



Executive Skills for Academic Success Workshop

Is your teen struggling in school because of deficits in executive functioning (planning, working memory, attention, problem solving, verbal reasoning, inhibition, mental flexibility, multi-tasking, initiation, and monitoring of actions)? OCASG is partnering with Educational Therapist, Karen Lerner, to offer an Online Executive Skills Workshop for teens (ages 13-22) and their parents.

Parents (only) Sessions: (Saturday Afternoon @3-4pm)

- 2/20/21: Independence Goals and Strategies
- 2/27/21: Understanding the Support Systems and Advocating versus Managing for Support.

Teens Sessions: (Saturday Afternoons @3-4pm)

- 3/6/21: The Executive Function Strategy of Organization (time management, material management, prioritizing, planning)
- 3/13/21: The Executive Functions of Goal-Directed Persistence and Advocacy
- 3/20/21: The Executive Function of Self-Regulation
- 3/27/21: The Executive Function of Working Memory
- 4/3/21: Reading Comprehension and Written Expression

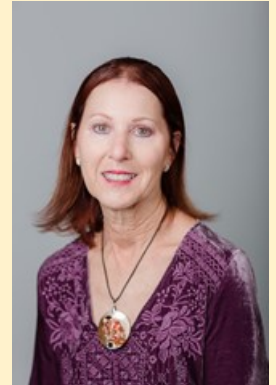
Fees: \$100 for members. \$140 for non-members.
\$40 option for a subset of 2/20 and 2/27 sessions.

Register:

<http://www.memberplanet.com/s/ocasg/executive-skills-workshop-2021>

About Karen Lerner

Karen works as an educational therapist, supporting students who have issues that can make schoolwork a challenge. Additionally, Karen works on methods to be more productive, less anxious, and more pro-active with studying, test-taking, getting work completed, and staying accountable.



Karen holds a bachelor's degree from Rutgers University and a master's degree from New York University – both in dance. Teaching in dance departments at University of California, Irvine and Chapman University for a dozen years, Karen received a teaching credential and an education administration credential from UCI and a special education credential from Chapman University in preparation for a 21-year career as a teacher and school principal at The Prentice School. After obtaining an educational therapy certification from University of California, Riverside, she currently has a private practice as well as works for The College Blueprint, The Children's School and The Prentice School as an educational therapist.

Detailed Syllabus: [Click Here](#)

All sessions will be recorded and available to those enrolled.

Email questions to judi.uttal@cox.net

<http://www.ocaspergers.org/>

The Orange County Asperger's Support Group, P.O. Box 17785, Irvine, CA 92623-7785
The Orange County Asperger's Support Group serves individuals dealing with Asperger's Syndrome, High-Functioning Autism, and PDD-NOS.