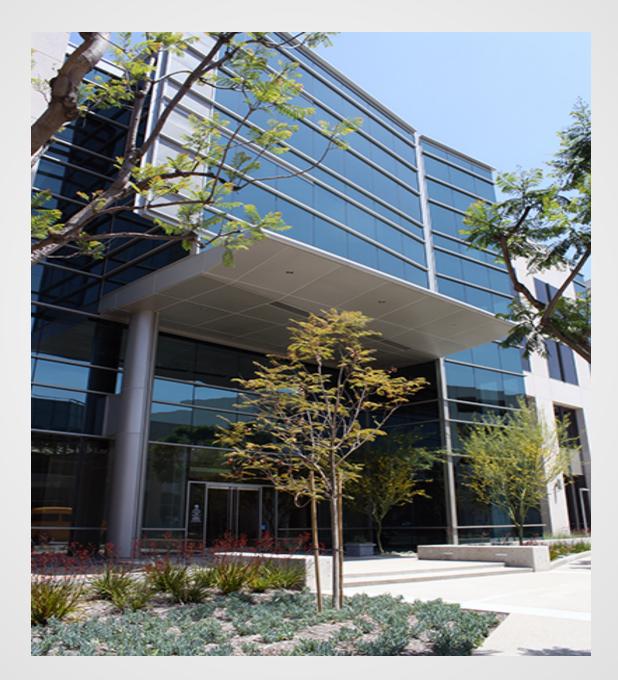


### Comfort Connection Family Resource Center Kathleen McFarlin, M.A.Ed. Manager, Family Support and Community Outreach





# Who are we?

- The FRC = Family Resource Center
- One of 47 throughout the State focused upon support for adults and families regarding special needs
- Comfort Connection FRC is <u>the</u> FRC in Orange County with this emphasis
- Our focus is families having young children (under the age of 3) with special needs, however, we do respond to requests for help from anyone in the community requesting support for a family member with disabilities

# Who are we?

- Some years ago, the Comfort Connection was absorbed by Regional Center of Orange County (RCOC) – current location is Santa Ana
- Staff are parents of children with special needs, providing parent-to-parent support
- Staff speak English, Spanish and Vietnamese with the ability to utilize RCOC staff who speak Korean, Farsi, Arabic, Cambodian, Chinese, Tagalog and other languages

# What do we provide?

#### For Parents/Adults

- Emotional Support to Parents by Parents
- Parent Connection offers 1:1 parent-to-parent support where parents are specifically matched to volunteer parents
- Community Resources & Referrals
- Library of Articles, Books & DVDs relating to Special Needs
- Coordinated meal delivery to those unable to access food banks in the past year
- Frequent emails to those served by RCOC about O.C. events/workshops

# What do we provide?

Information & Connections through email > Stimulus checks ► Rent Assistance ➢ Free PPE COVID Testing COVID Vaccinations Food/Diaper Banks Social Activities (dances) Support Groups for Parents and Adults

# What do we provide?

#### **On-line Virtual Resource Library**

#### www.rcocdd.com/frc/ccfrc/resources/

provides 400+ Orange County agencies

## **Documents In-Center**

## Examples of what we have in Comfort Connection

https://padlet.com/CCFRC/e6vyex7jnj6agiqi

# **To Reach CCFRC**

#### Email us with a request for resources at <u>CCFRC@rcocdd.com</u>

# Call us at 714-558-5400 Spanish - 714-558-5406 Vietnamese - 714-558-5405