

Transition Planning

Sandy Martin
Alex Martin

Alex Martin

- 25 years old with Down syndrome
- Live with my parents
- I am an older brother to John (23) and Julia (18)
- Independent & Employed
- I am AWESOME & HAPPY



Independent

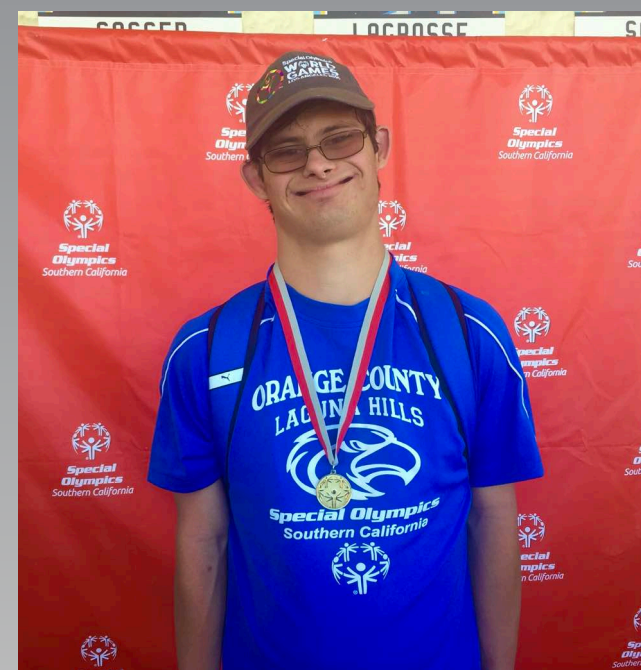


- I have a PAID job
- I ride alone on OC Bus system
- I use my iPhone for texting, calls, emails and entertainment
- I stay home alone
- I prepare meals, do laundry and chores around house
- I go out to eat and use my ATM card with my money
- I go shopping and use my ATM card with my money
- I take care of our dog, Charlie
- I am RESPONSIBLE

Challenger Sports



Special Olympics Athlete



Special Olympics Messenger



Employment

- Work at The Laguna Beach Resort -Harvest Restaurant
- Dishwasher and Restaurant Utility Worker
- 16 hours a week
- Employee for over 3 years
- Job coach - RICK!



Shredding Business

- Started my own shredding business in 2015
- Shred documents at my home office
- Shred documents for businesses, nurses, friends and family
- I am paid to shred documents





Knowledge

Is

Power

What is
RIGHT
for my child

Don't Underestimate
What Your
Child Can
Accomplish

Early Intervention

- Start as soon as possible
- Work with your child on days not getting therapy
- Medical professionals with knowledge
- Parent networking - same age and older
- Develop goals & expectations for school

Elementary Years

- ALEX Binder
- Visit school on off hours
- Inclusion - classroom & social activities
- Challenger Sports & social groups
- IEP
 - Advance planning meetings
 - Get evaluations and reports
 - Don't overdue the goals
 - Collaborate vs. Adversarial



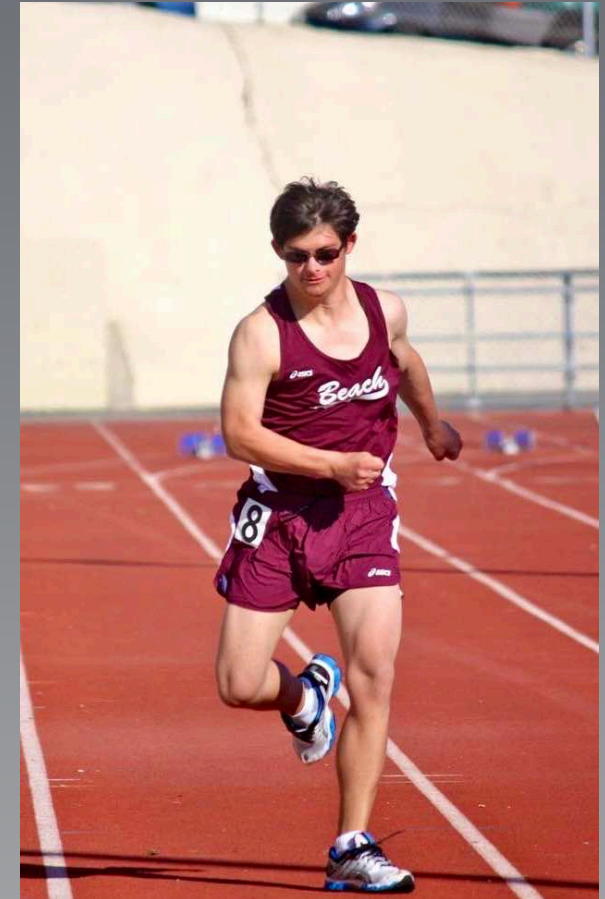
Middle School Years

- Social inclusion gets tricky
- Form Social Groups
- IEP - prep & collaborate
- Consider graduation vs. completion
- Challenger Sports, Special Olympics, Campus Clubs and Support Groups



High School Years

- Person Centered Planning
- Graduation vs completion
- Vocational and work programs
- College or certificate programs
- School - clubs and campus sports
- Best Buddies, Special Olympics, Social Clubs



Employment

- Integrated Competitive Employment
- RCOC Case worker
- Department of Rehabilitation (DOR)
- Help find a job
- Job Coaches
- Focus on something that interests them
- Communicate with employer



Future Programs to Attend

- Regional Center Services
- School District Services and Resource Fairs
- College Resource Fairs
- Support Groups
- Social Security & Cal Optima Benefits
- ABLE Account
- Respite & Safety Services
- Conservatorship
- Living Options (physical space and with whom)



