



Saddleback College: Adult Education

# OASIS

## Adults with Disabilities Program

Thursday December 3, 2020

RCOC Ask the Experts

SADDLEBACK COLLEGE



# WHAT IS OASIS?

# OASIS Overview

- The Occupational & Academic Skills for Independence & Success (OASIS) program for Adults with Disabilities at Saddleback College has an independent living and vocational curriculum that focuses on the needs of adults with disabilities in the South Orange County region.

# OASIS Overview

- Core classes integrate independent living skills, functional academics, social skills, and vocational skills.
- Students in the OASIS program learn functional living skills and identify resources that will lead them to their academic, professional, or personal goals.
- The objectives of the OASIS program are to help students:
  - advance their level of independence;
  - participate actively in their local community;
  - transition to academic courses or career pathways as desired.

# OASIS Locations

Our three locations in South Orange County:

- Saddleback College campus
- Silverado High School campus
- Vocational Visions

\*We currently offer courses only online.

# OASIS Program Highlights

- No entrance requirements
- Non-credit courses which are free of charge, repeatable, and do not require matriculation. (\$21 health fee if taking courses on the Saddleback campus).
- Faculty encourage students to engage in the college experience.

# OASIS - Adults with Disabilities (AEWD) Courses Offered

- AEWD 771 - Mobility Skills
- AEWD 772 - Independent Living Skills
- AEWD 773 - Job Skills
- AEWD 774 - Self-Advocacy Skills
- AEWD 775 - Computer Skills Lab
- AEWD 781 - Personal Safety
- AEWD 782 - Personal Budgeting and Basics  
of Banking
- AEWD 783 - Communication in the Workplace
- AEWD 784 - Critical Thinking Skills

# OASIS Certificates

- **Pre-Vocational Skills Certificate of Completion\***

AEWD 771 - Mobility Skills

AEWD 772 - Independent Living Skills

AEWD 773 - Job Skills

AEWD 774 - Self-Advocacy Skills

AEWD 775 - Computer Skills Lab

- **Workplace Skills Certificate of Completion\***

AEWD 781 - Personal Safety

AEWD 782 - Personal Budgeting and Basics of Banking

AEWD 783 - Communication in the Workplace

AEWD 784 - Critical Thinking Skills

\*certificates pending approval





# Adult Education

# OASIS

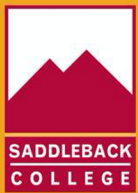
OCCUPATIONAL & ACADEMIC SKILLS FOR INDEPENDENCE & SUCCESS

## AEWD SPRING 2021

#COURSE	ROOM	DATES	ONLINE MEETING DAYS & TIMES	INSTRUCTOR	
14695 AEWD 772	Independent Living Skills	Online	1/19-5/26	M, T, W, Th, F 9:00 – 10:15 AM	R. Antoun
14665 AEWD 772	Independent Living Skills	Online	1/19-5/26	M, T, W, Th, F 3:00 – 4:15 PM	K. McDermott/L. Mackie/ D. Moinfar
22225 AEWD 773	Job Skills	Online	1/19-5/26	M, T, W, Th, F 9:00 – 10:15 AM	R. Zaino/J. Morain
14680 AEWD 773	Job Skills	Online	1/19-5/26	M, T, W, Th, F 3:00 – 4:15 PM	S. Eldred/L. Jimenez
14790 AEWD 774	Self Advocacy Skills	Online	1/19-5/26	T 4:30 – 5:45 PM	R. Kim
14700 AEWD 774	Self Advocacy Skills	Online	1/19-5/26	Th 10:30 – 11:45 AM	R. Zaino
14730 AEWD 775	Computer Skills Lab	Online	1/19-5/26	M 3:00 – 3:50 PM	R. Kim
14670 AEWD 775	Computer Skills Lab	Online	1/19-5/26	T 12:00 – 12:50 PM	R. Antoun
14785 AEWD 781	Personal Safety	Online	1/19-5/26	M 6:00 – 7:15 PM	B. Howell
14620 AEWD 781	Personal Safety	Online	1/19-5/26	W 9:00 – 10:15 AM	M. Hoggatt
14715 AEWD 782	Personal Budgeting and Banking	Online	1/19-5/26	T 9:00 – 10:15 AM	M. Brosch
14750 AEWD 782	Personal Budgeting and Banking	Online	1/19-5/26	W 4:30-5:45 PM	B. Daniels
14655 AEWD 783	Communication in the Workplace	Online	1/19-5/26	M 12:00 - 1:15 PM	S. Lynch
14740 AEWD 783	Communication in the Workplace	Online	1/19-5/26	W 6:00 – 7:15 PM	L. Kunze-Thibeau
14725 AEWD 784	Critical Thinking Skills	Online	1/19-5/26	M 10:00 – 11:15 AM	M. Brosch
14775 AEWD 784	Critical Thinking Skills	Online	1/19-5/26	Th 4:30 – 5:45 PM	S. Eldred

# Other Saddleback College Resources

- Disabled Students Programs and Services (DSPS)
- Adapted Kinesiology (KNEA)



# Disabled Students Programs & Services (DSPS)



# DSPS Department

- Authorize accommodations to provide equal access to college programs and recommend services that support student success
- Help students with disabilities learn self-advocacy skills and strategies to be successful in college-level classes
- Provide specialized classes
- Currently serving over 3,000 students with disabilities



# DSPS Support Services and Accommodations

- **Counseling: Academic, Career, Personal and Disability Management**
- **Priority Registration**
- **Liaison with Campus & Community Agencies**
- **Note-taking Accommodations**
- **Test-taking Accommodations**
- **Adapted Computer Assistance and Training**
- **Print Enlargement, Braille Materials, Alternate Text Formatting**
- **Interpreters, Assistive Listening Device, Real-time Captioning**
- **Adapted Furniture, Mobility Support**



# DSPS / Special Services (SPS) Classes

- **SPS 115** – Alternative Learning Strategies
- **SPS 300** – Educational Assessment and Planning
- **SPS 310** – Memory and Attention Skills
- **SPS 316** - Success Strategies for Basic Mathematics
- **SPS 325** – Basic Computational Skills
- **SPS 330** – Writing Development Practicum
- **SPS 340** – Phonetic Structure for Reading & Spelling
- **SPS 360** – Adapted Computer Access Lab



# Adapted Kinesiology (KNEA)

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# Adapted KNEA Classes

- **This program instructs students in exercises designed to maintain their health, well-being and improve their quality of life. In tandem with the instructor, students develop fitness goals and an individualized exercise plan.**





# Adapted KNEA Classes

The KNEA program serves a wide range of people with physical and cognitive disabilities, such as:

- **Cognitive disabilities (i.e. Autism, Developmental Delays, and Learning Disabilities, etc.)**
- **Orthopedic conditions (i.e. low back pain, etc.)**
- **Visual and hearing impairments**
- **Chronically painful conditions (i.e. Fibromyalgia, etc.)**
- **Neurological conditions (i.e. Post-Stroke, Multiple Sclerosis, Parkinson's Disease, etc.)**
- **Traumatic conditions such as brain and spinal cord injury**
- **Inherited conditions (i.e. Down Syndrome, Muscular Dystrophy, etc.)**
- **Temporary conditions such as post recovery from a knee or hip injury/surgery**
- **Metabolic conditions (i.e. diabetes and obesity, etc.)**
- **Psychological challenges (i.e. anxiety and depression, etc.)**
- **Other conditions not listed above**



# Adapted KNEA Classes

- **KNEA 1** – Adapted Strength Training
- **KNEA 2** – Adapted Water Exercise & Swimming
- **KNEA 3** – Adapted Cardiovascular Conditioning
- **KNEA 4** – Adapted Stretching & Core Training
- **KNEA 6** – Adapted Sports
- **KNEA 8** – Adapted Outdoor Education & Recreation
- **KNEA 107** – Survey & Assessment Fitness

# Questions?

- **Stacy Eldred, OASIS Program Coordinator**

<https://www.saddleback.edu/ae/aewd>

(949) 582-4900 x 3610 (Voicemail)

seldred@saddleback.edu

- **Saddleback College DSPS**

[www.saddleback.edu/dsps](http://www.saddleback.edu/dsps)

949-582-4885

- **Adapted Kinesiology (KNEA)**

<https://www.saddleback.edu/dsps/adapted-kinesiology>

949-582-4679

# Thank you!

