

creativity,

**Transition from Cradle to Adulthood**



**Begin with the End in Mind: Adulthood**

**Roles**    **Powerful Self- Advocate**    **Lifelong Learner**    **Worker/ Earn Income**    **Contributing Citizen**    **Responsible Family Member**  
**Earn Diploma/Meaningful Certificate**    **Enroll Post-Secondary Education/Training**    **Enter Employment**    **Live Independently**    **Participate in Community**

**Birth - Pre-School**    **Elementary School**    **Middle School**    **High School**    **Last Year - Early Adulthood**

**Youth Leadership**    **Self Advocate**    **Self Determination**    **Person-Centered Planning**

Express wants, needs  
 Communicate with family, friends  
 Develop social, interpersonal skills  
 Interact with family, friends

Express choices, preferences  
 Develop sense of self respect  
 Build teamwork skills  
 Take responsibility for self  
 Learn about disability, ask for help

Speak up for what you want, need  
 Develop a learner profile of assets  
 Actively participate in IEP  
 Develop awareness of disability  
 Explore accommodations

Communicate strengths, needs  
 Explain disability to the IEP team  
 Accommodate self- then seek help  
 Set goals based on informed choices  
 Learn about legal rights, laws

Lead the IEP meeting  
 Take steps to make choices happen  
 Apply for jobs, education and training  
 Decide to Disclose a disability-services  
 Assume responsibility for life skills

**Family Role: Parent, Ally, Life Coach, Mentor, Advocate, Support System**

Praise accomplishments  
 Set expectations high  
 Nurture Encourage development  
 Read Communicate Listen  
 Give Choices  
 Play - Encourage creativity

Encourage friendships, social skills  
 Encourage interest through hobbies,  
 Recreation, youth organizations  
 Learn about disabilities  
 Actively participate in IEP team  
 Encourage responsibility - assign chores

Expect positive study habits  
 Encourage volunteer activities  
 Develop problem-solving skills  
 Encourage learning, accepting disability  
 Encourage exploring careers Develop  
 independent living skills

Gradually experience freedom  
 Encourage use of self -advocacy skills  
 Community and travel Travel skills  
 Move from child to adult health care  
 Encourage decision-making skills  
 Independent living skills

Master independent living skills  
 Driver's License  
 Mobility plan to access your community  
 Benefits planning, Financial Literacy  
 Maintain safe social media presence  
 Apply for Independent Living services

**Learning**    **School-Based Experiences**

Guidance, Planning, Contextual Learning    Universal Design    Multi-tiered System of Support    Differentiated Instruction    Accommodations    Modifications

Early knowledge, skills  
 Enrich language skills  
 Communication,  
 Interpersonal skills / teamwork  
 Explore environment

Academic Standards  
 Social-Emotion skills development  
 Pre-employment skills  
 (communication, teamwork, creativity,  
 problem-solving, critical thinking)

Career Exploration- Research jobs  
 Research education jobs require  
 Use Discovery process to identify  
 interests, skills, talents  
 Service Learning

Academic Standards  
 Career-Technical Education  
 Connect to College - Dual Enrollment  
 Transition/Education/Career Counseling  
 Transition Assessments / Portfolio

Earn a high school diploma / certificate  
 Use transition portfolio to apply for  
 employment or for DOR services  
 Apply academic standards and CTE  
 standards to work and education

**Career Development**    **Work-Based Learning - Collaboration with Business Partners**

**Self-Awareness**    **Career Awareness**    **Career Exploration**    **Career Planning**    **Career Preparation**    **Education/Training - Employment**

Observe people doing jobs  
 Talk about working  
 Encourage developing skills and  
 interests

College Awareness/ College Fairs  
 Interest surveys  
 Industry Tour  
 Mentors and Role Models

Volunteer  
 Job Shadow  
 Interview people who work  
 Exposure to College and Career options  
 Provide Career, Education guidance

Career Pathway- Stackable Credentials  
 Apprenticeships, Internships  
 Job Search Training -Work Experience  
 Participate in student organizations  
 Match career choices to labor market

Earn Stackable Credentials  
 Apprenticeships, Internships  
 Make informed career/training choices  
 based on your interests, employment  
 options. Avoid pursuing obsolete jobs.

**Interagency Collaboration:** America's Job Center, Department of Rehabilitation, Regional Center, Independent Living Center, College/University, Military, Industry Certification On the Job Training  
 Enroll in Adult Education, Department of Labor Programs: Youth Build, Conservation Corps, Job Corps