

Ask the OC Experts



Transition Into Adult Services

Presented By:

Carlos Fonseca- RCOC Employment and Day Services Coordinator

Arturo Cazares- RCOC Associate Director, Employment

RCOC Eligibility Criteria



- ❧ To be eligible, all of the following criteria regarding the Developmental Disability must be met per WIC §54000 & CCR, Title 17:
 - ❧ Have a qualifying diagnosis: Intellectual Disability, CP, Epilepsy, Autism, Fifth Category-conditions similar to Intellectual Disability i.e. Traumatic Brain Injury
 - ❧ Originate before age 18
 - ❧ Be likely to continue indefinitely
 - ❧ Must meet severity requirements, i.e., “substantial disabilities” > 3 areas of major life activity

RCOC Eligibility Criteria

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- ❧ Substantial Disability / Areas of Major Life Activity:
 - ❧ Learning
 - ❧ Receptive and Expressive Language
 - ❧ Self-Care
 - ❧ Self-Direction (including social skill difficulties)
 - ❧ Mobility
 - ❧ Capacity for independent living (for kids 6+ years old)
 - ❧ Economic self-sufficiency (for persons 18+ years old)
- ❧ Initial screening, assessment, and eligibility determination shall be completed within 120 days of the initial intake meeting

Transitioning to RCOC Adult Services

An adult is eligible to receive Adult Day and Employment Services when:

- ✧ The individual has received a high school diploma, or
- ✧ The individual is 22-years-old and has completed the Adult Transition Program (through the school district), receiving a certificate of completion.

****exceptions may be made on an individual basis****



Adult Day Services

Adult Day Programs

Traditional Models

Community-Based
Day Programs

Site-Based Day
Programs

Behavior
Management Day
Programs

Adult Day Health
Centers/Community
Based Adult
Services

New Models

Employment First
Programs

Tailored Day Services

Paid Internship
Programs

Habilitation Programs

Individual Supported
Employment
Programs

Group Supported
Employment
Programs

See other side for program descriptions

Habilitation Programs

-**Individual SEP**- Support and advocacy services provided to individuals are related to employment. Individuals receiving services work in integrated settings and receive competitive pay. Job development and initial job coaching services are funded by the Department of Rehabilitation. Individuals receive ongoing support from SEP job coach at 20% of the hours worked per month, which is funded by RCOC.

-**Group SEP**- Support and advocacy services provided to individuals are related to employment. Individuals receiving services work in integrated settings and receive competitive pay, or are working towards receiving competitive pay. Job development and initial job coaching services are funded by the Department of Rehabilitation. Groups typically include 3 to 4 individuals. The group receives support from SEP job coach 100% of the hours worked at job site.

Adult Day Programs

-**Community-Based Programs and Site-Based Programs**- Curriculum of services to include: self-advocacy, self-care, vocational training/employment opportunities/volunteer opportunities, and community integration. Services are provided 5 days per week, 6 hours per day. Staffing ratios and activities vary depending on the program's design.

-**Behavior Management Programs**- Curriculum of services to include: self-advocacy, self-care, vocational training/employment opportunities/volunteer opportunities, and community integration. Behavior Plans to be developed by program's behavior specialist/consultant and implemented by program staff. Services are provided 5 days per week, 6 hours per day. Staffing ratios are based on individual's needs (1:1, 1:2, 1:3).

-**Adult Day Health Centers/Community Based Adult Services**- Services and supports focus on individual's health and medical needs. All services and activities are site-based. Program is funded by MediCal/CalOptima. Services are provided up to 5 days per week, 6 hours per day.

-**Employment First Programs**- Curriculum of services to include: self-advocacy, self-care, vocational training/employment opportunities/volunteer opportunities, and community integration. Employment component of program must be integrated with competitive pay. Support hours can be flexible, based on individual's work schedule. Job coaching at job site is up to 100% of hours worked, typically at 1:1 staffing ratio.

-**Tailored Day Services**- Services and supports focus on integrated competitive employment (for individuals not eligible for services through Department of Rehabilitation), post-secondary education, volunteering, and community integration. Services are focused on training, not supervision. Services are limited to a maximum average of 7 hours per week. Staffing ratio is 1:1.

-**Paid Internship Programs**- The purpose of the programs is to increase the vocational skills and abilities of the participants. The goals of the programs include the acquisition of experience and skills for employment, or for the internship to lead to competitive integrated employment in the same job. Internship wages will be, at least, state or local minimum wage, with a maximum of \$10,400 per year. Services are provided in a 1:1 staffing ratio, and developed through the Person Centered Planning process.

What's Included?



- ❧ Program Design
- ❧ Curriculum:
 - ❧ Community Integration (not for ADHC/CBAS)
 - ❧ Self-Care Training
 - ❧ Self-Advocacy Training
 - ❧ Vocational Training
 - ❧ Volunteer Work (at non-profits)
 - ❧ Paid Work
- ❧ Meaningful and Age Appropriate Activities

Adult Day Services



- ∞ Settings: Community-Based, Site-Based, Hybrid
- ∞ Ratios: vary by program (1:1 to 1:8)
- ∞ Behavior Management Programs
- ∞ Adult Day Health Centers/Community-Based Adult Services

Employment Services



- ❧ Supported Employment Programs

- ❧ Individual and Group

- ❧ Employment First Programs

- ❧ Tailored Day Services

- ❧ Paid Internship Program

- ❧ Project SEARCH Programs:

- ❧ CHOC Children's

- ❧ Kaiser Permanente- Anaheim

- ❧ UCI Medical Center

Post Secondary Education



- ❧ Universities (Public & Private)
- ❧ Community Colleges
 - ❧ Workforce Development & Employment Preparation Programs
 - ❧ Disability Resources & Services Centers
- ❧ University or Community College Programs for individuals with Intellectual Disabilities
- ❧ Community Classes for personal growth or interests
- ❧ Regional Occupational Programs
- ❧ Private Technical or Trade School

PSE Supports



❧ Personal Assistance:

- ❧ Personal Hygiene/Grooming
- ❧ Health
- ❧ Wheelchair Transfers

❧ Adult Day Programs

❧ Tailored Day Services

❧ Limitations set by campus or instructor

Transportation & Mobility Training

☞ Transportation Services:

- ☞ OCTA: Bus and Access
- ☞ Adult Day Service Provider
- ☞ Participant-Directed (AKA Parent Vendor)

☞ Mobility Training:

- ☞ North Orange Continuing Education

Contact



Regional Center of Orange County

www.rcocdd.com
(714) 796-5100

Main Intake Line

(714) 796-5354