

The Achieving a Better Life Experience Act, or the ABLÉ Act

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What is the ABLÉ Act?

The ABLÉ Act was signed into law on December 2014. It lets states start a “qualified ABLÉ program” for people with disabilities. Having an ABLÉ account (like a bank account), lets people with disabilities save money.

[Learn more about changes to the ABLÉ Act.](#)



What do I need to know about ABLÉ Accounts?

As a person who has a disability that happened before age 26, you can:

- Have an account
- Save as much as \$100,000
- Use the money to pay for what you need like education (including college), healthcare, transportation, employment training, assistive technology (including cell phones), legal fees, and community-based supports. These expenses are called qualified disability expenses, or QDEs.
- Still get your benefits like Social Security Income (SSI) and Medicaid. ABLÉ accounts do not count toward your \$2,000 limit.
- Put money into your account tax-free



How do I get an ABLÉ account where I live?

The ABLÉ Act tells states to start ABLÉ programs. Some states let you open an account even if you don't live in that state. To learn more about your state ABLÉ program and other ABLÉ Act news, visit the ABLÉ National Resource Center: <http://ablenrc.org>

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