



## Partner Support Sessions

OCASG is proud to announce a new support series for spouses, partners, and significant others of individuals with high-functioning Autism and Asperger's. These support group sessions are facilitated by coach and author, Kealah Parkinson. During these meetings you will be joined by other partners for an open discussion of your challenges and feelings.

Dates: Saturdays in 2022: 2/19, 5/21, 8/20, 11/19

Time: 10:00 am to 11:30 am

Fees: \$20 per session for dues paying OCASG members and \$30 for non-members. If you pay online in advance for four sessions will receive free OCASG Annual Membership

Location: ONLINE

Register Link:

<http://www.memberplanet.com/s/ocasg/partner-workshop-2022>

Questions? Contact OCASG: [ocasupport@gmail.com](mailto:ocasupport@gmail.com)

### About Kealah Parkinson

Kealah (KEY-la) Parkinson is Coach Kiki, podcast host, author & Communications Coach who helps pros & parents alike cycle out of fight-or-flight in the moment by feeling body messages & emotions. She is co-author/contributing author to two Amazon book titles & two self-published works. Coach Kiki's mission: Speak your truth with confidence.



Kealah first spoke to OCASG members when she co-presented with fellow authors, Susan Moreno and Marci Wheeler regarding [The Partner's Guide to Asperger Syndrome](#). In this book, the authors "interviewed over 100 couples in which one partner has ASD and the other is nonspectrum (NS). Their aim: to provide insight and guidance to NS partners who want to create a successful relationship for both parties. Each chapter ends with a list of "lessons learned" from the couples interviewed. The authors cover communication, social skills, and sensory processing and provide many real-life examples drawn from the experiences of the interviewed couples. Tony Attwood's foreword highlights potential relationship problems that individuals with ASD typically encounter. VERDICT: Excellent insight and tips for anyone in, or considering, a relationship with a person with ASD, as well as the friends and families of couples with an ASD partner." - Library Journal

<http://www.ocaspergers.org/>

The Orange County Asperger's Support Group, P.O. Box 17785, Irvine, CA 92623-7785

The Orange County Asperger's Support Group serves individuals dealing with Asperger's Syndrome, High-Functioning Autism, and PDD-NOS.