasecca.org)

Address: 1661 N Raymond Ave. Ste 109, Anaheim, CA 92810

Description: Students with and without developmental disabilities come together to create harmonious music while building friendship. Audition required.

*Plans for Summer 2021:* 16-week session occurs during Spring and Fall semesters.

### **Hope Center for the Arts**

Phone: (714)778-4440

Other language spoken: Spanish

Email: [info@hope4arts.org](mailto:info@hope4arts.org)

Website: [www.hope4arts.org](http://www.hope4arts.org)

Address: 121 S. Citron Street, Anaheim, 92805

Description: Multi-faceted visual and performing arts program designed to serve individuals discovering and displaying their talent, interest and motivation within the arts.



*Plans for Summer 2021:* Visit website for information on remote services (<https://hope4arts.org/online-artist-services/>) including virtual lessons, activities and coursework online. Group lessons helps artists continue to keep creative minds sharp while staying connected with studio peers.

### **Limitless Leaps**

*Contact:* Kelsey Fung

*Phone:* (310) 291-5916

*Email:* [info.limitlessleaps@gmail.com](mailto:info.limitlessleaps@gmail.com)

*Website:* [www.odysseydanceacademy.com/leaps](http://www.odysseydanceacademy.com/leaps)

*Address:* 2026 Quail Street, Newport Beach, 92660

*Description:* Offering donation-based dance classes to the special needs community. Students will learn a multitude of dance styles including jazz, tap, ballet and ballroom. Students aged 5-11 years are welcome to join this class on Sunday from 1:30-2:00 pm, and students ages 12+ welcome to join this class on Sundays from 2:15-3:15pm at Odyssey Dance Academy.

*Plans for Summer 2021:* Unknown

### **McKee Music Therapy Services**

*Contact:* Christine Deelo, MT-BC

*Phone:* (714) 348-4248

*E-mail:* [cm@mckeemusictherapy.com](mailto:cm@mckeemusictherapy.com)

*Website:* [www.mckeemusictherapy.com](http://www.mckeemusictherapy.com)

*Address:* 1929 Main St., Suite 103, Irvine, 92614 (Located at Sky Pediatric Therapy)

*Description:* Music Therapy to help achieve behavioral, social, emotional, sensory, and communication support.

*Plans for Summer 2021:* In-person and remote.

### **No Limits Creative Arts**

*Contact:* Carla Hutchison

*Phone:* (714) 381-5854

*Email:* [carla@nolimitscreativearts.com](mailto:carla@nolimitscreativearts.com)

*Website:* [www.nolimitscreativearts.com](http://www.nolimitscreativearts.com)

*Address:* Yorba Linda, Los Alamitos, Orange and Placentia locations

*Description:* Dance, musical theater, yoga, art and tumbling classes for ages 5 and up. Performance opportunities for students participating in our sessions. Our program is supported by Cal State Fullerton's Autism Center.

*Plans for Summer 2021:* Offering both in-person and zoom classes.

### **Orange Coast Musical Arts**

*Contact:* Donn Hallman

*Phone:* (714) 222-5079

*Email:* [ocmaband@gmail.com](mailto:ocmaband@gmail.com)

*Website:* [www.orangecoastmusicalarts.org](http://www.orangecoastmusicalarts.org)

*Address:* Throughout Orange County

*Description:* Provides classes in choir, beginning band, and beginning violin for special needs individual,s ages 5 through 18, following a school calander with classes Fall through Spring.

*Plans for Summer 2021:* Next session starts Fall 2021.

### **Orange County Performing Arts Center**

*Phone:* (714) 556-2121 Ext. 4337

*Other language spoken:* Spanish

*Email:* [community@scfta.org](mailto:community@scfta.org)

*Website:* [www.scfta.org](http://www.scfta.org)

*Address:* 600 Town Center Drive, Costa Mesa, 92696

*Description:* Studio D: Arts School for All Abilities is an inclusive dance, music, and theater program for students ages 4-adult. Sensory friendly, Broadway, ballet, music, and children's programs are also available.

*Plans for Summer 2021:* Please visit website for virtual and in-person programming for summer.

### **Orange County Therapeutic Arts Center**

Phone: (714) 547-5468

Other language spoken: Spanish

Email: [info@occtac.org](mailto:info@occtac.org)

Website: [www.occtac.org](http://www.occtac.org)

Address: 2215 N. Broadway, Santa Ana, 92706

Description: Artistic training in the fields of music, visual arts, dance, musical theatre technology and other educational and therapeutic programs for at-risk youth and children with special needs and their families.

*Plans for Summer 2021:* Classes via Zoom; planning to offer a hybrid program.

### **Piano and Voice Lessons**

Contact: Beth Syverson

Phone: (714) 376-6666

Email: [beth@bethsyverson.com](mailto:beth@bethsyverson.com)

Website: [www.bethsyverson.com](http://www.bethsyverson.com)

Address: 2845 Mesa Verde East, Costa Mesa, 92626

Description: Beth has 15+ years of experience teaching music lessons to students with special needs. She teaches Braille Music Code to visually impaired pianists, and can teach children or adults with any physical or intellectual disability. She also teaches at Coastline Community College.

*Plans for Summer 2021:* When Orange County enters the Yellow Tier; Beth will begin teaching in-person in the studio. Zoom lessons are always available.

### **Special Needs Ballroom Dance (via Definitely Dance)**

Phone: (205) 420-1292

Email: [info@definitelydance.org](mailto:info@definitelydance.org)

Website: [www.definitelydance.org](http://www.definitelydance.org)

Address: Community Youth Center, 3000 Fifth Ave, Corona Del Mar, 92625 and Murdy Community Center, 7000 Norma Drive, Huntington Beach

Description: Registration through Newport Navigator (Recreation and Senior Services Dept.) and HB Sands ([www.hbsands.org](http://www.hbsands.org)). Ballroom classes designed for individuals 16+ with special needs and developmental disabilities.

*Plans for Summer 2021:* Open

### **Straight Up Abilities**

Contact: Director, Robin Olive

Phone: 213-559-7178

Email: [straightupabilities@gmail.com](mailto:straightupabilities@gmail.com)

Website: [www.straightupabilities.com](http://www.straightupabilities.com)

Address: Call for locations - currently all on-line

Description: Participants of all ages and abilities can get professional performance art training. Currently offering a free ½ hour daily noon class Monday - Saturdays on Zoom. Learn simple line dances to hip music and learn sign language to songs daily. Also offering advanced dance classes, work out sessions, acting, sign language, healthy eating, dance parties, games, and a student teaching program. If it's your dream to perform on stage, this is the group for you. Email for more information.

*Plans for Summer 2021:* All classes are virtual.

### **Tustin Dance Center**

Phone: (714) 544-3072

Other language spoken: Tagalog/Part-time Spanish staff available

Email: [tdcfrontdesk@gmail.com](mailto:tdcfrontdesk@gmail.com)

Website: [www.tustindance.com](http://www.tustindance.com)

Address: 14662 Franklin Ave., Suite C, Tustin, 92780

Description: Kindermusik classes are for at-risk children, newborn to age 7. Kindermusik is a great way to build musical knowledge and social skills, as well as improving literacy, reasoning skills and creativity.

*Plans for Summer 2021:* Classes will be in-person with COVID-19 safety guidelines in place; also offered online.

## **VSA (Very Special Arts) Orange County**

*Contact:* Marleena Barber

*Phone:* (714) 966-4303

*Email:* [s.mbarber@ocde.us](mailto:s.mbarber@ocde.us)

*Website:* [www.ocde.us/VSA/Pages/default.aspx](http://www.ocde.us/VSA/Pages/default.aspx)

*Address:* 200 Kalmus Dr., Costa Mesa, 92626

*Description:* VSA OC and the OC Dept. of Education sponsor an annual arts and disability festival showcasing the talents of individuals of all ages with all disabilities through hands-on workshops, visual arts exhibits and performance opportunities. Visit them on FB at <https://www.facebook.com/VSAOrangeCounty/>.

*Plans for Summer 2021:* Program runs on school calendar.

## **Camps**

### **American Camp Association**

*Website:* [www.find.acacamps.org](http://www.find.acacamps.org)

*Description:* The American Camp Association is a comprehensive website for finding the best camps throughout the country. When a camp has ACA accreditation, it has undergone a total review of its organization, including an evaluation of staff and emergency training.

### **Boundless Athletics, Inc.**

*Contact:* Ashley Rojen

*Phone:* (425) 299-8345

*Email:* [info@boundlessathletics.org](mailto:info@boundlessathletics.org)

*Website:* [www.boundlessathletics.org](http://www.boundlessathletics.org)

*Description:* Boundless Athletics, Inc. conducts a variety of integrative sports camps throughout the year, joining children with disabilities and typically developing children in a fun yet competitive environment, ages 7-17.

*Plans for Summer 2021:* Sports camps to resume in late Fall/early Winter. Check website for updates.

### **Camp James**

*Phone:* (949) 729-1098

*Other language spoken:* Spanish

*Email:* [directors@campjames.com](mailto:directors@campjames.com)

*Website:* [www.campjames.com](http://www.campjames.com)

*Address:* 101 N. Bayside Drive, Newport Beach, 92660

*Description:* Camp James is a traditional style day camp offered in a natural, outdoor environment. Activities include: archery, arts & crafts, boating, martial arts, swimming, and much more. Age range is 4-13 years of age.

*Plans for Summer 2021:* Unknown

### **Camp Nugget**

*Phone:* (562) 985-7969

*Email:* [campnugget@csulb.edu](mailto:campnugget@csulb.edu)

*Website:* [www.csulb.edu/college-of-health-human-services/camp-nugget](http://www.csulb.edu/college-of-health-human-services/camp-nugget)

*Address:* California State University, Long Beach,  
Department of Kinesiology and Physical Education  
1250 Bellflower Blvd., Long Beach, 90840

*Description:* Camp Nugget is a summer day camp program for children with special needs. Activities include: aquatics with swim instructor, physical fitness, dance, games and adapted sports. Age range is 5-12 years of age. Some full and partial scholarships are available base on need.

*Plans for Summer 2021:* Virtual options for summer; a free version, and a paid version including private lessons.

### **Camp Paivika, with AbilityFirst**

*Phone:* 909-368-7411

*Other language spoken:* Spanish

Email: [camppaivika@abilityfirst.org](mailto:camppaivika@abilityfirst.org)

Website: [www.abilityfirst.org/camp-paivika/](http://www.abilityfirst.org/camp-paivika/)

Address: 600 Playground Dr., Cedarpines Park, 92322

Description: A residential camp since 1947, for children, teens and adults with mild to severe physical and developmental disabilities. Camp Paivika offers summer horseback riding, swimming, adaptive sports, campfires and cookouts, arts and crafts, and other enjoyable, enrich activities. Campers learn and develop new interests and confidence through guided play, social skills building and exploration. Financial assistance is available.

**Plans for Summer 2021:** Free 3 month long virtual summer program of activities, June to August, for all campers who register for the 2021 camp season. No in-person camp this summer.

### **Camp Reimagine**

Contact: Sophia Martinez, Chief of Children's Services

Phone: (714) 680-6060

E-mail: [smartinez@reimagineoc.org](mailto:smartinez@reimagineoc.org)

Website: <https://reimagineoc.org/>

Address: 1601 East St. Andrew Place, Santa Ana, Ca 92705

Description: Inclusive summer camp for children with disabilities age 5-15 years. Half-days of fun-filled activities including: music and movement, science and nature, art therapy, cooking and storytelling.

**Plans for Summer 2021:** Sessions are June 26 & 27, July 24<sup>th</sup> & 25<sup>th</sup>, and August 7 & 8<sup>th</sup> from 10:00 am – 2:00 pm. Cost is \$30/session or \$55 for 2 sessions.

### **Camp Scherman**

Phone: (949) 461-8800

Other language spoken: Spanish

Website: [www.girlscoutsoc.org](http://www.girlscoutsoc.org)

Address: Located in the San Jacinto Mountains

Description: Whether your daughter is a Girl Scout or not, she can enjoy this residential camp and experience horseback riding, horse care, archery, camp songs, and much more. Awareness Aides are available but girls must be able to take care of own toileting, bathing and feeding. For girls entering 1st – 12<sup>th</sup> grades. Financial assistance available.

**Plans for Summer 2021:** Virtual camp

### **Easter Seals - Southern California Region**

Contact: Amanda Showalter – Camp Director

Phone: (714) 834-1111

Other language spoken: Spanish

Email: [camp@essc.org](mailto:camp@essc.org); [Amanda.Showalter@essc.org](mailto:Amanda.Showalter@essc.org)

Website: [www.easterseals.com/southernca/our-programs/camping-recreation/](http://www.easterseals.com/southernca/our-programs/camping-recreation/)

Address: 1063 McGaw Ave. #100, Irvine, CA 92614

Description: A week long residential camp serving children and adults (15 years old and up) with developmental disabilities in Big Bear. Space is very limited. Financial assistance available.

**Plans for Summer 2021:** When determined safe for campers and volunteers to be together, Easter Seals will proceed with plans for in-person camp, July 31-August 7<sup>th</sup>. Registration dates TBD.

### **Inside The Outdoors**

Phone: (714) 708-3885

Email: [insidetheoutdoors@ocde.us](mailto:insidetheoutdoors@ocde.us)

Website: <http://ocde.us/ito/pages/summercamp.aspx>

Description: A unique hands-on environmental education program administered by the Orange County Department of Education. Lessons are taken from the classroom to create fun and unforgettable experiences about science and nature. For campers ages 6-18. Family programs are offered throughout the year. Summer day camps offered in June, July and August. Camp locations: Rancho Soñado, Shipley Nature Center and Irvine Regional Park.

**Plans for Summer 2021:** Virtual programs planned.

### **Not Your Average Basketball Camp (NYABC)**

Contact: Ryan Lee

Email: [ryan@notyouraveragebasketballcamp.com](mailto:ryan@notyouraveragebasketballcamp.com)

Website: [notyouraveragebasketballcamp.com](http://notyouraveragebasketballcamp.com)

Address: TBD

Description: NYABC provides children and families a fun and safe space to grow socially and emotionally through the game of basketball. The clinics typically run for four consecutive weekends, and they guaranteed a 1:1 coach to player ratio, ages 5 and up.

*Plans for Summer 2021:* No program at this time.

### **Opportunity Matters to Everyone (OME)**

Phone: (714) 881-0427 Ext. 1725

Other language spoken: Spanish

Email: [info@om2e.org](mailto:info@om2e.org)

Website: [www.opportunitymatterstoeveryone.org/](http://www.opportunitymatterstoeveryone.org/)

Address: 3186 Airway Ave., Bldg. A, Costa Mesa, 92626

Description: OME is a non-profit organization devoted to providing activities and opportunities for children and young adults with developmental disabilities and their families. The curriculum includes independent living skills, vocational skills, motor skills and cognitive skills.

*Plans for Summer 2021:* In lieu of in-person camp, OME will be offering a cooking series, arts and crafts, and sports events.

### **The Painted Turtle**

Phone: (310) 451-1353

Other language spoken: Spanish

Website: [www.thepaintedturtle.org](http://www.thepaintedturtle.org)

Campsite: 17000 Elizabeth Lake Rd. Lake Hughes, CA 93532

Description: An innovative residential camp for children with serious medical conditions and their families, held in the Lake Hughes area. Refer to schedule to determine when specific medical conditions are invited to attend.

Campers and their families attend for free.

*Plans for Summer 2021:* Virtual *Camp at Home* program for children and families.

### **RAD Camp**

Phone: (949) 387-5219

Email: [camp@radcamp.org](mailto:camp@radcamp.org)

Website: [www.radcamp.org/programs/](http://www.radcamp.org/programs/)

Address: 2 Irvine Park Rd. Orange, 92869

Description: RAD Camp provide residential summer camp for adults 22 years of age and older; RAD Jr./RAD Mini for children 4 to 21 years of age with developmental and physical disabilities. Activities include: arts and crafts, drama, music, dance, sports, swimming and more. No camper is turned away due to inability to pay.

*Plans for Summer 2021:* Virtual camp.

### **Special Camp for Special Kids**

Contact: Lindsay Eres

Phone: (949) 661-0108 ext.1226

Email: [lindsay.eres@specialcamp.org](mailto:lindsay.eres@specialcamp.org)

Website: [www.specialcamp.org](http://www.specialcamp.org)

Address: 31641 La Novia Ave., San Juan Capistrano, 92675

Description: Summer day camp with community excursions for youth with disabilities, ages 6 to 21. Camper to counselor ratio is 1:1. Financial assistance is available.

*Plans for Summer 2021:* Unknown

## Outside of Orange County

### **Adaptive Swim Class - City of La Mirada**

*Phone:* (562) 902-3191

*Other languages spoken:* Spanish and Vietnamese

*Website:* [www.splashlamirada.com](http://www.splashlamirada.com)

*Address:* 13806 La Mirada Blvd., La Mirada, 90638

*Description:* Individuals with intellectual and physical disabilities have the opportunity to learn and improve swimming skills, maintain and increase physical fitness, and achieve success.

*Plans for Summer 2021:* Unknown

### **Autism on the Seas**

*Phone:* (800) 516-5247

*Website:* [www.autismontheseas.com](http://www.autismontheseas.com)

*Address:* Varies - refer to website

*Description:* Group cruises accommodating guests of families and individuals with Autism, Asperger's syndrome, Down syndrome and other related disabilities.

*Plans for Summer 2021:* Unknown

### **Casa Colina Centers for Rehabilitation Outdoor Adventures**

*Contact:* Tiffanie Richardson

*Other language spoken:* Spanish

*Phone:* (909) 596-7733, ext. 2200

*Email:* [adventures@casacolina.org](mailto:adventures@casacolina.org)

*Website:* [www.casacolina.org/community-Services.aspx](http://www.casacolina.org/community-Services.aspx)

*Address:* 255 East Bonita Ave., Pomona, 91767

*Description:* Outdoor recreational activities for individuals with disabilities. Age depends on specific trip and ability level. Activities include hand cycling, scuba diving, skydiving, fishing, surfing, kayaking, water skiing, jet skiing, camping and rock climbing.

*Plans for Summer 2021:* Not enrolling new participants at this time.

### **Challenge Air For Kids and Friends**

*Contact:* Bailey Wilson, Program Director

*Phone:* (877) 359-5437

*Website:* [www.challengeair.com](http://www.challengeair.com)

*Description:* Challenge Air builds self-esteem and confidence in children and youth with special needs, through the experience of flight.

*Plans for Summer 2021:* Unknown

### **Epilepsy Foundation Greater Los Angeles**

*Contact:* Patricia Leyba

*Phone:* (800) 564-0445

*Other languages:* Spanish

*Address:* 5777 W. Century Blvd., Suite 820, Los Angeles, 90045

*Website:* [www.endepilepsy.org](http://www.endepilepsy.org)

*Description:* Teen Retreat - one week in the San Bernardino Mountains for teens with epilepsy between 12 and 19 years old. Winter Retreat for Adults - recreational weekend for adults with epilepsy.

*Plans for Summer 2021:* Unknown

### **New Directions Holiday and Vacation Travel**

*Phone:* (888) 967-2841

*Website:* [www.newdirectionstravel.org](http://www.newdirectionstravel.org)

*Address:* 5276 Hollister Ave., Suite 207, Santa Barbara, 93111



*Description:* High quality local, national and international travel vacations and holiday programs for people with mild to moderate developmental disabilities. Adults only.

*Plans for Summer 2021:* None at this time. Updates pending change in CDC guidelines.

### **San Diego Department of Therapeutic Recreation Services**

*Phone:* (619) 525-8247

*Other language spoken:* Spanish and Vietnamese

*Website:* [www.sandiego.gov/park-and-recreation/activities/trs](http://www.sandiego.gov/park-and-recreation/activities/trs)

*Address:* 3325 Zoo Drive, San Diego, 92101

*Description:* Recreational activities throughout San Diego for all ages and abilities include water, snow, wheelchair, handcycle sports, community excursions, crafts, dances, bowling, and many other activities scheduled throughout the year.

*Plans for Summer 2021:* Free virtual classes at this time. Expect in-person classes in June.

### **U.S. Adaptive Recreation Center**

*Phone:* (909) 584-0269

*Email:* [mail@usarc.org](mailto:mail@usarc.org)

*Website:* [www.usarc.org](http://www.usarc.org)

*Address:* 43101 Goldmine Drive, Big Bear Lake, 92315

*Description:* Individuals with intellectual and physical disabilities can enjoy snow skiing, water skiing, kayaking, sailing, fishing, off-road access for wheelchairs and camping; ages 5 and older.

*Plans for Summer 2021:* Unknown

## **Universally Accessible Parks**

### **All-Inclusive Huntington Beach Playground**

*Phone:*(714) 536-5486

*Website:* <https://funorangecountyparks.com/huntington-beach-playground-near-pier.html>

*Address:* 9<sup>th</sup> Street and PCH, North of Huntington Beach Pier

*Description:* The park is designed for 2-5 year olds. It's a beautiful play space with a pirate ship, where children of all abilities can play together. There is a small picnic area with 3 tables on the beach side of the playground.

There are also benches lining the inside wall of the park. The playground is completely fenced for safety purposes.

### **Box Canyon Park: Accessible Playground for All Pirates and Knights**

*Phone:* (714) 761-7160

*Website:* <https://funorangecountyparks.com/box-canyon-park-yorba-linda.html>

*Address:* 23400 Foxtail Drive, Yorba Linda, 92887

*Description:* The ship is designed for 2-5 year olds, and the castle for 6-12 year olds – but there are ramps on both that make it easily accessible for everyone. Many interactive panels are built into the play structures, including music chimes, drums, and gears to spin.

### **Courtney's SandCastle: Universal Playground & Sensory Garden**

*Phone:* (949) 940-9246

*Website:* [www.courtneyssandcastle.com](http://www.courtneyssandcastle.com)

*Address:* 987 Avenida Vista Hermosa, San Clemente, 92673

*Description:* Courtney's SandCastle is part of the Vista Hermosa Aquatics Center and Sports Park. It's a beautiful play space with a pirate ship and a castle, where children of all abilities can play together; it also features a sensory garden including water features. The playground is completely fenced for safety purposes.

### **Heritage Park Irvine: Water Play Fountains**

*Phone:* (949) 724-6824

*Website:* <http://funorangecountyparks.com/heritage-park-irvine.html>

*Address:* 14301 Yale Avenue, Irvine, 92604

*Description:* Easy to see the kids from most points in the park. There's also an accessible "boat" and a ramp that fits a wheelchair.



### **Pavion Park**

Website: <http://funorangecountyparks.com/pavion-park-mission-viejo.html>

Address: 24051 Pavion, Mission Viejo, 92692

Description: Universally accessible, and includes natural history with interpretive signs about animals that are (or were once) native to the area. Colorful adirondack chairs grouped for socializing.

### **Pittsford Park: Trike Course on the Accessible Red Playground**

Website: <http://funorangecountyparks.com/pittsford-park-lake-forest.html>

Address: 21701 Pittsford Dr., Lake Forest, 92630

Description: This playground allows children with mobility challenges and/or developmental delays to play freely. It also provides better access for parents and seniors with disabilities. Includes a rubberized surface, double-wide ramps, play equipment with music and water features, as well as a fence to keep children secure. Even the upper levels are accessible to wheelchairs. A car/roadway theme provides little people with stop and yield signs and a trike course.

### **TeWinkle Park: Angel's Playground**

Website: <http://funorangecountyparks.com/tewinkle-park-costa-mesa-angels-playground.html>

Address: 885 Junípero Road, Costa Mesa, 92626

Description: Completely “barrier-free,” universally accessible and ADA compliant. Kids of all ages and abilities are drawn to the moving sled/car/boat, where they can travel anywhere their imagination takes them. This playground allows children with disabilities to play side by side with their peers, creating a truly integrated play environment where compassion and acceptance can flourish.

## **Airport Travel**

In addition to the resources listed below, RCOC’s website features links to helpful articles and resources for air travel. From the home page, go to Family Support – Community Resources – Travel.

**TSA Resources:** Going through airport security can be especially challenging for those traveling with family members who have special needs. To help make the process easier, the Transportation Security Administration (TSA) can provide a Passenger Support Specialist. Families concerned about the check point process or who need special accommodation can ask a TSA officer or supervisor for help from a Passenger Support Specialist. Parents may also call the TSA Cares hotline at 1-855-787-2227 ahead of time to ensure a Passenger Support Specialist can be onsite when needed. The agency’s website (<https://www.tsa.gov/travel/passenger-support>) also features short videos on screening procedures for travelers with autism or intellectual disabilities and those who use mobility devices such as wheelchairs. Families can also download and complete TSA’s Disability Notification Card which includes contact information for TSA Cares.

**John Wayne Airport:** RCOC has partnered with John Wayne Airport on the Helping Hands program to provide sensitivity training aimed at supporting the airport’s efforts to ensure a safe and comfortable experience for all travelers. To receive personalized travel assistance from the Airport’s Helping Hands team, stop by the information booth in Terminal B, Arrival (lower) Level, near baggage claim or dial “0” from any of the courtesy phones located throughout the Terminal. To pre-arrange for Helping Hands special assistance, call (949) 252-5200 or email [info@ocair.com](mailto:info@ocair.com). Advanced notice is preferred.



The Helping Hands team can:

- Facilitate calls to the Transportation Security Administration (TSA) and arrange for TSA Cares assistance;
- Facilitate calls to individual airlines to arrange special assistance;
- Help guide travelers through the arrival, check-in, security and boarding processes;
- Provide optional yellow bracelets for travelers with special needs to alert Airport employees that a little more time and extra care may be needed.

Prior to your travel date, Helping Hands offers airport tours to help travelers become familiar with the Terminal, check-in and the security process. Call or email the listings above to schedule your tour. Helping Hands is provided at no charge and is available daily from 6am – 11pm. For more information about Helping Hands, visit <https://www.ocair.com/travelers/services/helping-hands/>

**RCOC Emergency Identification Card:** Anytime you're in the community, it's a good idea to carry your emergency identification card from Regional Center of Orange County which has information about people that first responders and other security-related professionals can call. If you have lost your emergency identification card, be sure to ask your RCOC Service Coordinator for a new one.

## Other

### Adapted Fitness for All Abilities (ADAPTFIT)

Phone: (562) 794-9330

Email: [info@adaptfitlife.com](mailto:info@adaptfitlife.com)

Website: [www.adaptfitlife.com](http://www.adaptfitlife.com)

Address: 3894 Cerritos Ave., Los Alamitos, 90720

Description: ADAPTFIT offers adapted physical fitness programs for kids, teens, and adults with social, cognitive, or physical challenges so they can get active and have fun. They offer a variety of classes to promote well-rounded, functional fitness. All of the programs are designed by adapted fitness experts and certified trainers experienced in working with all abilities.

### Beach Wheelchairs

Beach Wheelchairs are equipped with large, wide wheels which can roll across the sand without sinking. They usually require users to be accompanied by someone pushing them, although several California locations offer motorized chairs which may be self-propelled.

All of the beaches listed below own their own wheelchairs and lend them free of charge. Users may be asked to leave a form of personal identification while borrowing the chair.

Chairs are most commonly available from a lifeguard or the entrance kiosk at a beach, although a few are handled by concessionaires whose names appear on the list. Some may be reserved ahead of time, while others are available on a first-come, first-served basis. It is recommended to call ahead for availability.

San Clemente State Beach, San Clemente, (949) 492-5172	Crystal Cove State Park, Newport Coast, (949) 494-3539
San Clemente City Beach, (949) 361-8219	Doheny State Beach, Dana Point, (949) 496-6172
Balboa Beach, Newport Beach, (949) 644-3047	Newport Beach, (949) 644-3047
Salt Creek Beach Park, South Laguna, (949) 276-5050	Huntington State Beach, Huntington Beach, (714) 374-0602
Aliso Beach, South Laguna, (949) 276-5050	Huntington City Beach at Dwight's Beach Concession, 201 Pacific Coast Highway, (714) 536-8083
Main Beach, Laguna Beach, (949) 494-6572	Bolsa Chica State Beach, (714) 846-3460, (714) 377-5691
Corona del Mar State Beach, Corona del Mar, (949) 644-3047	Seal Beach, (562) 430-2613

### Blue Mobi-Mat

Huntington Beach has rolled out a Mobi-Mat to improve accessibility for visitors with disabilities, parents with strollers, and others with limited mobility. Located next to the parking lot at 6th Street and PCH, the mat serves as a stable walkway that safely leads guests across the sand and to the water's edge (during high tide).

**CA State Park Pass:** Any individual served by RCOC can apply for a discount pass which allows for use of all basic facilities (including day use parking, camping, and boat/day use parking fees) at any unit of the California State Park system operated by the State Department of Parks and Recreation (DPR) except for Hearst San Simeon

SHM. The discount does not apply to fees under \$3. The lifetime pass is available for \$3.50. If the park charges per person, the individual with disabilities will get in free; if the park charges per vehicle, all passengers in the vehicle will enter free of charge. Please contact your RCOC Service Coordinator for additional information and/or application.

**Fishing License:** Any individual served by RCOC can apply for a free fishing license. No age limit. Please contact your RCOC Service Coordinator for additional information and/or application.

**National Parks:** Get a free, lifetime ACCESS Pass by applying online at:  
<https://store.usgs.gov/access-pass>

**Pretend City Children’s Museum**

*Phone:* (949) 428-3900

*Other language spoken:* Spanish & Vietnamese

*Address:* 29 Hubble, Irvine, 92618

*Website:* [www.pretendcity.org](http://www.pretendcity.org)

*Description:* This interconnected city allows children to “pretend” to be the adult. Pretend City brings life to every profession, and daily occurrences in a real city.

**Recreation Access Motivating People (R.A.M.P.)**

*Phone:* (562) 592-1091

*Email:* [info@rampitup.org](mailto:info@rampitup.org)

*Website:* [www.rampitup.org](http://www.rampitup.org)

*Mailing address:* PO Box 1248, Sunset Beach, 90742

*Description:* RAMP is a nonprofit corporation dedicated to providing adaptive recreation opportunities, resources and instruction to physically and intellectually challenged people of all ages.