

## **Autism Spectrum Disorder Toastmasters**



Would you like to:

- Feel more comfortable speaking?
- Learn better communication skills
- Improve your social skills?
- Build self-confidence?
- Make new friends?

If you are an adult, age 18 and over, who has been diagnosed with Asperger's Syndrome, High-Functioning Autism or PDD-NOS, you are invited to participate in a unique Toastmasters International Gavel Club that has been established for this community and is sponsored by The Orange County Asperger's Support Group (OCASG).

We Meet on Saturdays at 9:30AM ONLINE.

Dates in 2022: 1/8, 2/12, 3/12, 4/9, 5/14, 6/11, 7/9,

8/13, 9/10, 10/8, 11/12, 12/10

Watch a Video: https://youtu.be/1m 3ejGOKWM

To RSVP: Click Here

There is a \$26 fee for course materials.

The mission of a Toastmasters club is to provide a mutually supportive and positive learning environment in which every individual member has the opportunity to develop oral communication and leadership skills, which in turn foster



self-confidence and personal growth. These are goals which are consistent with the needs of individuals with Asperger's Syndrome, who typically have difficulty with social and communication skills. A side benefit of the club is that participants can have fun and make friends.

About the Orange County Asperger's Support Group
OCASG was founded in October 2003 by parents seeking
to provide support for local families and adults dealing
with Asperger's Syndrome, High-Functioning Autism, and
PDD-NOS. Monthly support group meetings for
individuals and family members are held in Newport
Beach and Placentia. Monthly social activities such as
movie groups encourage social integration. An online
discussion board allows members to ask questions and

The Orange County Asperger's Support Group is a nonprofit, tax-exempt 501(c)(3) charitable organization. Visit OCASG online at www.ocaspergers.org or email them at ocasupport@gmail.com.

For more information email judi.uttal@cox.net

share information.