



Academics · Relationships · Independence · Self-Advocacy · Emotional Health

As the ARISE hub has moved to providing online services, some of the ways we support students have changed. Here is a brief schedule followed by a description of what we will be doing at each scheduled session:

Weekly Schedule starting August 17<sup>th</sup>\*:

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 am- 11:00am Instructional support		11:00am-12:00pm ARISE Virtual Connection hour	9:00am –10:00am ARISE study session  11:00am-12:00pm ARISE Virtual Connection hour	
	3:00 pm- 4:00 pm ARISE Virtual Connection hour	2:30pm – 3:30pm ARISE open study session		

\*This schedule may change as the needs of the students change through the semester. Any updates or changes will be sent to all DSS staff.

### Instructional Support:

Our goal is that the instructors and instructional assistance are the students first point of contact. Most students will have issues specific to the class that can best be answered by the instructor or instructional assistant. If a student has a basic question about accessing the course material, canvas, or the class zooms, their first point of contact would be the instructor/instructional assistant. For students who need more in-depth assistance, they can be referred to the ARISE instructional support session on Monday mornings. This session is intended to be time set aside by ARISE staff to help with things like resetting Canvas password, learning specifics of the canvas modules that they may not learn in class, etc. If a student is unable to attend the Monday morning session, instructors can refer them to ARISE staff and we will do our best to find a time to assist the students.

### ARISE open study sessions:

The ARISE open study sessions are a time for students to have a specific time set aside to do their schoolwork or get some basic support from ARISE staff for their academic needs. The ARISE study sessions are not a tutoring service, however, some ways the ARISE study sessions can help students:

- Quiet time to study with a group to keep them accountable

- Tips and suggestions for students on how to stay organized, complete course work, set-up their workspace, etc.
- Get basic help with navigating homework and setting goals.

### ARISE social hour

This is a time for students to come and chat with friends, practice mindfulness, participate in social groups, or whatever else the students need. The social hour is setup to closely mirror what it might be like for students to pop into the ARISE lab on campus during lunch. They can talk 1:1 in a breakout room if they would like, or they can interact with peers in a casual environment.

In addition to the above services, ARISE staff will be available to meet with students 1:1 as needed. For questions, please contact the ARISE team at [arise@noce.edu](mailto:arise@noce.edu)