

Adapted from Personal Futures Planning (Mount) for Project TRANSITION, the School-to-Work Interagency Transition Partnership (SWITP) for Napa County, by Allen, Shea & Associates, 5/94.

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## Getting from Where I Am to Where I Want to Be!

What's this all about? Your answers to these questions can help you put together a transition plan. A plan to help you reach the best possible future.

The questions are written in the first person, so that the focus is always on you, the person in transition. You can use this in several ways: (1) you can fill it out by yourself; (2) someone can ask you the questions and write down your answers; (3) you can work on it with a teacher, counselor, or someone else; or (4) family and friends can help you with it.

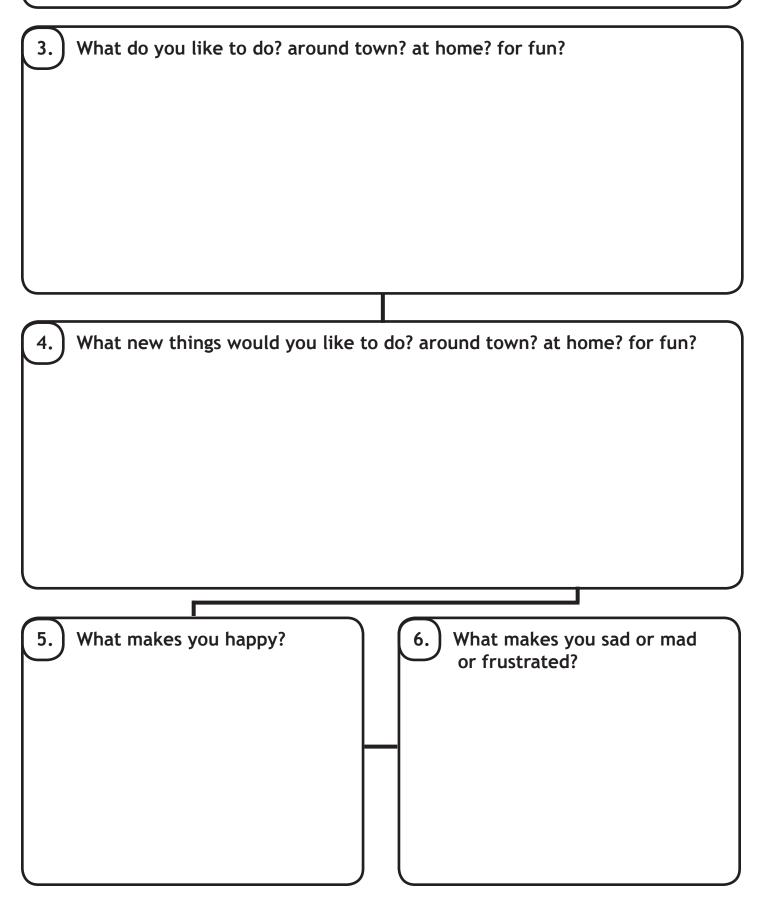
When you work on it with other people and they give you ideas for your plan, make sure you put their initials next to their ideas. That way, you will remember what you said and what others said.

Who is this about?

2.)

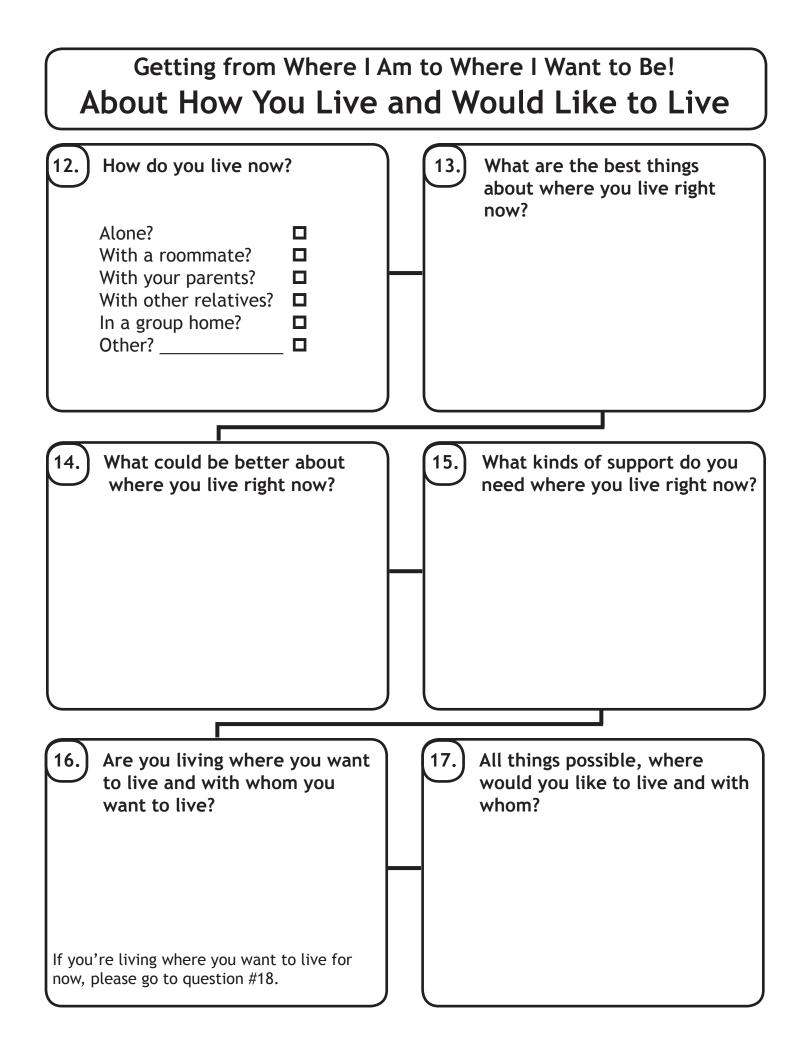
What are some great things about you?

## Getting from Where I Am to Where I Want to Be! Things About You

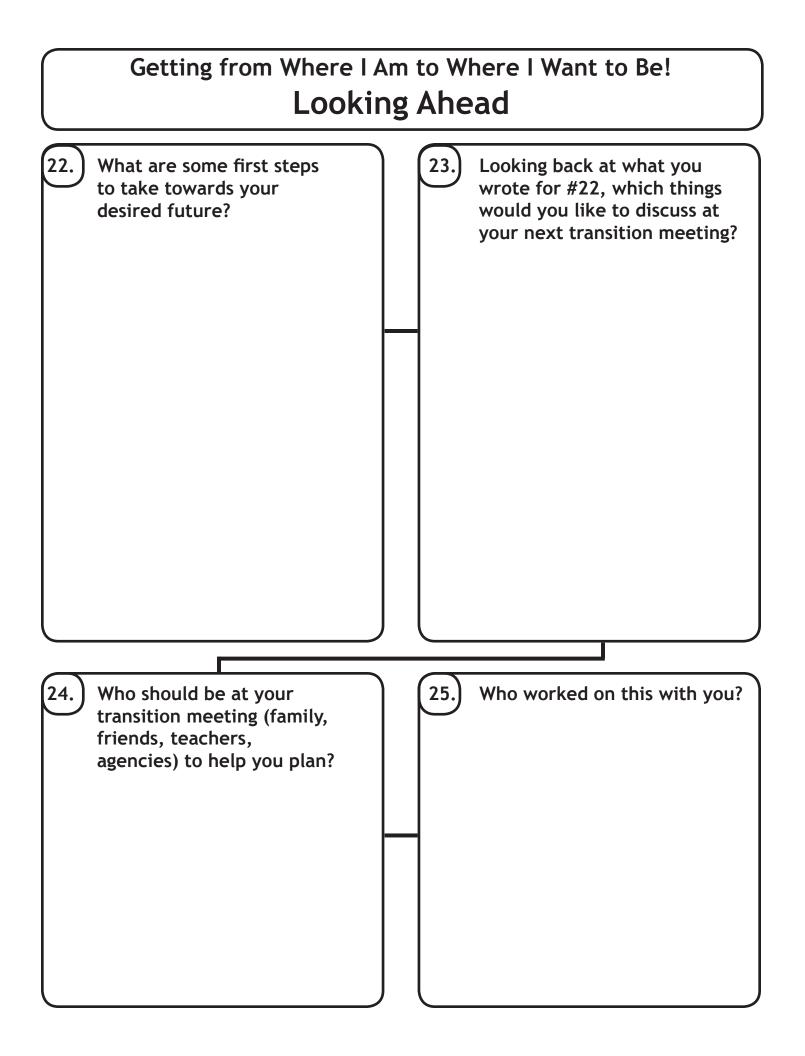


## Getting from Where I Am to Where I Want to Be! About Work

7. What are you doing now? going to you're not working now, please g	o school? working? something else? If go to question #9.
8. How's your job? Yes No Is it the kind of job you like? Are the hours and days okay? Do you get job support you need? Does the pay cover your bills? Do you get benefits?	9. Do you want a job, or a different job than you have right now? If so, what kinds of jobs have you had?
How do you get along with people at work? greatokaynot very well When you think about your job (check the one that shows how you feel most of the time): you're glad you got it it's okay that you got it you're sorry that you got it	If working or a different job is not important to you now, please turn to the page called <b>About How You Live and</b> <b>Would Like to Live</b> .
10. What kinds of jobs or careers interest you?	1.  Do you need support in getting a job?    Yes  No    Are you looking for you first job?



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	LOO	king	Ane	lad
18.	What are your dreams and hopes for the future?		19.	What worries you about your future? What worries those around you (family, friends)?
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20.	All things possible, what do you see yourself doing 3-5 years from now?		21.	What support would you need to get to where you want to be?



Date:		Gettir	ng from Where I An	Getting from Where I Am to Where I Want to Be!	to Be!
Moving towards your desired	By what	What K	inds of Support Will Y	What Kinds of Support Will You Need? Who can do what?	what?
future, what do you need, want, or hope to happen in the next 1-3 years?	date?	l can	Family, friends can help me by	Agencies or programs can help me by	I need additional help from
How will we know if your plan has worked?	as worked?				