

[**https://www.nationaldisabilityinstitute.org/financial-resilience-center/take-action/**](https://www.nationaldisabilityinstitute.org/financial-resilience-center/take-action/)



**VIRTUAL FINANCIAL COUNSELING AND COACHING**

**Professional certified financial counselors and coaches are available through AFCPE to help you manage the financial challenges you might be facing as a result of the COVID-19 crisis.**

**WHAT CAN AN AFCPE® CERTIFIED PROFESSIONAL DO FOR YOU?**

**When you sign up for free financial counseling or coaching, you will complete an assessment to be matched with an AFCPE® certified professional. Based on your needs, the financial counselor will work with you to create a plan and provide you financial education and guidance to meet your unique situation and needs. An AFCPE® certified professional will never sell you products.**

**These financial professionals are available nationwide to offer you trustworthy virtual financial counseling or coaching sessions – free of cost to you!**

**AFCPE® COUNSELORS AND COACHES CAN HELP YOU:**

* **Address your immediate money challenges.**
* **Create an effective spending plan.**
* **Build savings.**
* **Overcome debt.**
* **Identify and modify ineffective money management behaviors.**

**An AFCPE® certified counselor or coach will work closely to guide you through today’s challenges while helping you develop a solid financial foundation that can last a lifetime.**



**INTERACTIVE ONLINE FINANCIAL WELLNESS TRAINING**

**Take charge of your finances & prepare for your future!**

**LifeCents offers self-paced, online financial wellness training (free of cost!) that empowers you to acquire knowledge, build habits and gain confidence to make smarter everyday financial decisions.**

**Lifecents can…**

* **help you navigate your current financial situation**
* **break bad financial habits and establish better ones**
* **empower you to achieve your financial goals**