

## PERSON CENTERED/ **DRIVEN PLANNING**



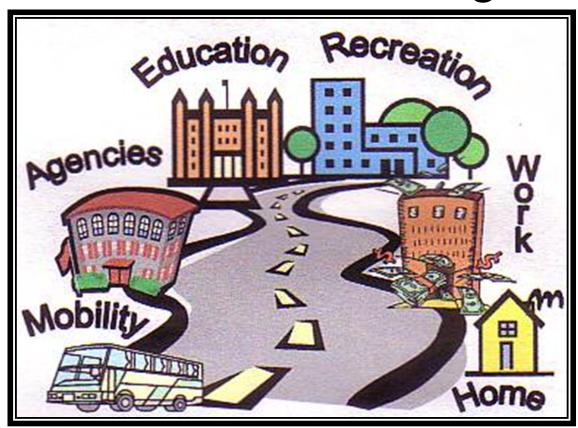
CHAPMAN Thompson Policy Institute on Disability

Richard Rosenberg, Ph.D. Linda O'Neal, M.A.

## PERSON CENTERED / DRIVEN PLANNING

Sets the Stage for Collaborative

**Transition Planning** 

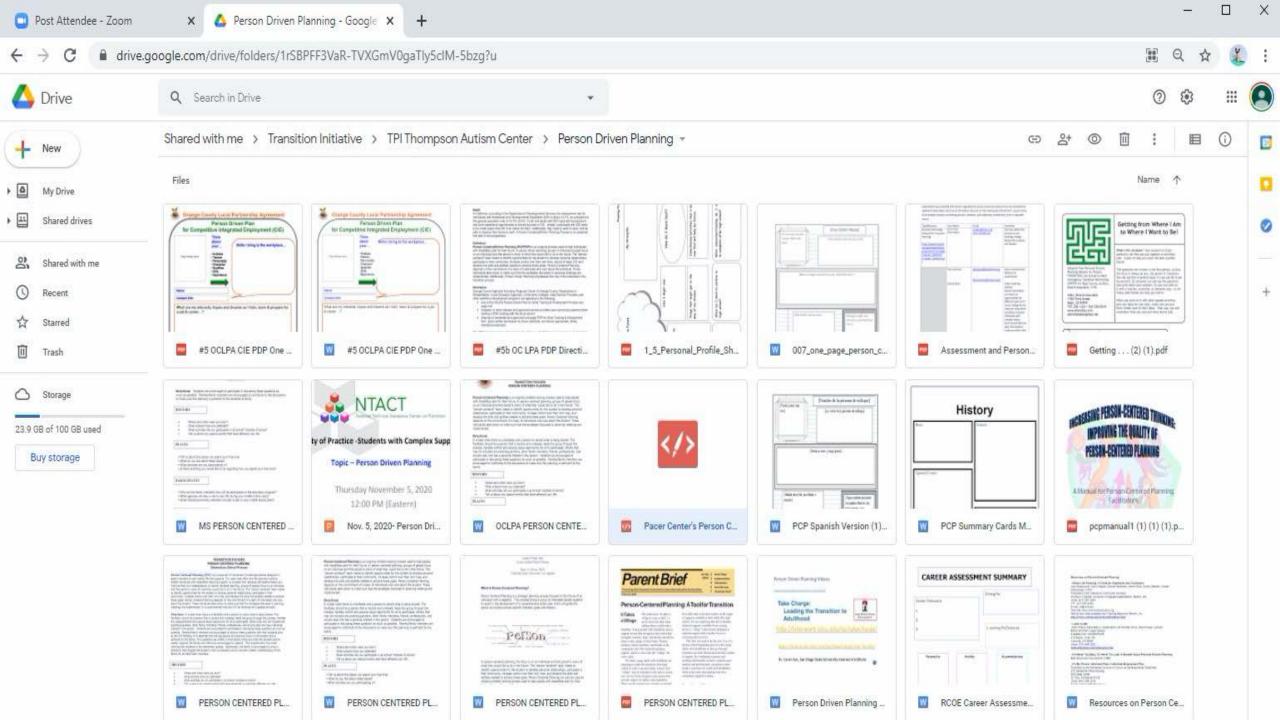


**THOMPSON POLICY** TRANSITION INITIATIVE OCLPA GOOGLE DRIVE

Person Centered/Driven
 Planning materials & flyers
 are available on the TPI
 Transition Initiative Google
 Shared files as follows:

https://drive.google.com/drive/folders/1rSBPFF3VaR-TVXGmV0gaTly5clM-5bzg?u







Christine
Mayer
Madison,
Wisconsin



If you are going to work for me, you have to listen to me.

And you can't just listen with your ears; because it will go to your head too fast.

You have to listen with your whole body.

If you listen slow, with your whole self, some of what I say will enter your heart.

### **Person Centered Planning**

 Person Centered Planning...... is an ongoing problemsolving process used to help people with disabilities plan for their future. In person centered planning, groups of people focus on an individual and that person's vision of what they would like to do in the future. This "personcentered" team meets to identify opportunities for the student to develop personal relationships, participate in their community, increase control over their own lives, and develop the skills and abilities needed to achieve these goals.



### Person Centered Plan principles:

- The person is the center
- Family and friends are partners in the planning
- The plan focuses on dreams and capacities with high expectations and looks towards the future
- Planning builds a shared commitment to action
- Planning is an on-going process

### Person Driven/Centered Planning is...

- an ongoing problem-solving process used to help people with disabilities plan for their future
- where groups of people focus on an individual and that individual's vision of what they would like to do in the future.
- is based upon a set of shared values that can be used to plan with a person- not for them

## IN DEVELOPING A PERSON-CENTERED PLAN, WE NEED TO CONSIDER THE FOLLOWING LOGISTICS:

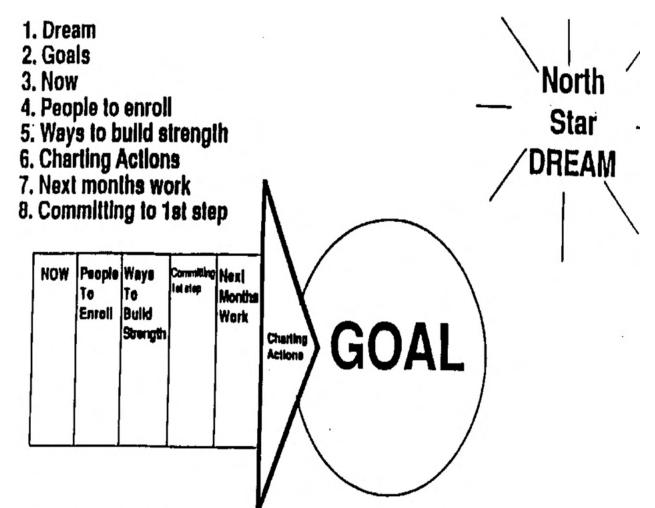
- Whose life is it?
- Who should be at the meeting?
- Where should the meeting be held?
- How should we prepare for the meeting?

# Person Driven/Centered Planning A Problem Solving Process

- Team meets to identify opportunities for individuals to:
  - develop personal relationships
  - participate in community life
  - increase control over their own lives
  - develop skills and abilities needed to achieve goals

### **Person Centered Thinking:**

- What is important to a person
- What is important for a person
- Health, safety and risk while supporting choices
- What are the core responsibilities for people who provide paid support
- What makes sense and what does not make sense to a person's life
- To ensure effective support by matching characteristics of support staff to the person's needs

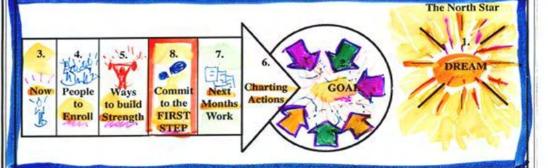


Situate yourself in a very positive future picture it clearly, then think backwards

- 1. Touching the Dream
- 2. Sensing the Goal: Focus for the next year
- 3. Grouping in the Now: Where am t/are we?
- 4. Identifying people to enroll on the journey
- 5. Recognizing Ways to Bulld strength
- B. Charting actions for the next few months
- 7. Planning the next months work
- B. Committing to the next step



(Planning Alternative Tomorrows with Hope)



YOUR PATH A focused Planning Process

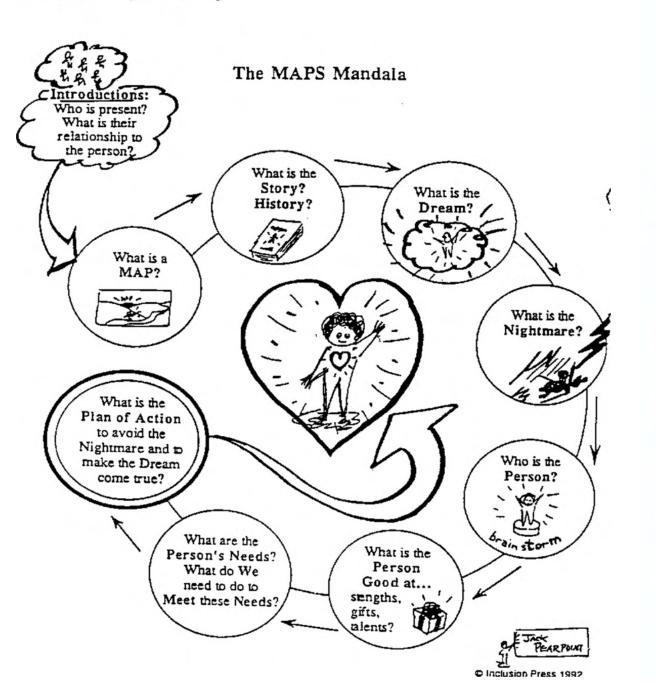
#### Steps

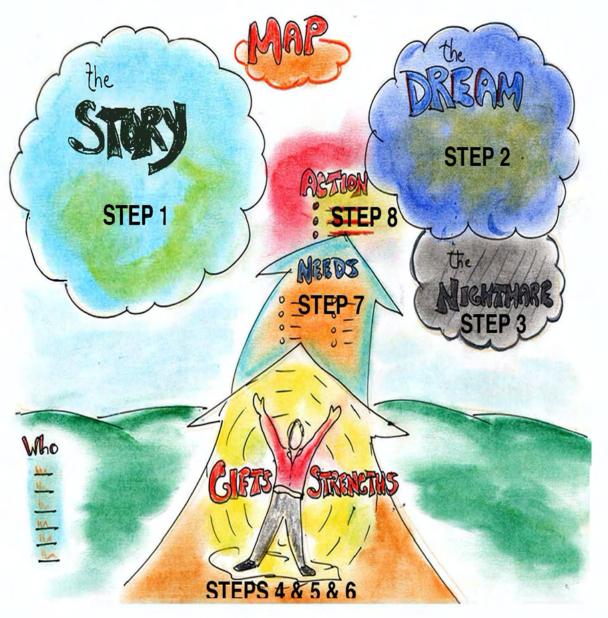
Situate yourself in a very postive future, picture it clearly, then think Backwards.

- 1. Touching the Dream (the North Star).
- 2. Sensing the Goal: Focus for the next year.
- 3. Grounding in the Now: Where am I/are we?
- 4. Identifying People to Enroll on the Journey.
- 5. Recognizing Ways to Build Strength.
- 6. Charting Actions for the Next few Months.
- 7. Planning the Next Month's Work
- 8. Committing to the First Step (the Next Step)

(Including a Coach to Support your First Step)

Inclusion Press J. Pearpoint, J. O'Brien, M. Forest 1991





## PCP/PDP Examples

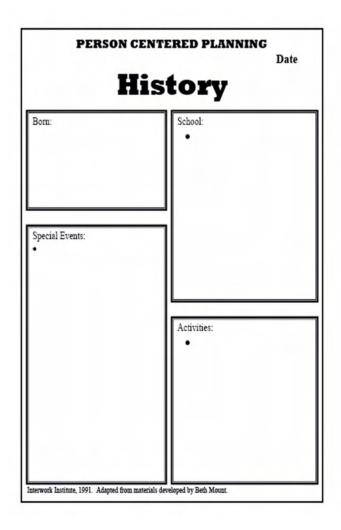
- There is no one right planning method to use, factors to consider...
  - lots of planning documents to choose from
  - variety of procedures
  - Location for PCP is up to the group
  - the focus should address the needs of the individual
  - with disabilities

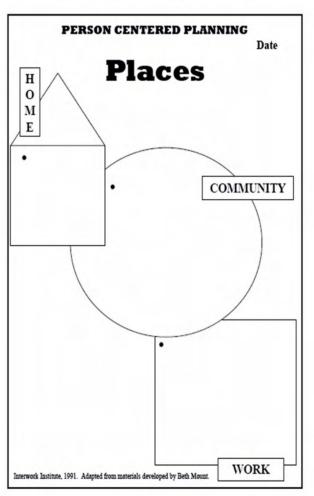
### Vision Board

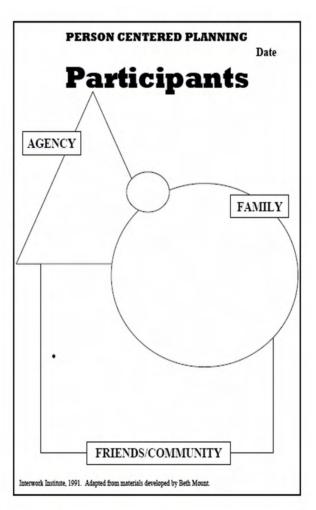


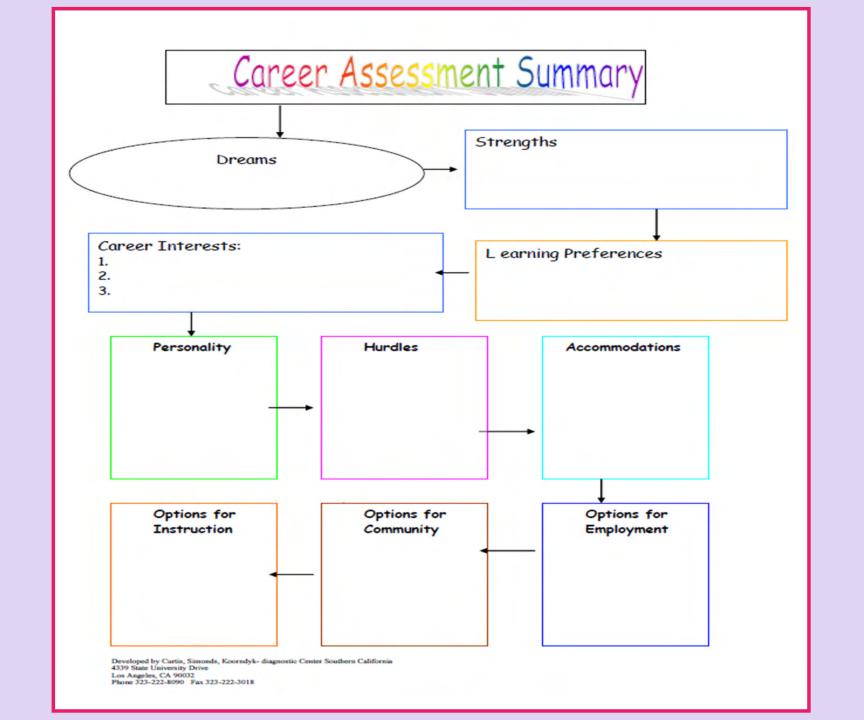


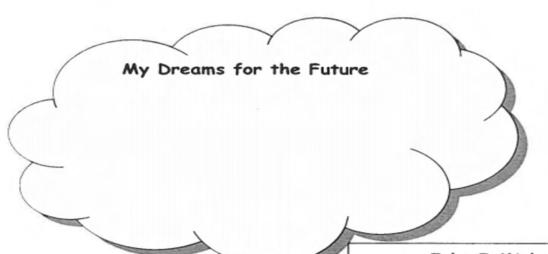
## PERSON CENTERED PLANNING TOOL











Employment
What are the requirements for the job/career I want?

Jobs I Might Like

Things that might get in the way of my dreams

What do I need to achieve this year?

What Do I need to achieve in high school?



Adapted from Personal Futures Planning (Mount) for Project TRANSITION, the School-to-Work Interagency Transition Partnership (SWITP) for Napa County, by Allen, Shea & Associates, 5/94.

Allen, Shea & Associates 1780 Third Street Napa, CA 94559 707.258.1326 • FAX 258.8354 www.allenshea.com allenshea@sbcglobal.net

### Getting from Where I Am to Where I Want to Be!

What's this all about? Your answers to these questions can help you put together a transition plan. A plan to help you reach the best possible future.

The questions are written in the first person, so that the focus is always on you, the person in transition. You can use this in several ways: (1) you can fill it out by yourself; (2) someone can ask you the questions and write down your answers; (3) you can work on it with a teacher, counselor, or someone else; or (4) family and friends can help you with it.

When you work on it with other people and they give you ideas for your plan, make sure you put their initials next to their ideas. That way, you will remember what you said and what others said.

- 1. Who is this about?
- 2. What are some great things about you?

### Getting from Where I Am to Where I Want to Be! About Work

7.) What are you doing now? going to school? working? something else? If you're not working now, please go to question #9.

8. How's your job?		
	Yes	No
Is it the kind of job you like?		
Are the hours and days okay?		
Do you get job support you need?		
Does the pay cover your bills?		
Do you get benefits?		
How do you get along with people	at work	k?
great okay	_ not ve	ry wel
When you think about your job (of that shows how you feel most of t		
you're glad you got it		

Do you want a job, or a different job than you have right now? If so, what kinds of jobs have you had?

If working or a different job is not important to you now, please turn to the page called About How You Live and Would Like to Live.

10.) What kinds of jobs or careers interest you?

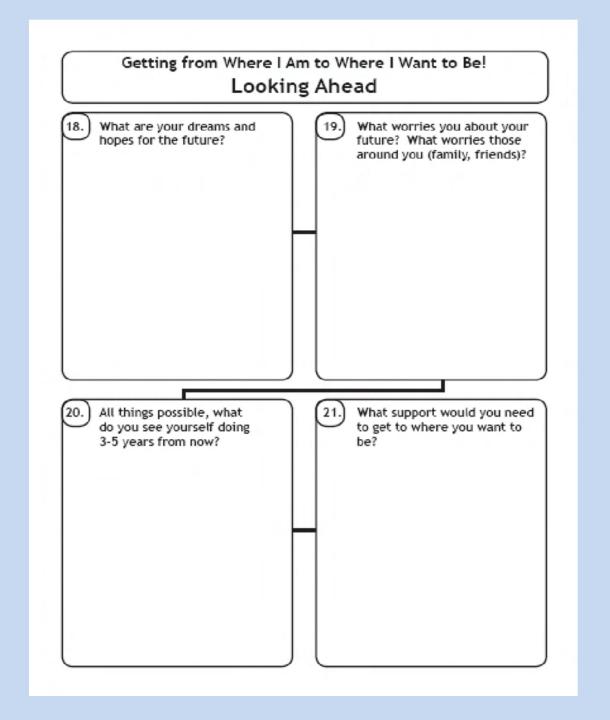
\_\_\_\_ it's okay that you got it \_\_\_\_ you're sorry that you got it

11.) Do you need support in getting a job?

	Yes	No.
Are you looking for you first job?		
Does it take you a long time		
to learn a job?		
Do you get Social Security benefits?		
Do you need support in things like		
using money or getting to work?		
Do you need any specialized		
training or work experience?		

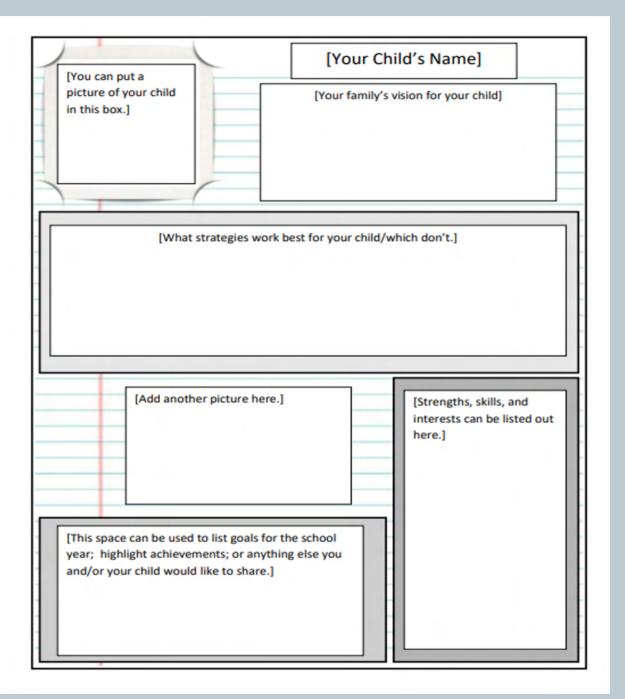
If you answered yes to any of these questions, you could probably use some support in getting and keeping a job.

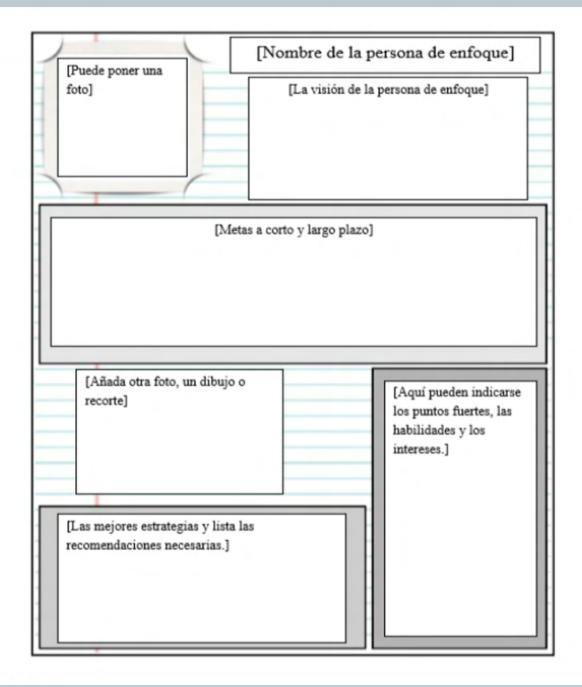
Getting from Where I Am to Where I Want to Be! About How You Live and Would Like to Live 12.) How do you live now? What are the best things about where you live right now? Alone? With a roommate? With your parents? With other relatives? In a group home? Other? What could be better about where you live right now? What kinds of support do you need where you live right now? Are you living where you want All things possible, where to live and with whom you would you like to live and with want to live? whom? If you're living where you want to live for now, please go to question #18.



### Getting from Where I Am to Where I Want to Be! Looking Ahead What are some first steps to take towards your (23.) Looking back at what you wrote for #22, which things desired future? would you like to discuss at your next transition meeting? Who should be at your Who worked on this with you? transition meeting (family, friends, teachers, agencies) to help you plan?

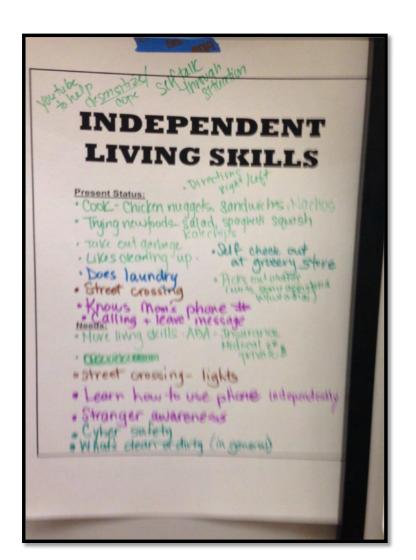
Individual:		Getting from Where I Am to Where I Want to Be!				
Moving towards your desired future, what do you need, want, or hope to happen in the next 1-3 years?	By what	What Kinds of Support Will You Need? Who can do what?				
	date?	I can	Family, friends can help me by	Agencies or programs can help me by	I need additional help from	
					A 11	
low will we know if your plan h	as worked?			1		





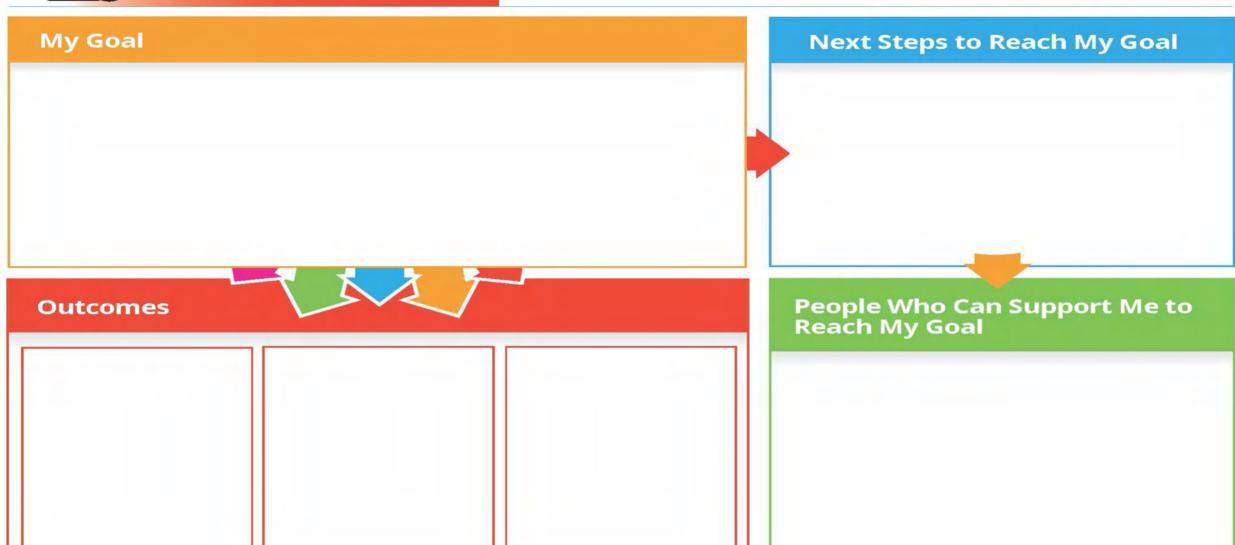
## PCP CARD SAMPLES







Name:
Today's Date:



### **Person Centered Planning**

## Multiple Teams



### **District/School PCP Team Events**

```
    Planning
```

Date (s)

Time

Location (Select a venue large enough to accommodate the number of tables needed)

**Staffing** 

(You need to make sure you have at least one staff member for each table.)

Send flyer to out to families for pre-registration

Pre-Planning Training (Held prior to actual event)

**Overview of The PCP Process** 

(Provide questions for review & discussion ahead of time)

Description of how the actual PCP activity will happen

Discuss materials that will be used at the event

(Encourage families to bring in photos to personalize planning cards)



### District/School PCP Team Events (continued)

### Event Preparation

Order materials

Develop Table Map

(Assign tables based on Case Carrier Proximity)

Make copies of stickers, pictures icons to be used on the PCP cards

### Event Set-up

Table Assignment Maps for staff to direct families & support staff
Set up one table for each family
(Some families may do better in a more personalized setting.)
Table sign with family name
PCP Cards and pens on the table
Place stickers, pictures and icons as needed on tables

### Follow-up Activities

Collect cards at the end of the event

Convert PCP cards into electronic format and send to case carriers



## STORIES OF PERSON CENTERED PLANNING

## Person Centered Planning

### **ELEMENTARY GRADES**



#### PRESENT AT MEETING

Mom-Kristy Grandma-Joyce Friend-Wendy Friends-Donna (daughter Dayna) HRC Patricia (5) Teacher- Mrs. Jz (2) Richard—Whittier UHSD



Doing my best

Responsibility

Comfortable @

Dress Kool

Lakewood

Write books

cartooning

Storytelling

Sensitive

Protective

Creative, kind

Kindness :):):)

Sports

Bancroft /Likes PE

Gifts

Games: Call of Duty 4,

Mind Craft, Xbox, com-

puter, Super Mario Kart

Sweet, great personality

Making slide shows,

Spelling

Reading

Math

Mature

RC client for life

#### eegan Taylor 12 years old (3/26/2013) PERSON-CENTERED PLANNING MEETING 12/10/2013



#### Mom Dad Keegan Joev Jacob Ashlv Nathan

Wendy

Love, family important

Wendy-Spec. Ed. Rachel-Spec. Ed. LBUSD Angeli-Transition Jovce-IBI



### NIGHTMARES/CONCERNS

Monsters Lava pits Creepy noises Earthquakes Being alone Acceptance-sensitive Finding himself safe, productive, being on own, independent Being taken advantage of Bullying, name calling Get lost, can't walk to school

> Needs Emergency Prep needs emergency plan mobility training not street safe

Uses cell phone

Report Card All around 3/4 Reading Assertive Safe

Relationship Self-Confidence

Helps clean up around the house Healthy, physically "in good shape" Strong family support Girlfriend (Anna), Wakes up and gets ready on his own Goes to bed early, uses his planner, prefers reading over math, spelling is easy, busy mind Math and Reading Levels 3rd grade, very focused and routine





#### **GOALS & DREAMS**

Work at toy factory Making a movie Inanimate Insanity- Battle for Dream Island (Cartoon) Favorite Characters (Thomas and Percy, OJ and Coinie) Wants to live on an island of the city-real land 18-22 Transition, college Wants kids Interested in computers

#### **GOALS, DREAMS & CONCERNS** Mom:

- •Intemship/apprenticeship related to cartoons
- LOVES DISNEYLAND
- ·Slideshows, movies
- Working a simple job at a place that he loves
- Travel, see places
- College classes related to hobbies
- Social group with peers
- Adult relationship/girlfriend
- Hobbies with social group
- Self advocate
- Mentoring
- Drive
- Mobility
- Navigate conflict
- Staving safe 
   living independently,
- Health/food choices
- Others (women) taking advantage
- •Finding a place in the workplace
- More interaction with nondisabled peers

#### Dad's vision:

- Read at 6th grade level
- Be more assertive and safe

Artistic Curiosity Writing Drawing **Pictures** Story Technology Original Character

Creative

#### TO DO- to reach dreams and minimize nightmares

#### Preparing for next environment

- LBUSD→ 18-22
- Community
- Harbor Regional Center-day support
- DOR-jobs, supported employment
- C2C-community college certificate, lead to employment
- · Supported living or group homes
- ACT: courses in graphic design etc
- Connect with Best Buddies
- Social skills groups
- 18
   — Social Security to navigate \$\$ (PROMISE)
- Conservatorship (HRC, mom and lawyer) to avoid inappropriate binding contracts

#### THOUGHTS...one word

Me and Anna Love Involved Hope All doable High potential Work Partnership Enlightening Growth Team work Exploration Excitina Powerful





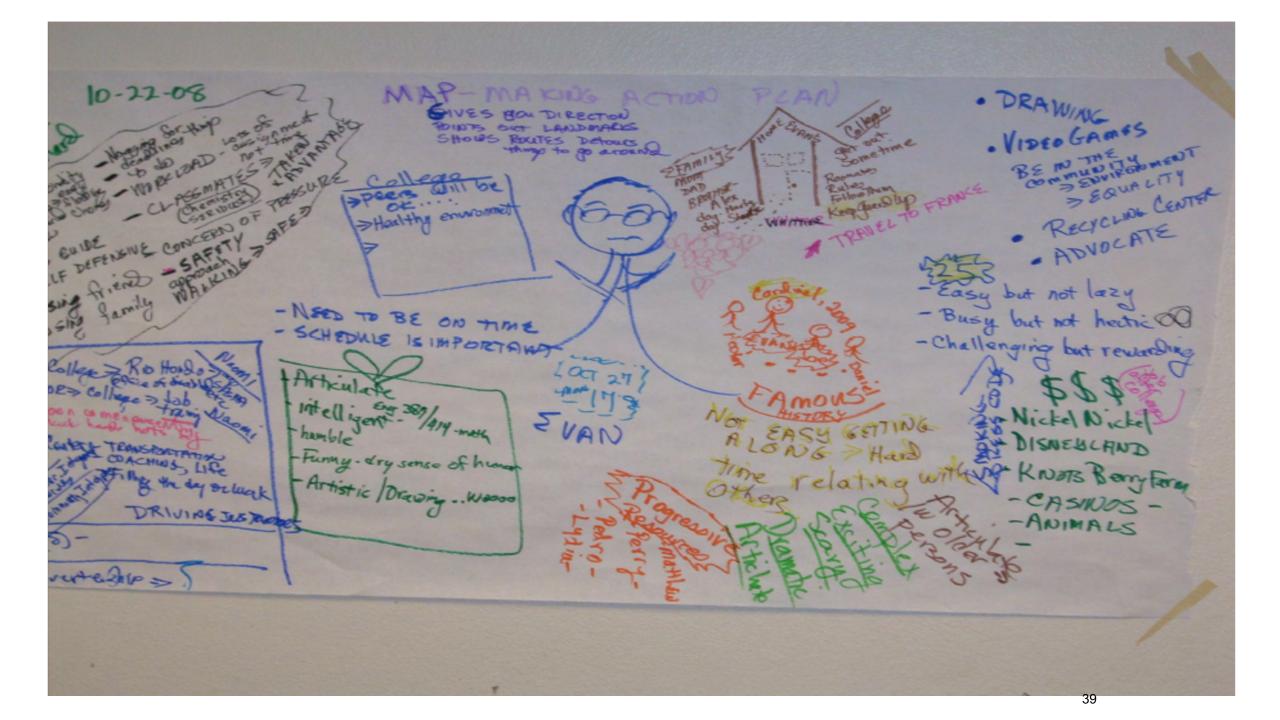


# EVAN



## **EVAN & FAMILY**





What is a MAP— Making an Action Plan
Evan shared it's a means to give directions, points out landmarks, shows routes and
directions, detours, and things to go around.



#### Present: Mom, Noell, Richard, Evan

#### Action Plan to Reach the Dreams and Minimize the Nightmarez

- Walk at commencement for hand shake from principal
- Enroll in Rio Hondo and Access office of Disabled Students
- Regional Center Support—Transportation, Tutor support, Community Access, Socialization Support, Life Coach. Supported Living in the future
- Department of Vocational Rehabilitation Employment Preparation and steps to reach Employment Goal
- Progressive Resources—Assist with social skills development and support following high school
- Drivers Test support Access to test and materials as needed...Regional Center to continue to provide behind the wheel

#### Linkages

WHS for Senior Activities

Regional Center for future support agency

College for support with studies, registration, etc.

Department of Vocational Rehabilitation for employment

Social Security Administration — Access SSA when Even turns 18

Consider and discuss the pros and cons of Conservatorship

Strengths
Articulate
Intelligent
Humble
Furmy dry sense of
humor

#### Dreams

Drawing
Video Games
Involvement in Community Activities
Environmental Issues
Equality
Civil Rights
Recycling Center

Advocate Activities

Possible Jobs in the future Nickel Nickel Disneyland Knott's Berry Farm Casinos Working around animals

DREAM Job when Evan is 25 or more:

Easy but not lazy
Busy but not hectic
Challenging but rewarding

#### Home Life

- Things are good with Mom, Dad, Alex and two dogs Harley and Shotsie
- College Dorm

Roommates, Rules, Getting along

- Have to Keep the Guard up to get along Consider Supported Living at some time in
- the future

#### Nightmares Frustrations

#### Nagging Deadlines

Work load (lots of assignments now and not enough time to do them) concerned about college and future jobs Too much pressure not enough time Classimates — likes chemistry class the students are really work-

ing and studying in Chemistry Concern about getting along

Shared that college peers will be easier to get along

Asked regards to dating social etc. Evan shared that is not a priority now and that at times has a hard time relating with others

#### Word to Describe the Person Center Plan

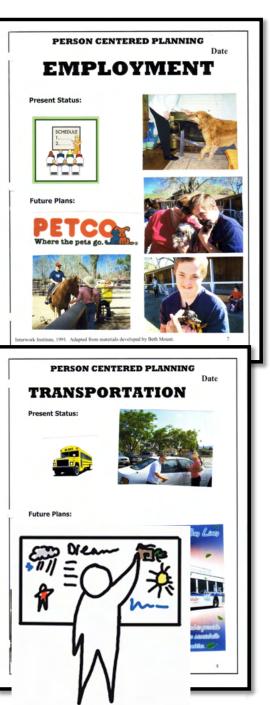
Complex Exciting Scary Dramatic Articulate

# Mikel

## Mikel's Journey



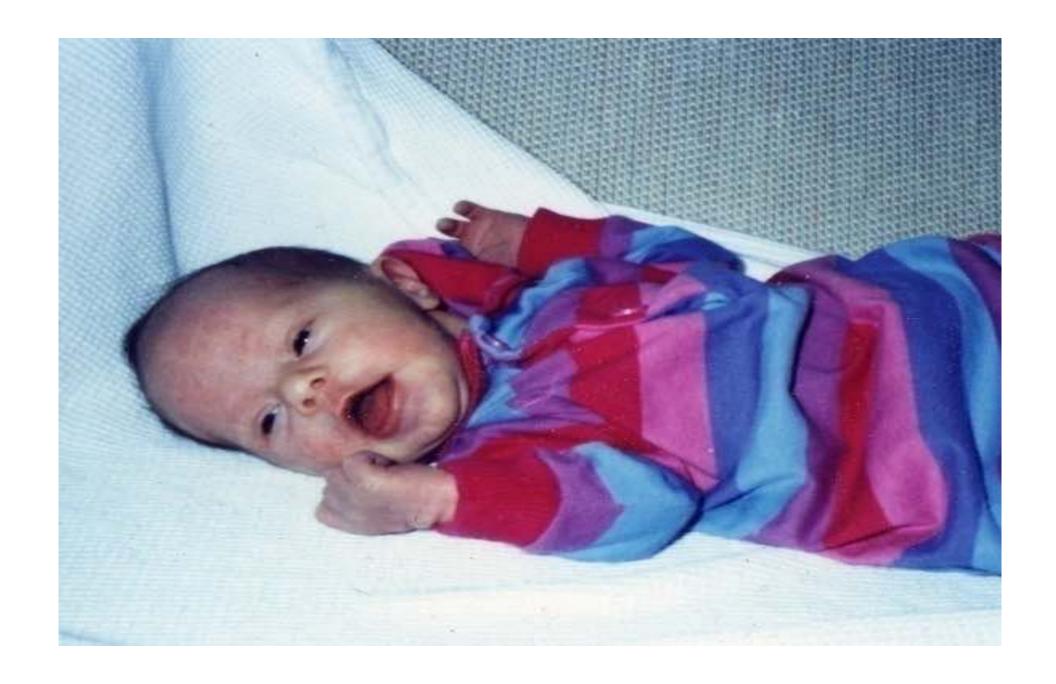




## THE STORY OF MIKEL







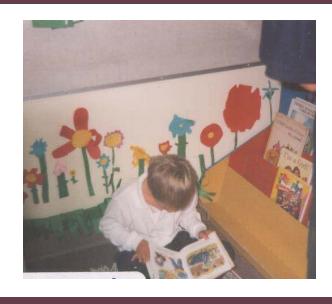


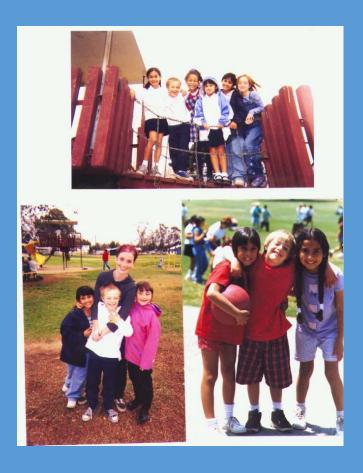










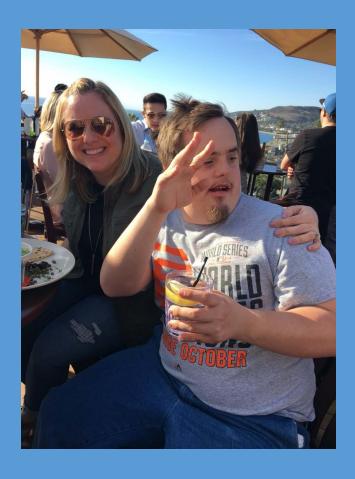




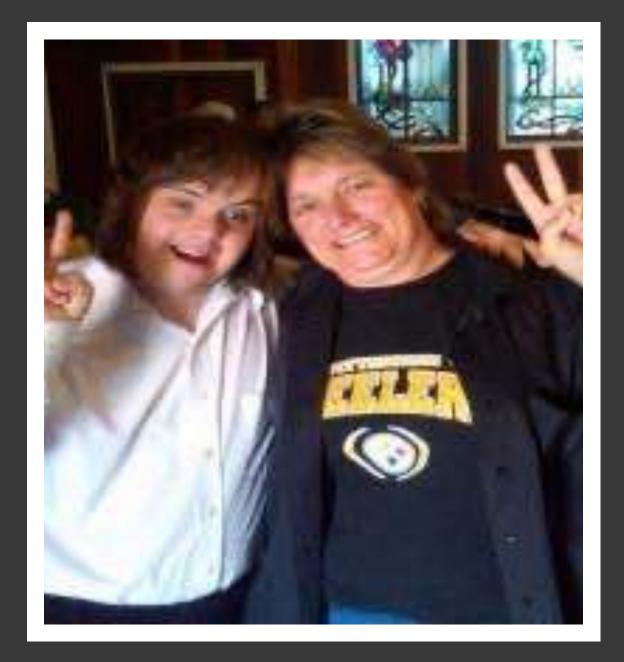


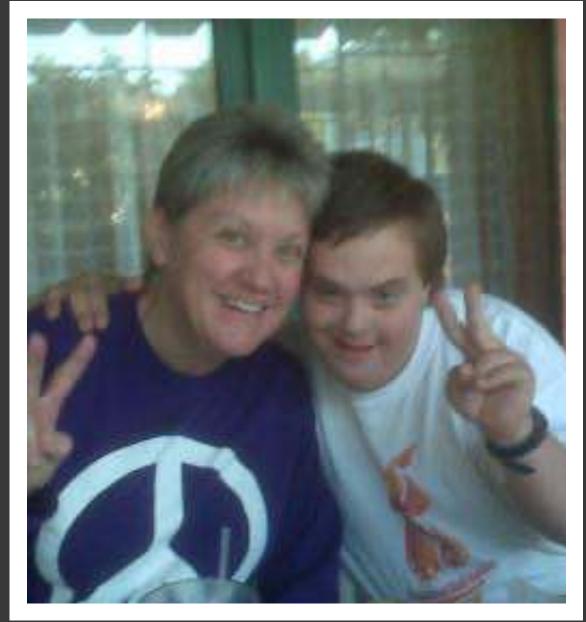




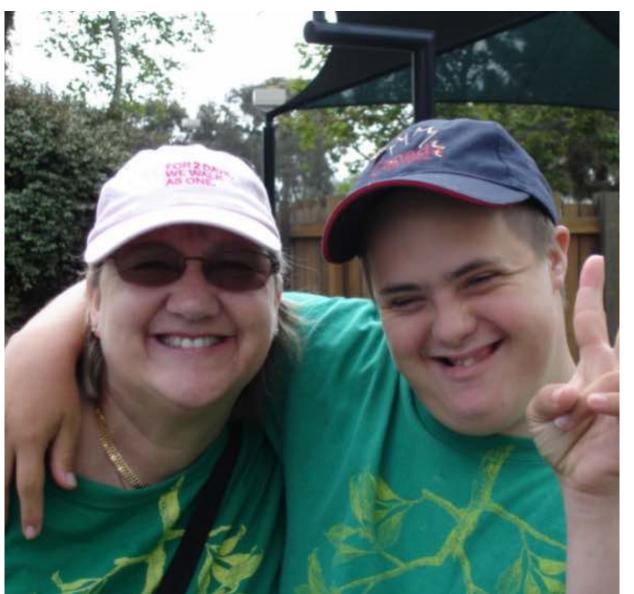


















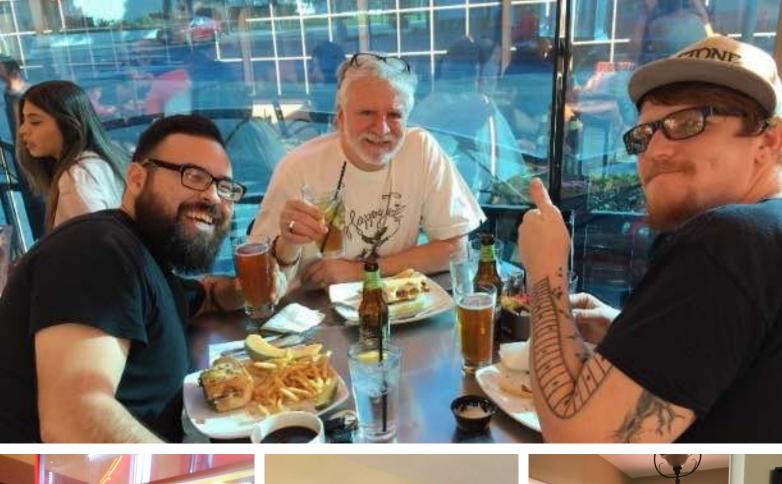






















JoAnn Fabric

Workability

Adult CareerExploration

## Mikel's Work at the 2Ns Nails and Spa

- The team has done a great job getting Mikel oriented to the Spa and his Job.
- Upon talking with Ken, the owner, he is open to having Mikel work as much as he can. I shared the expectation is that Mikel should see this as a JOB / WORK
- Mikel is happy and positive.
- **❖** We would like the staff and Mikel to feel he is to work for an hour shift at this time.





- Facial, Waxing, Permanent Make-up
- Professional Full Service Nails Care

12525 Beverly Blvd. Whittier, CA 90601



OPEN 6 DAYS

Tue-Sat: 9:30 am - 7:30 pm

Sun: 10 am - 6:00pm







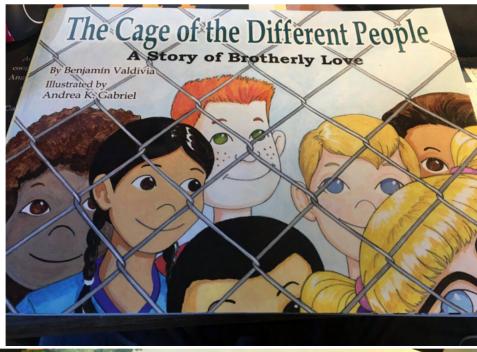


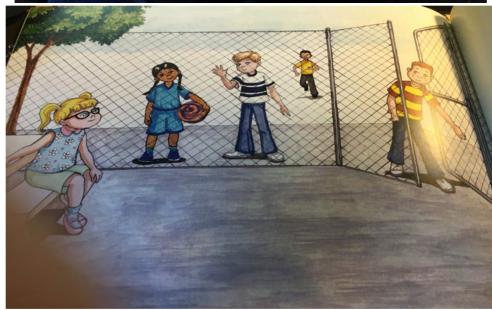




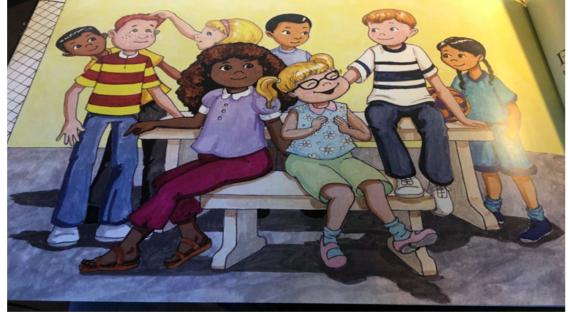
# CARLA

### Carla's Life









## CARLA'S 16<sup>TH</sup> BIRTHDAY













## **Going to College**



"A peer is a friend, an equal, someone to share with, and to learn and grow with..."



"...someone who shares a common experience with you."



Some share a home ...







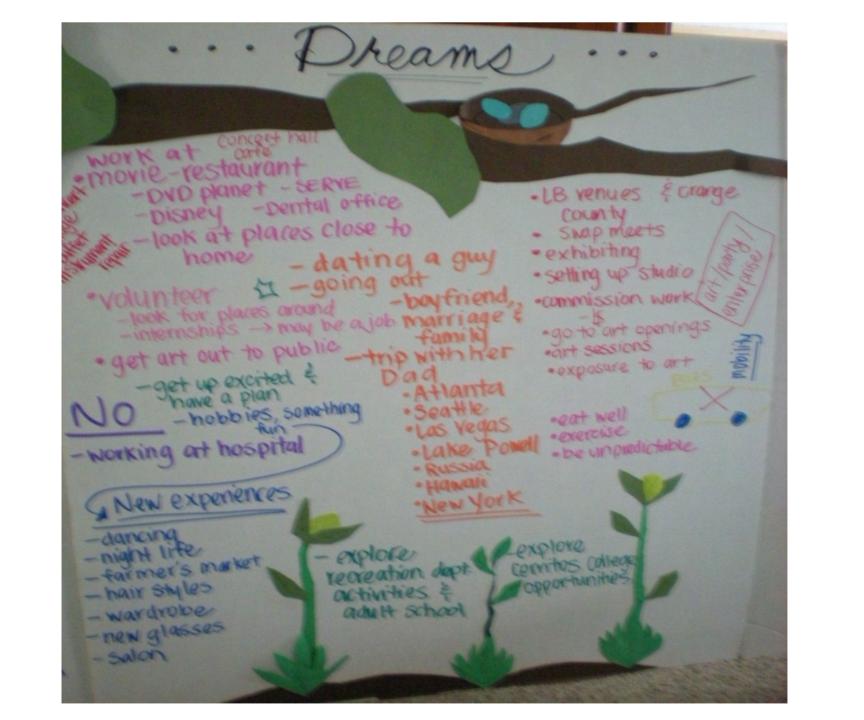












#### **ACTION PLAN**



To Reach the Dreams and Minimize the Nightmares

- Business Plan
- Living Plan
- Social Media Marketing
- D.O.R.- Reel People
- WIP-SSA
- SSI
- Cal Able
- New IPP from Regional Center



www.ctsartist .com

## Carla's Movie Restaurant Planning





POP-UP MAY 20TH AT DIPIAZZA'S 5205 E PACIFIC COAST HIGHWAY LONG BEACH, CA 90804

> DOORS @ 4 SHOW IS FROM 4:30-6:30

MORE INFO- VISIT: CTSARTIST.COM

www.ctsartist .com

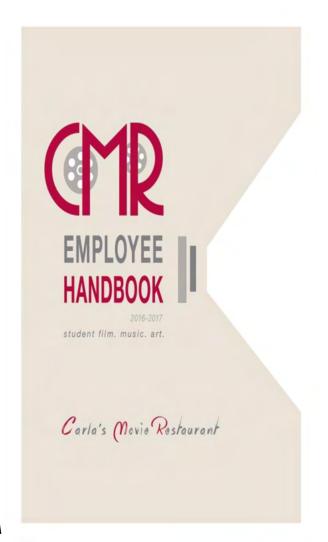




Carla has first draft:

Going to Aladdin...









# CHRISTOPHER

## Person Centered Planning THE STORY OF CHRISTOPHER





## EMPLOYMENT



IS THE KEY
TO
QUALITY ADULT LIVING













Camp ReCreation

CHRISTOPHER











### History

#### Born:

20 years old January 27, 1993 (21 in January)

#### Special Events:

- Became an uncle
  - o Uncle to Michael (nephew) 4/2011
  - o Uncle to Natalie (niece)
- Attended Camp Recreation (six times already)
  - o Going again in August
- Went to Hawaii Oahu Disney Aulani Resort
- Going to a Marathon Oct. 20th with Uncle.
- November going to Angel Stadium for Challenger Classic

#### School:

- Irvine
- Northwood High School

Christopher

Nurse Kim

3edef

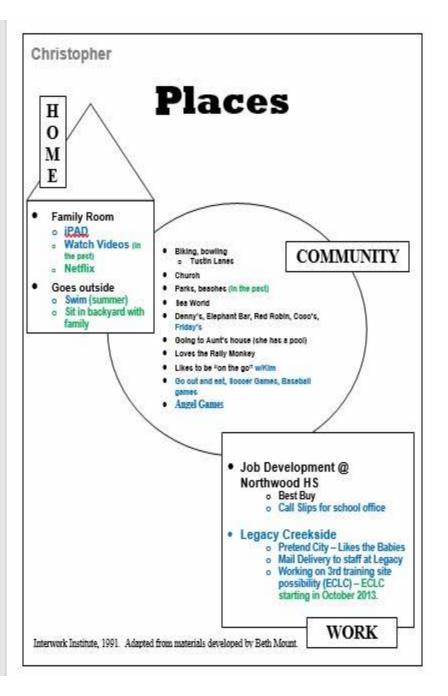
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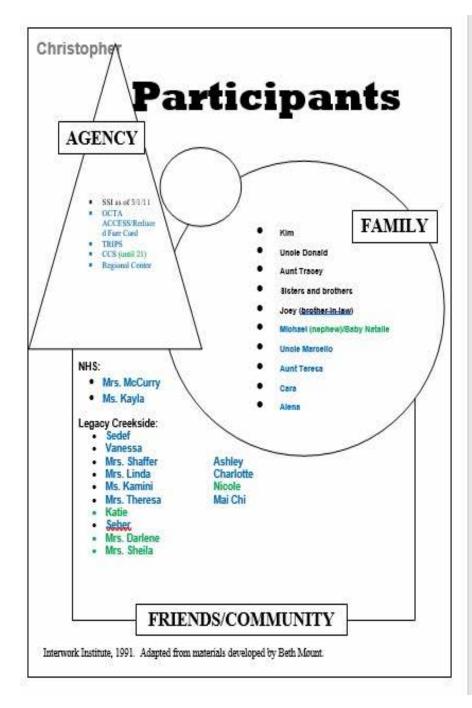
- o Certificate of Promotion June 2011
- o Currently Attending
  - · Legacy Creekside

#### Activities:

- . Going to the movies at Main Place Mall for \$1 (Likes to go)
- . Watching others play Wii/iPAD.
- · Attended Spring Training in Arizona with Dad, Tony, Joshua, Simon
- Angels games
- . Discovery Science Center In the posts
- Bowling
- · Swimming in summer
- Riding bike
- · Going to church
- Sea World (few years ago)
- Mall

Interwork Institute, 1991. Adapted from materials developed by Beth Mount.





### **EDUCATION**

#### Present Status:

- · Legacy Creekside-IATP
  - Using/Learning iPAD/Dynavox (Cunavox in the past)
     Trying to use arm supports to improve independence
     Job Training (Pretend City, Mail Delivery,

  - o 3rd Job Soon
    - ECLC October 2013
  - o Grocery Shopping (will shop periodically when not at work at
  - o CBI's eat out (Lamppost Pizza, Pizza Hut, Ruby's, StoneFire, Grill, Islands), Barnes & Nobles, Walking Lake

#### Future Plans:

- Irvine Adult Transition Program Summer 2011 Completed
- Trained Aid- Sedef
- Concerns How many students are there; Can he interact?
- Christopher very social
- Choices of jobs:
  - Greeter Pretend City,
  - o Story Time
  - Angel Stadium
  - Massage Therapist
- Gradual steps How to make formula wiDynavox food prep went well, steps needed (for lunch prep ideas) - Completed
- New Apps for iPad
- New Reading Material for job sites.

## RECREATION / SOCIALIZATION

#### Present Status:

- . Go to Camp Recreation
  - o Once a year
  - o Under 18 camp
  - o Goes with brothers
- · City of Irvine Dance
  - o Activities: Didn't match up with calendar
- Angel Games
- · Challenger Baseball League
- · Disneyland (in the past)
- . Knights of Columbus

#### **Future Plans:**

- · Continue to look into City of Irvine
- Best Buddies

#### Christopher

### INDEPENDENT LIVING SKILLS

#### Present Status:

- · Conservatorship / SNT Done
- Transition Portfolio in process at Legacy Creekside
- . Going out in Community
  - o Grocery Shopping for home
  - Walking in the community

#### Future Plans:

- . Wants to live by self- to watch TV or iPAD
- Scheduling his own life and needs- More incharge of what he wants to do.
- . Learn to text and email
- Choices for afternoon activities
- Time management (alarms set self) Alarms set with assistance – working on what alarms mean wassistance.
- Wants own family
- Married

### **EMPLOYMENT**

#### Present Status:

- . Working at Best Buy with Northwood HS
  - o Job Development
- Legacy Creekside
  - o Pretend City greeter
  - Mail Delivery
  - o 3rd job in progress Start ECLC in Oct. 2013

#### **Future Plans:**

- Schedule
- · Work at Angel Stadium
- Take pictures at Angel Stadium
- ECLC reading stories
- Expand Pretend City role to include other activities including reading stories – Currently working on reading stories @ Pretend City
- Wants a paid job

#### Christopher

#### TRANSPORTATION

#### Present Status:

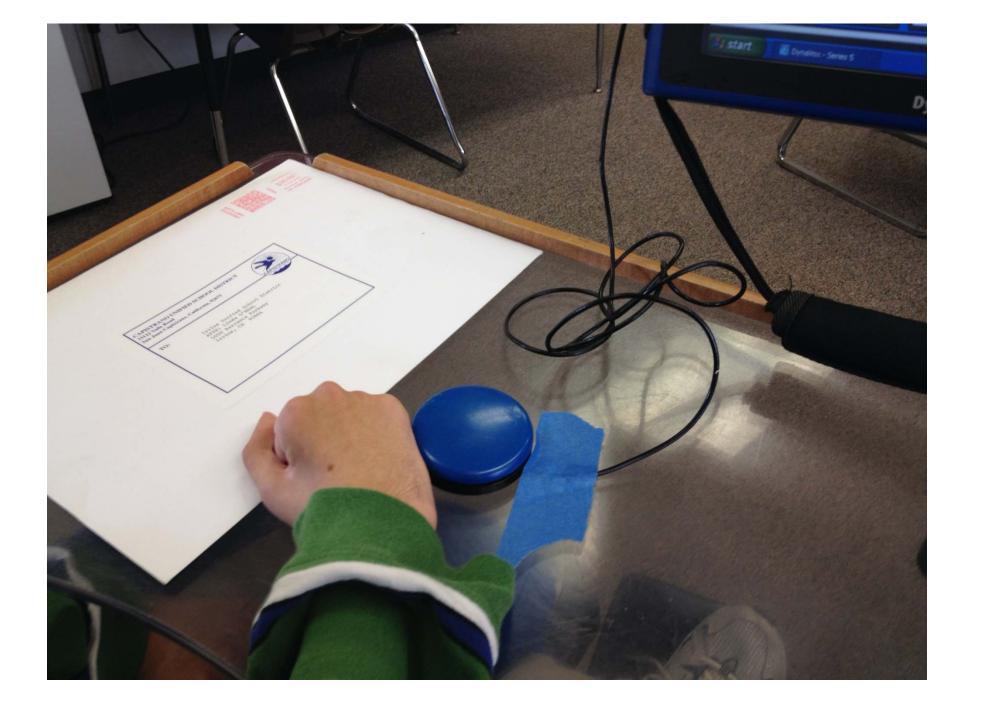
- TRIPS
- Walking
- OCTA a few times during the 2011-2012/ 2012-2013 school years
- Family Vans

#### **Future Plans:**

Using ΩCTA ?







## TECHNOLOGY SUPPORT NEEDED FOR A VARIETY OF FUTURE EMPLOYEES WITH DISABILITIES

- ✓ Voice Over Features
- ✓ Speech to text
- ✓ Calendars
- ✓ Reminders
- ✓ Work Task Lists
- ✓ Transportation Schedules

#### **Clinical Evaluation And Trials**

#### **Evaluations:**

An assistive technology evaluation helps to determine an appropriate assistive technology software or device to meet a person's needs. The ATEC staff met with the client, family members and professionals in order to write a report and create a plan to incorporate the recommended technology. The following is a list of some of the assistive technology evaluations that ATEC provided.

- Augmentative Alternative Communication (AAC)
- iPad Access
- Worksite Modifications

## Consulting:

ATEC also provided consulting services for professionals, organizations and family members. Their goal is to promote learning more about ways assistive technology enhances quality of life.

ATEC will be utilized to assist with full implementation of the arm braces that have been ordered for Christopher through California Children's Services (CCS). Unfortunately this system can take up to 9 months to deliver needed equipment after the usefulness of the item requested has been verified.

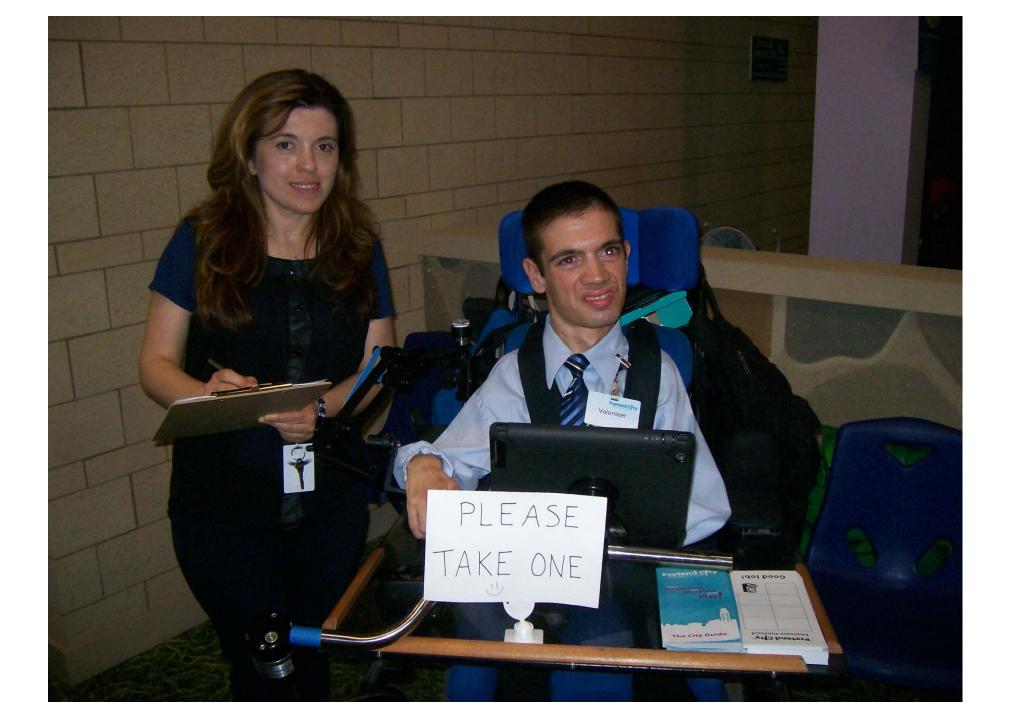


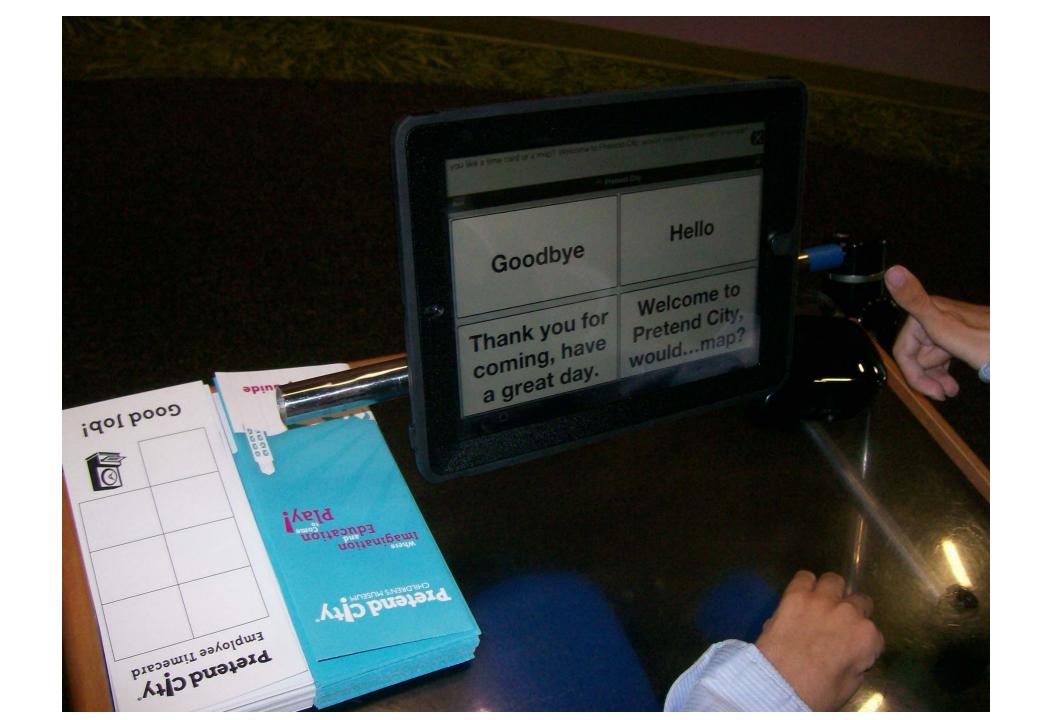












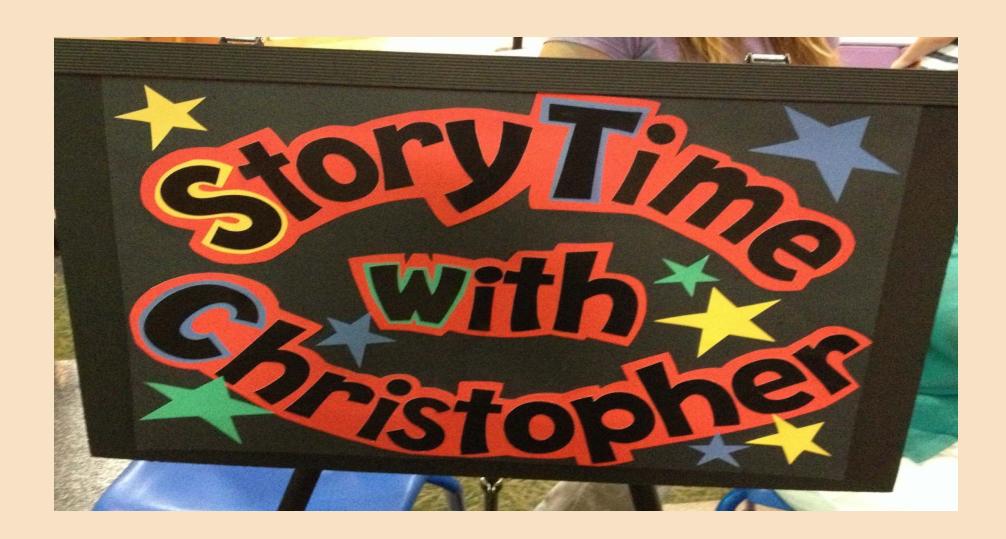






### **Christopher at Pretend City Children's Museum**







## STORY TIME WITH CHRISTOPHER



## Christopher's Schedule

imes	Monday	Tuesday	Wednesday	Thursday	Friday
6:00 AM					
6:30					
7:00					
7:30		Bike	Bike		
8:00	Stander	7:30-8:15	7:30-8:15	Stander	
8:30	8:00-9:00			8:00-9:00	Stander
	Get Ready for		Get ready for Work	Commence of the control of	8:30-9:30
9:30		Wait time for Access	Wait time for Access	Get Ready for Work	
10:00	TRIPS	9:30-10:30	9:30-10:30	Change @ 10:30	Get Ready for Work
10:30				TRIPS	Change @ 10:45
11:00	rieteria City	ACCESS	ACCESS	10:45-11:15	TRIPS
11:30	11:00-1:00	10:30-12:00	10:30-12:00		11:15-11:45
12:00 12:30	Early Close				Pretend City
12.50	TRIPS	to the same of the	2010	Pretend City	12:00-1:30
	Albertson's-	Discover Science	Discover Science	11:30-1:00	
4 00		Center	Center		
1:00		12:00-2:00	12:00-2:00		
1:30	1:05-1:35	*			
2:00				TRIPS	
	Grocery			1:15-1:45	
	Shopping	Wait time for ACCESS	Wait time for ACCESS	1.15 1.45	TRIPS
2:30		2:15-3:15	2:15-3:15		1:45-2:15
	OCTA 79	ACCESS	ACCESS	Transportation Needed to	
	Home	3:15-4:45	3:15-4:45	Coastline	
3:00	2:36-3:00				Social - Recreationa
3:30	Stander			Coastline Community	Outing of Choice
4:00	3:30-4:15			College	
4:30	-:	Stander	Stander	3:00-5:00	
5:00		4:45-5:15	4:45-5:15		

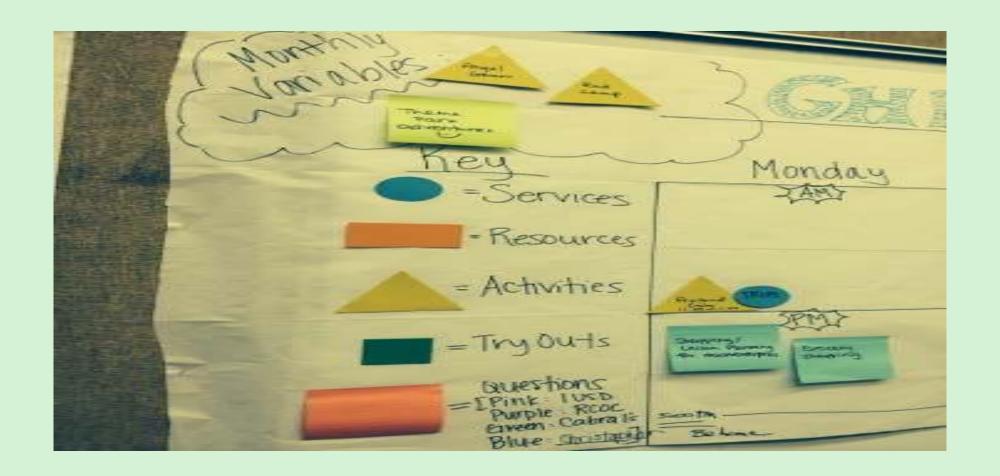
Home	Note: CC needs to be changed around 11:00 and 2:00
Work	Check with Pretend City and Discovery Cube for appropriate
Transit	facilities
Community	





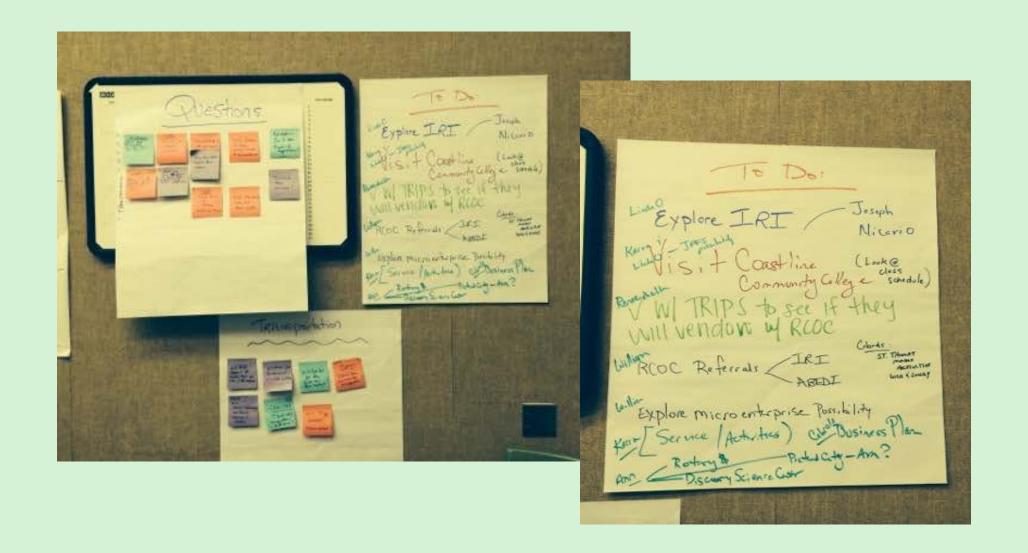












# JOHN

## **Power of Person Center Planning**









### John

### **Person Centered Meeting**

#### **Transition Life Skills/Career Options**

Computers: "Data fact finding; creative design, critic world"



Travel: "International Affairs" Movies: "Reviewer/Editor" Architecture: "Landscape/Measure Pipe" Dietician: "Promote Health/First Aid" Entertainment Industry: "Theatre/Opera" Math: "Lab Results" Swimming: "Ocean Beach" Cooking: Chef



### **Transition Skill Development**

\*Self-Advocacy \*Individualized Transition Plan (ITP) \*Money Management Knowledge \*Independent Living Skills

\*Stranger Training:emotional, physical, financial



### **Dreams**

Mobility Health and Safety Landscaping Always look good Movies College



#### **Travel**

-New York -India

-Los Angeles -Paris

-London -China

### La Serna High

Graduation: June 2010 Walking = Pictures-> Smile Diploma? Certificate? Pass CAHSEE



#### **Future Supports**

- \*Adult Services (DDS/DOR)
- \*Personal Self Care Assistance
- \*SSA \$ at age 18
- \*Pass IRWE



### Fears and Anxiety

- -Ghosts
- -Thunder
- -Being taken advantage of



#### Words/Ideas Related to John's Life

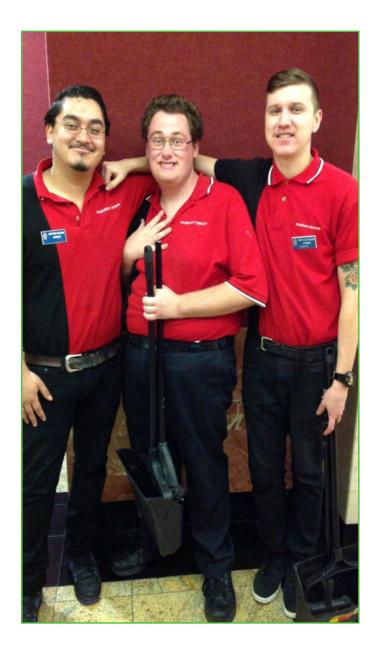
Family Glad/Happy Freedom

Lots of Stuff Opportunity Concern

Hopeful Trepidation Optimistic

Support Relief Hard Work

Tears/Cry Fulfillment Bright Future



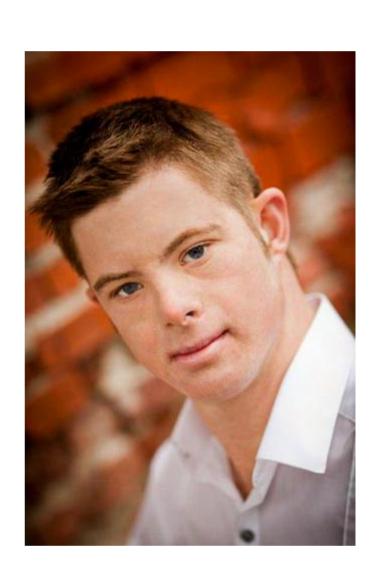








# LUKE



## Luke Spinelli

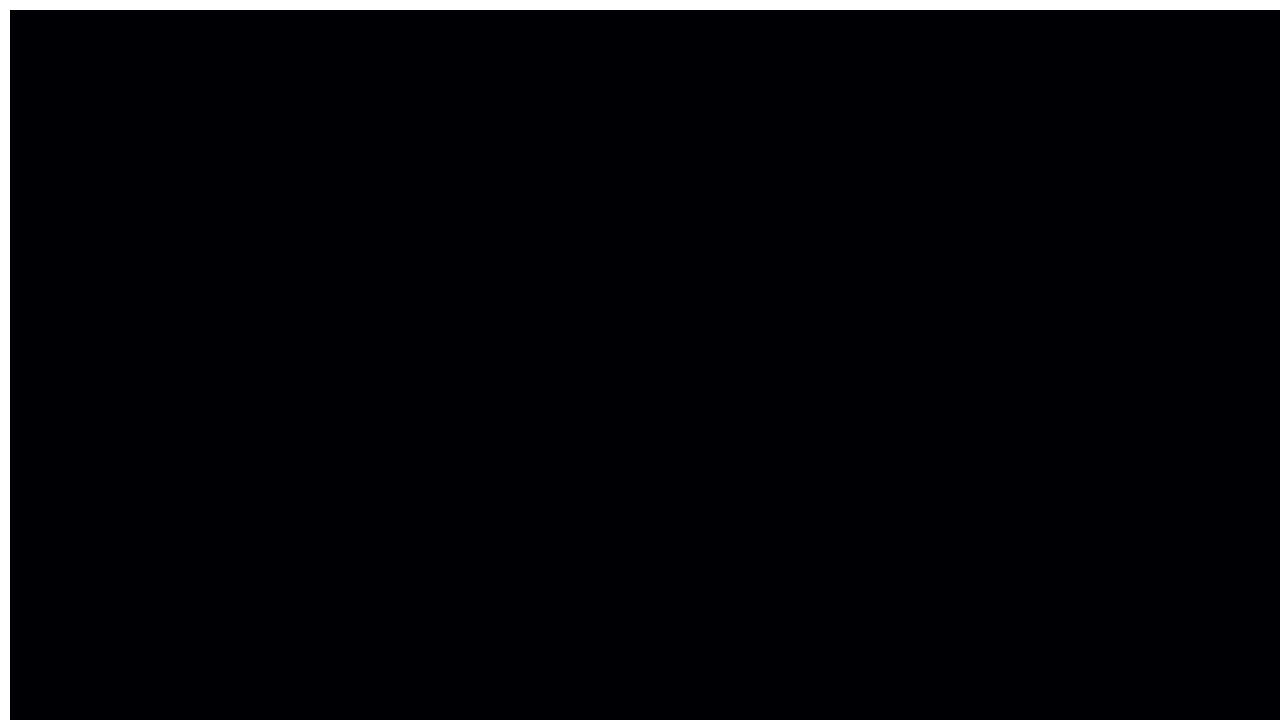
Man On A Mission

Luke lives in the moment and enjoys life.

He works hard on his independence.

Acting is his passion...

http://www.lukespinelli.com/index.html



## BLAIR





### Blair and Kendall's Housewarming





## B.B-Plan to figure out

House Meeting: Tuesday

January 28<sup>th</sup>, 2021

Special Guest: Richard Rosenberg

## **Team Goals**

- Own Real Estate
- Communication/ Typing
- SDP Newsletter, Book 2<sup>nd</sup> Edition
- Being more physically active
- Trust, communication, bonding
- Sleep in her own bed (at least one foot between beds or her own room)
- Publish her own book
- Experience of freedom. Travel
- Relationship's

### One word that describes Mrs. Blair Brown

- Chelsea Stevens (Joined November 2020)-Outgoing
- Rosie Grimaldo (Joined November2019)
  - -Loving
- Connie Negrete (Joined January 2020)
  - -Awesome
- Melissa Salazar (Joined July 2020)
  - -Silly

- Peter Brown
  - -Determined
- Sharla Brown
  - -Resilient
- Richard Rosenberg
  - -Determined

Team that supports me.

-YouTube

-Book

-Influencer

BB-I want to go to the amphitheater of light and see stars.

Not having loving people around me.

What frustrates me?

Not having a plan.

B-B Jump start people ready for plenty of opportunity to live with VIGOR. Be very careful with my life.

What makes me happy?

What makes me sad?

## Pre-Release from Covid

R.R -Blair is our

**Teacher & Master** 

- Challenging
- Excited
- Emotional
- Positive
- Consistent
- Powerful
- Real

- Resistance "no doesn't always mean no"
- Happy
- Engaged
- Enlighten
- Simple
- Don't get overloaded

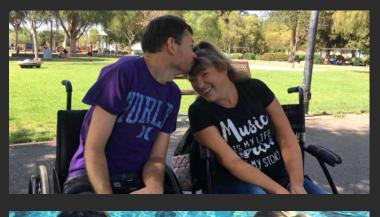
## To Do Future-After Covid

Sleep in own bed
Travel
College
Presenting at a
Conference
Give back to the
community/ Volunteer

Create a Behavior Support Plan

- Annual Disney Pass
- Attend a concert
- Live music, dancing, karaoke
- Swimming/Talmadge
- Syracuse Whittier
- Integrate in the community
- Hiking
- Healthy Diet
- Family
- Horseback riding
- Meeting people
- Cooking class, YouTube
- Own a pet
- Skiing, boat rides













Blair's New House 2021

## MATTHEW



# Matthew "BUD" Story









- I am 40 years old
- I live in Santa Barbara in my own home
- I have a housemate, Felicia
- I have had jobs before I started my business:
  - Santa Barbara City College Kitchen
  - Scroll job
  - WILSON printing



## Matthew's Person Centered Plan 1994

### Work

- Something with computers
- Office work
- Be around a lot of people
- Dress up/look good
- Job with a variety of tasks
- Outside/physically active
- Something that has ongoing skills to learn
- Combination of time alone and with people

### **Live/Play**

- My own house
- Roommates
- Lots of Choice
- Close to family
- Grow mustache
- Go to Las Vegas
- Shoot Pool
- Bowling League
- Membership at gym
- Meet New People
- Have a girlfriend

# Matthew Medina's *Taking Care of Business*Personal Assistant Services





# Taking Care of Business

Matthew Medina & Associates

I started my own business in 2004

I like owning my own business because:

Money

Vacations

Days off

More independent

Know more people

I can get around town by myself.

I have a good savings







## New Places I've Traveled...

- Chicago
- Denver
- Phoenix
- St. Louis
- Portland

Dodgers vs Cardinals Ryan's First Dodger Game



# Lessons Learned



Be Patient



Everything takes more

time than you thought



Matthew needs time to "get it"

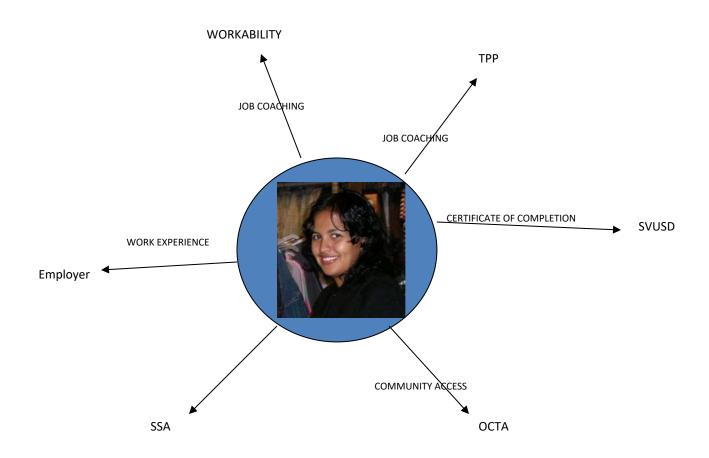
1/29/06 145



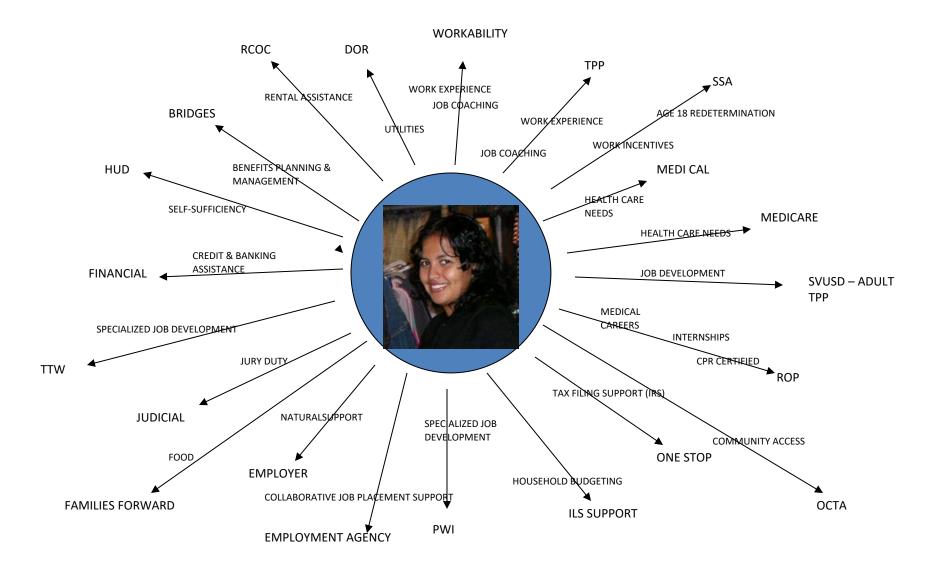
Saving my money and writing a PASS Plan got me this....

I can't drive but it's my car!

### BEFORE BRIDGES – GRACE AGE 17

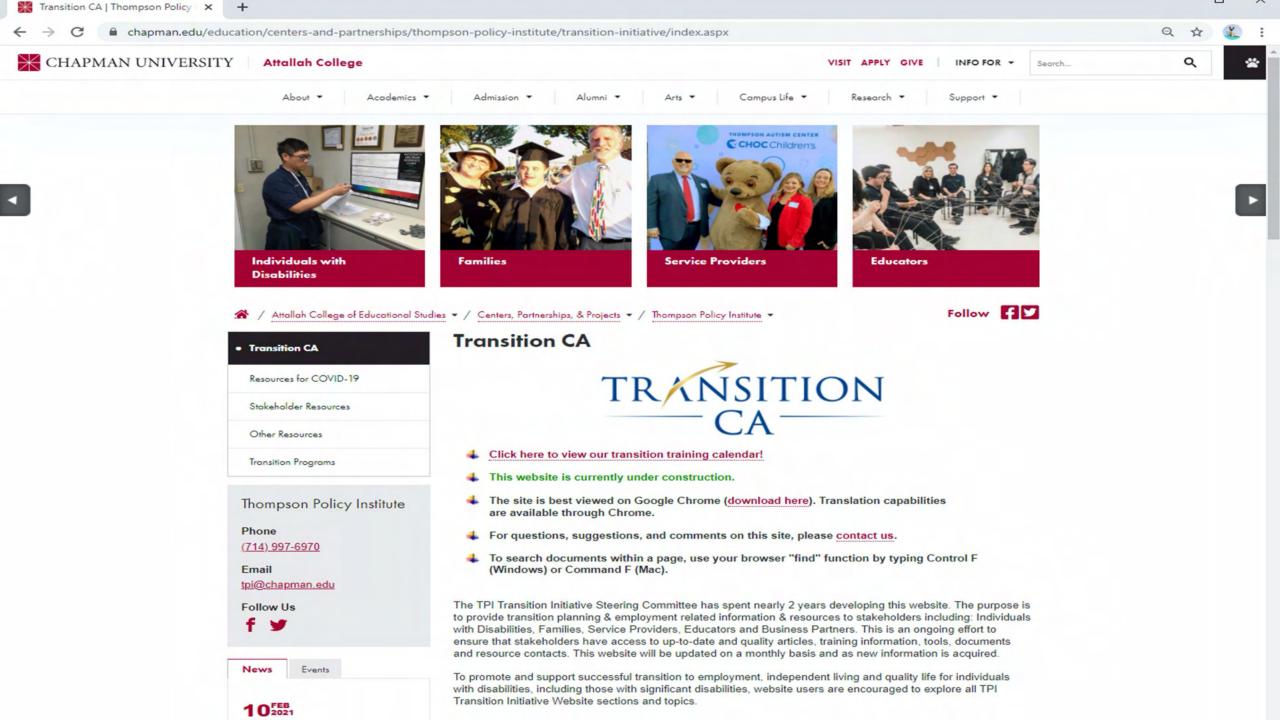


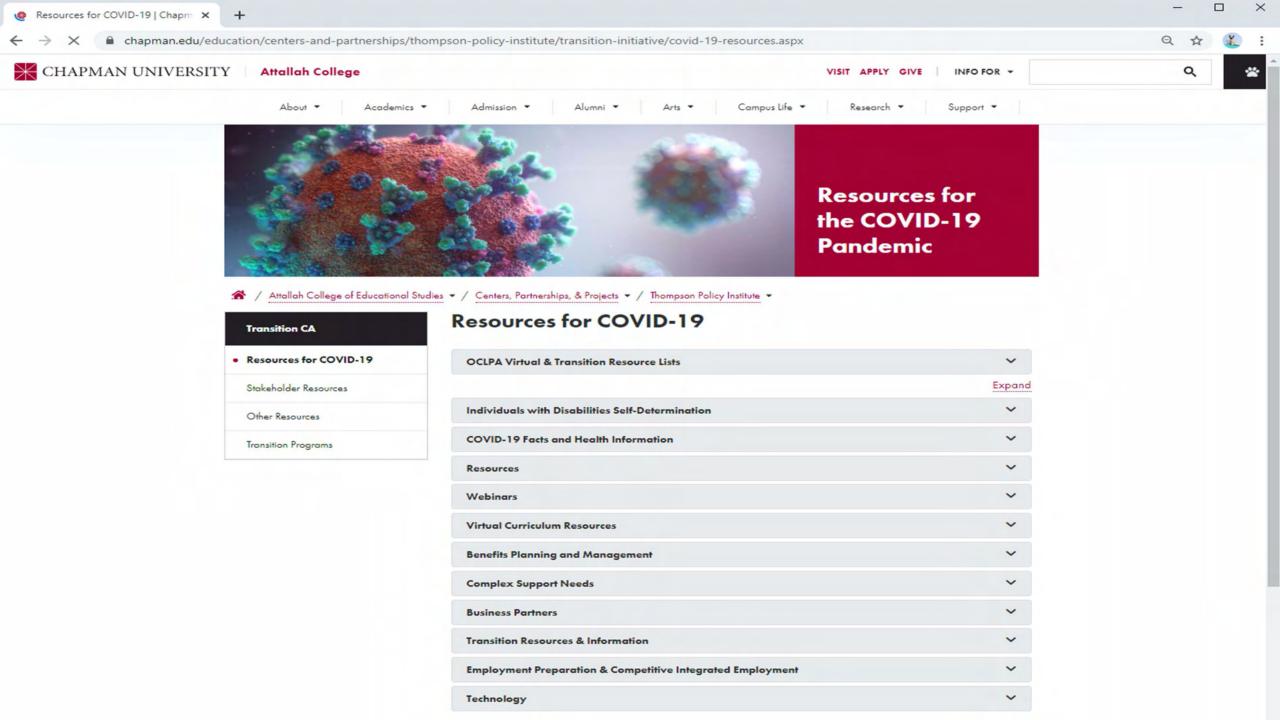
#### THE POWER OF BRIDGES DEMONSTRATION GRANT



## CHAPMAN UNIVERSITY TPI TRANSITION INITIATIVE WEBSITE

Transitionca.org





### **Transition Programs**

Click on a logo below to view the program website!



Click on the logo to go to agency web page &/or click on "Highlighted Resources" box to access specific agency materials

# Personalizing... a PDP

- Custom Power Points
  - Designs, animations, transitions, etc.
  - Clip Art
  - Participant Pictures
  - Participant Artwork
- Hard Copy
  - Oversized paper
  - Lots of color
  - Cutting and Pasting
  - Good for those not inclined to use/stare at a computer

# Power of Person Center Person Driven Plans

- Changes ones perspective
- Moves through Expectations
- Creates Possibilities not deficits
- Is REAL
- Leads to check ins and commitments of Family and Community members

## Ways to Use a...

## Person Driven Plan

- \* IEP, IPE, IPP, ISP, I?P Meetings (PDP's provide visual aid that effectively represents the student & helps them advocate for what they want.)
- Quickly introduce students to other professionals.
- PDP's can be easily modified for use as a self-directed meeting guide and/or Visual Resume.

## Person Driven Plan...continued

 Taking from Person Center Thinking and Planning thru Assessment to the Development of a meaningful Individualized ITP Exploring Career Assessments

 Leading to a positive comprehensive Transition Portfolio

# Personalizing...a PDP

- Custom Power Points
  - Designs, animations, transitions, etc.
  - Clip Art
  - Participant Pictures
  - Participant Artwork
- Hard Copy
  - Oversized paper
  - Lots of color
  - Cutting and Pasting
  - Good for those not inclined to use/stare at a computer



	FOCUS PERSON #1	FOCUS PERSON #2	FOCUS PERSON #3	FOCUS PERSON #4
Identifying Focus Person & His/Her Community				
Meeting Logistics/ Preparation				
Identify Services & Resources Focus				
Develop Action Plan, Next Steps & Commitments				
OTHER:				



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