



Join our **online** problem-solving session for parents.

***Register now—free.***

- Share your concerns, challenges and triumphs with other parents of kids, teens and young adults with autism.
- Hear effective strategies for dealing with school, public services, socialization, independent living, diet, life transitions and more.
- Gain comfort and encouragement from the common experiences of moms and dads like you.
- **Leave with the feeling that there's hope, there's help and you're not alone.**

Discussion guided by **Debora Smith**, mother of a young adult with autism.

## ***A Heart-to-Heart with Mom***

Thursday, February 11, 2021 7:00 - 8:30pm PST

ONLINE  zoom

Zoom registration link:

<https://us02web.zoom.us/join/register/tZ0kceqgqDguG9dNqOBE84dMrS6D-SgVI51j>



## **The 2021 Parent Support Group Schedule** **Every 2<sup>nd</sup> Thursday & 3<sup>rd</sup> Thursday**

714-501-8735

[www.autismresourcemom.org](http://www.autismresourcemom.org)

***Support, guidance and hope for individuals with autism and their families.***