



Autism Spectrum Disorder Toastmasters



Would you like to:

- Feel more comfortable speaking to your peers?
- Learn better communication skills
- Improve your social skills?
- Build self-confidence?
- Make new friends?

If you are an adult, age 18 and over, who has been diagnosed with Asperger's Syndrome, High-Functioning Autism or PDD-NOS, you are invited to participate in a unique Toastmasters International Gavel Club that has been established for this community and is sponsored by The Orange County Asperger's Support Group (OCASG).

We Meet on Saturdays at 10AM at [the Irvine Ranch Water District Community Room](#) in Irvine: [January 19](#), [February 9](#), [March 9](#), [April 13](#), [May 11](#), [June 22**](#), [July 13](#), [August 10](#), [September 14](#), [October 12](#), [November 9](#), and [December 14](#).

Registration with Meetup
<https://www.meetup.com/www-ocaspergers-org/>

For more information email judi.uttal@cox.net

The mission of a Toastmasters club is to provide a mutually supportive and positive learning environment in which every individual member has the opportunity to develop oral communication and leadership skills, which in turn foster

self-confidence and personal growth. These are goals which are consistent with the needs of individuals with Asperger's Syndrome, who typically have difficulty with social and communication skills. A side benefit of the club is that participants can have fun and make friends.



About the Orange County Asperger's Support Group

OCASG was founded in October 2003 by parents seeking to provide support for local families and adults dealing with Asperger's Syndrome, High-Functioning Autism, and PDD-NOS. Monthly support group meetings for individuals and family members are held in Newport Beach and Placentia. Monthly social activities such as movie groups encourage social integration. An online discussion board allows members to ask questions and share information.

The Orange County Asperger's Support Group is a nonprofit, tax-exempt 501(c)(3) charitable organization. Visit OCASG online at www.ocaspergers.org or email them at ocasupport@gmail.com.

The Irvine Ranch Water District Community Room is located at 15500 Sand Canyon, Irvine, CA.

**The 6/22/19 Meeting will be at St. Andrews Church.

<http://www.ocaspergers.org/>

The Orange County Asperger's Support Group, P.O. Box 17785, Irvine, CA 92623-7785

The Orange County Asperger's Support Group serves individuals dealing with Asperger's Syndrome, High-Functioning Autism, and PDD-NOS.